



Senior Citizens Advisory Board Minutes

1. Call to Order and Roll Call

Minutes:

CHAIR O'REAR-CAMERON called the meeting to order at 1:00 p.m.

PRESENT: CHAIR O'REAR-CAMERON and MEMBERS GALATI, MOZDEAN (via teleconference), GRAHAM, TILZER, and YOUNG (excused until 1:06 p.m.)

EXCUSED: MEMBERS DRUMM and LEE

ALSO PRESENT: GREGORY GRAY, Management Analyst I; PAUL MATA, Deputy City Attorney III; and NICK CRAWFORD, Deputy City Clerk

2. Announcement Regarding: Compliance with Open Meeting Law

Minutes:

ANNOUNCEMENT MADE: This meeting has been properly noticed and posted at the following locations in accordance with the noticing standards as outlined in NRS 241.020: City Hall, 495 South Main Street, 1st Floor; the City of Las Vegas website - www.lasvegasnevada.gov; and the Nevada Public Notice website - notice.nv.gov.

3. Minutes:

Regarding Item 5, ERECH MELCHIZEDEK CHRIST NIMROD said dementia is the loss of cognitive functioning, thinking, and reasoning to such an extent that it interferes with daily life. He reported that the National Institute of Aging and Mayo Clinic claim that dementia is not a normal part of aging, and he believed that fear was the causing factor of dementia. He added that signs of dementia include trouble handling money and not caring about other people's feelings. He referenced passages from the Bible regarding the importance of the mind. MR. NIMROD felt it was a blessing that STACEY DUBOWITCH and NICOLE GRAHAM were presenting information about dementia and Alzheimer's disease at the meeting.

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4. For possible action to approve the Final Minutes by reference of the Regular Meeting of April 3, 2025

Motion made by Vito Galati to Approve

Passed For: 5; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 3

For-Deanne O'Rear-Cameron, Vito Galati, Caroline Mozdean, Nicole Graham, David Tilzer; Excused-Jennifer Drumm, Charles Lee, Linda Young;

5. Presentation by Stacey Dubowitch, MHSCA (Master of Science in Health Care Administration), Community Relations Liaison, and Nicole Graham, MHA (Master of Healthcare Administration) Executive Director of Lumina and Champion of Dementia Friends Nevada, regarding information, services, and resources for seniors affected by dementia and Alzheimer's disease - All Wards

Minutes:

NICOLE GRAHAM and STACEY DUBOWITCH utilized a PowerPoint presentation, a copy of which was submitted for the record, to give an overview of Dementia Friends. MS. GRAHAM said Dementia Friends can be found in each state in the United States and has a goal of bringing social awareness to those with dementia.

MS. DUBOWITCH reported that nearly seven million Americans live with Alzheimer's disease, (Alzheimer's) and over 11 million Americans provide unpaid home care. She stated the cost of caring for people with Alzheimer's and other dementias was roughly \$360 billion in 2024 and was estimated to increase to nearly \$1 trillion by 2050. She added that Nevada has nearly 55,000 people diagnosed with Alzheimer's and 84,000 unpaid caregivers, noting that the total hours of unpaid care equate to roughly \$2.6 billion. She stressed the importance of the community understanding how to approach those with neurodegenerative diseases. A video was displayed that detailed signs of dementia and ways to help those with dementia in the community.

MS. GRAHAM explained that dementia is an umbrella term used to describe a collection of symptoms caused by a variety of conditions, stating that Alzheimer's was the most common. A video was displayed of CHUCH McCLATCHEY using the Bookcase Story as an analogy for those living with dementia. MS. GRAHAM noted that she and MS. DUBOWITCH were Champions of Dementia Friends, and they hoped the Members would also become Champions to provide training seminars at local senior centers. She said the next training session would be held at Lieburn Center (Howard Lieburn Active Adult Center) on May 12th. Those wishing to become a Champion could attend the Spanish session on May 28th or the English session on May 29th via Zoom through the UNR (University of Nevada, Reno) DEER (Dementia, Engagement, Education, and Research) program.

MS. DUBOWITCH said she worked in the senior living industry for nearly 20 years. She earned her master's degree in dementia research at Cal State (California State University, Long Beach) and applied to earn her doctorate in neuroscience at UNLV (University of Nevada, Las Vegas). She stated that dementia was not a normal part of the aging process and isolation can be detrimental to mental health. She reported that unpaid caregivers are typically family members and are fifty percent more likely to have a comorbidity. MS. DUBOWITCH noted that there were less than 50 geriatricians in Nevada in 2021, and they needed 150 more by 2050 to meet community needs. She added that there were over 16,000 personal caregivers in Nevada and a 35 percent increase would be needed by 2030 to provide support coverage. She felt it was important for first responders to understand dementia and noted an increase in dementia among homeless adults.

MEMBER GALATI shared his experience with his mother who had a form of dementia.

CHAIR O'REAR-CAMERON said her grandmother had Lewy body dementia and encouraged everyone who notices someone exhibiting strange behavior to look at the medical side. She reported that SB (Senate Bill) 329 was awaiting funding and would authorize EMTs (Emergency Medical Technicians) to be trained in recognizing signs of dementia. She believed that Amendment 463 of the bill would no longer require this training for peace officers. MS. GRAHAM encouraged police officer training and said they would continue to share information to each police and fire station if the bill did not pass. MS. DUBOWITCH clarified the Alzheimer's Association said the bill would require dementia training for all first responders, including law enforcement, dispatchers, fire, and EMTs. The Chair asked for information regarding the Nevada Memory Network. MS. DUBOWITCH stated AB (Assembly Bill) 337 would create the Nevada Memory Network, which would facilitate the expansion of memory assessment clinics, training of primary care providers to screen for dementia, and services needed to support those living with the disease and their families and caregivers. She explained this would be through the supervisor of the Health and Human Services Division and would include Aging and Disability Services for the Schools of Medicine at UNR and UNLV. She added there was a new Medicare benefit that came out last year through CMS (Centers for Medicare and Medicaid Services) called GUIDE (Guiding an Improved Dementia Experience). She said GUIDE will be offered across all eligible clinicians in July and give \$2,500 annually in respite services through Medicare to those diagnosed with dementia, noting that there were stipulations such as

not being on hospice or living in a skilled nursing facility. CHAIR O'REAR-CAMERON thanked them for their efforts and wondered if they do the presentations in senior centers. MS. DUBOWITCH said they were happy to do all trainings and presentations but encouraged those interested to become Champions so they could also administer trainings at senior centers.

6. Discussion for possible action regarding the election of Vice Chair - All Wards

Motion made by Caroline Mozdean to Approve the nomination of Nicole Graham as Vice Chair

Passed For: 6; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 2

For-Deanne O'Rear-Cameron, Vito Galati, Caroline Mozdean, Nicole Graham, David Tilzer, Linda Young;
Excused-Jennifer Drumm, Charles Lee;

7. Report by Gregory Gray, Management Analyst I, regarding senior issues received by the Department of Neighborhood Services - All Wards

Minutes:

GREGORY GRAY, Management Analyst I, reported they were working on a collaboration with the Nevada Arts Council, VA (Veterans Affairs), and the Las Vegas-Clark County Library District to expand programming for seniors and senior veterans. He hoped to have a major event early next year, and he would provide updates to the Board until then. MR. GRAY added that they would reach out to each Member to coordinate Coffees with Seniors.

8. Report by Board members regarding senior issues and events within their Council wards and at large - All Wards

Minutes:

Ward 1 - MEMBER GRAHAM visited Lieburn (Howard Lieburn Active Adult Center) and said there is a men's choir every Friday at 10:30 a.m. She added there would be a health fair on Saturday at Lieburn from 9:00 a.m. to 12:00 p.m., stating that was working with Nevada HAND on a presentation at Lieburn regarding affordable housing for seniors. She reported that Nevada Hand would open a senior center on Buffalo Drive in the southwest area. Additionally, she said Art in the Park would be held at Rainbow Family Park in May.

Ward 2 - MEMBER GALATI attended Breakfast Buzz at Veterans Memorial Community Center and found the Animal Protection Services presentation interesting, noting they address 20,000 calls over 140 square miles each year. He shared that cats were allowed to be at large within city limits, and they were not allowed to do anything about coyotes unless they were injured or attacking other animals. He added that Breakfast Buzz would be held on May 24th at Veterans Memorial Community Center, and a Memorial Day ceremony would be held on May 26th by Nevada Post 76 Spirit of Freedom Legionnaires at the Lake Sahara South Park.

Ward 4 - CHAIR O'REAR-CAMERON reminded everyone that the Southern Nevada Law Enforcement Memorial Ceremony will be held at Police Memorial Park on May 22nd at 7:00 p.m. to honor local law enforcement officers that had fallen since 1905, noting that MAYOR SHELLEY BERKLEY, SHERIFF KEVIN McMAHILL, and COUNCILWOMAN FRANCIS ALLEN-PALENSKE would be in attendance. She was invited by MEMBER TILZER to Coffee with the Sun City Board of Directors and said his report on a lawsuit was wonderful. She reported she received phone calls regarding housing, utilities, and prescriptions, and she attended Adult Awareness Day in Carson City.

Ward 4 - MEMBER TILZER said there was a 5k walk in Sun City on April 5th with over 250 participants. He added there was a See Something, Say Something presentation on April 24th that taught people the difference between what is illegal and suspicious. He congratulated the Mayor on becoming a grandmother for the fifth time and said a Knox Box Rapid Access System presentation would be held on May 29th at 10:00 a.m. in Sun City. He hoped someone would investigate Sun City residents with the senior package from Consumer Cellular encountering poor cellular reception in their homes.

Ward 5 - MEMBER YOUNG said she was still getting acclimated in Ward 5 and would be making visits with community members to follow up on a variety of concerns.

9. Discussion regarding next steps and future meeting topics of the Senior Citizens Advisory Board - All Wards

10. **Citizens Participation:** Public comment during this portion of the agenda must be limited to matters within the jurisdiction of the Board. No subject may be acted upon by the Board unless that subject is on the agenda and is scheduled for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion on any single subject, as well as the amount of time any single speaker is allowed, may be limited.

Minutes:

ERECH MELCHIZEDEK CHRIST NIMROD reported emotional elder abuse by Allied Universal at the Courtyard (Courtyard Homeless Resource Center). He said the outdoor sleeping area in the Courtyard was filthy and should be washed at least twice per month. He felt that Nevada Behavioral Health Systems was not providing a proper psychosocial environment.

11. **Adjournment**

Minutes:

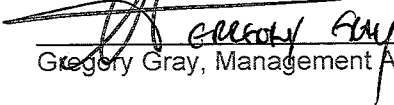
CHAIR O'REAR-CAMERON advised that the next Board meeting would be held on June 5, 2025 at 1:00 p.m.

The meeting was adjourned at 1:51 p.m.

Respectfully submitted:



Nick Crawford, Deputy City Clerk



Gregory Gray, Management Analyst I

THIS MEETING WAS PROPERLY NOTICED AND POSTED AT THE FOLLOWING LOCATIONS
IN ACCORDANCE WITH THE NOTICING STANDARDS AS OUTLINED IN NRS 241.020:

The City of Las Vegas website – www.lasvegasnevada.gov

The Nevada Public Notice website – notice.nv.gov

City Hall, 495 South Main Street, 1st Floor