



Special Senior Citizens Advisory Board Minutes

1. Call to Order and Roll Call

Minutes:

CHAIR O'REAR-CAMERON called the meeting to order at 1:05 p.m.

PRESENT: CHAIR O'REAR-CAMERON and MEMBERS GALATI, MOZDEAN, DRUMM (via teleconference), and GRAHAM (via teleconference)

EXCUSED: MEMBERS WEINSTEIN HALL, PATTARETTU, and LEE

ALSO PRESENT: GREGORY GRAY, Management Analyst I; OLGA FLOWERS, Community Program Technician; PAUL MATA, Deputy City Attorney III; and SAMANTHA DINICOLA, Deputy City Clerk

2. Announcement Regarding: Compliance with Open Meeting Law

Minutes:

ANNOUNCEMENT MADE: This meeting has been properly noticed and posted at the following locations in accordance with the noticing standards as outlined in NRS 241.020: City Hall, 495 South Main Street, 1st Floor; the City of Las Vegas website – www.lasvegasnevada.gov; and the Nevada Public Notice website – notice.nv.gov

3. Public Comment: Comment during this portion of the agenda must be limited to matters on the agenda for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion, as well as the amount of time any single speaker is allowed, may be limited.

Minutes:

None.

4. For possible action to approve the Final Minutes by reference of the Regular Meeting of May 2, 2024

Motion made by Caroline Mozdean to Approve

Passed For: 5; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 3

For-Deanne O'Rear-Cameron, Vito Galati, Caroline Mozdean, Jennifer Drumm, Nicole Graham; Excused-Yvette Weinstein Hall, Elizabeth Pattarettu, Charles Lee;

5. Presentation by CenterWell Senior Primary Care regarding services and benefits for seniors – All Wards

Minutes:

NICOLE BLECKER, Community Engagement Manager for CenterWell Senior Primary Care (CenterWell), utilized a PowerPoint presentation, a copy of which was submitted for the record, to report on the services they provide. She explained they are senior-focused primary care clinics that are patient centered with coordinated,

collaborative and convenient care. She said the doctors work with seniors every day and understand the needs of older adults. She advised they limit the number of patients the doctors will see a day in order to allow the doctor time to listen to every patient. They accept traditional Medicare and Medicare Advantage plans at their 17 centers. CenterWell offers on-site laboratory testing, embedded cardiology, and coordination with health plan transportation when needed. MS. BLECKER stated when calling their clinics after-hours, seniors are able speak with a staff member for advice on when to be seen by a doctor. She said they offer family-friendly exam rooms, online health portals, and same-day urgent appointments. She added they have a collaborative team of staff, including front-office staff, doctors, social workers, nurse practitioners, and center administrators. She explained their goal was to keep seniors home, healthy, and out of the hospital. They are not incentivized by the number of patients they see and they are results driven. She stated they offer a holistic approach for physical, emotional, and social well-being. MS. BLECKER noted they offer primary care visits, hearing exams, diabetic eye exams, echocardiograms, spirometry, and exercise classes. They offer community health and behavioral health workers to provide referrals as needed. She advised they have activity centers at 14 of their clinics that offer arts and crafts classes, celebrations for holidays and birthdays, educational events and screenings, and active classes including yoga and line dancing. She encouraged the Members to visit a clinic and she offered to provide them a tour.

MEMBER MOZDEAN wondered if there was a list of the locations, and MS. BLECKER said she would provide that. The Member asked if the programs were all-inclusive or if seniors were able to pick which services they want and still maintain their previous physician's care. MS. BLECKER advised they have community health workers and case workers, noting seniors that are not members are still able to obtain assistance.

CHAIR O'REAR-CAMERON thanked MS. BLECKER for the presentation and advised she has worked alongside CenterWell for years. She taught a class there and liked the extended patient visits with the doctor. She asked if there were any tips to help seniors with isolation and MS. BLECKER opined the activity centers were great to get seniors out of the house. She advised the centers partner with Helping Hands (Helping Hands of Vegas Valley) to offer food. She said the first step to help with isolation is to visit an activity center for socialization.

6. Discussion for possible action regarding eligibility parameters for the Senior Recognition Award – All Wards

Minutes:

GREGORY GRAY, Management Analyst I, explained this Item should be the nomination of someone for the Senior Recognition Award. CHAIR O'REAR-CAMERON asked to have this Item on a future agenda as she was not prepared with her nomination.

MEMBER GALATI requested an overview on what they finalized at the prior meeting. MR. GRAY advised his team would create a form for the Member to fill out for his team to review. The team will bring the information to the Board for possible approval. If granted approval, a recognition ceremony would take place at the following Board meeting. CHAIR O'REAR-CAMERON requested the form be sent out before the next meeting. MEMBER GALATI suggested putting the form on the website, and MR. GRAY said it would be e-mailed to them for their access only.

MEMBER GRAHAM noted COUNCILMAN BRIAN KNUDSEN had a possible nomination for Nevada Hand (Helping Hands of Vegas Valley) for their senior properties in Ward 1 and she will provide more information for further review.

7. Report by Gregory Gray, Management Analyst I, Department of Neighborhood Services, regarding senior issues received by the Department of Neighborhood Services – All Wards

Minutes:

GREGORY GRAY, Management Analyst I, advised he had calls within the senior community with concerns for their air conditioning units. He provided a handout, a copy of which was submitted for the record, with information for the SHIFT (Safe Home Improvements Funding and Training) Team and explained they are able to provide assistance with repairs to homes. He offered to coordinate with the SHIFT Team for anyone the Members know that need assistance with appliances or air conditioning units.

MR. GRAY introduced PAUL MATA, Deputy City Attorney III, as the new attorney for the Board. MR. MATA said he was the secondary attorney for the Board and has been with the city for five months. CHAIR O'REAR-CAMERON welcomed MR. MATA to the Board.

8. Report by Board Members regarding senior issues and events within their Council wards and at large – All Wards

Minutes:

Ward 1 – MEMBER GRAHAM advised in July the Neighborhood Services Department will be visiting local libraries to provide resources and information on programs they offer.

Ward 2 – MEMBER GALATI said he attended the monthly Breakfast Buzz at Veteran's Memorial Community Center, noting it had high senior attendance and COUNCILWOMAN VICTORIA SEAMAN encouraged seniors to voice their concerns regarding issues within the community. He stated that City Marshals and Metro (Las Vegas Metropolitan Police Department) were also in attendance and were able to address questions regarding safety, crime, and traffic. He concluded he would attend the next Ward 2 Breakfast Buzz in July.

Ward 3 – MEMBER DRUMM advised she has been attending the First Tuesday meetings in Ward 3 and opined there was a rise in homeless seniors in her area. She said she plans to speak to COUNCILWOMAN OLIVIA DIAZ about her concerns and wondered if there was information she could provide to the seniors she comes across.

Ward 4 – CHAIR O'REAR-CAMERON reported there was a fireworks show at the Basin (Buckskin Basin Park) she saw from her window. She agreed with MEMBER DRUMM in regards to seeing more homeless seniors in her area. She recalled seeing a homeless senior behind a store. She had called the MORE (Multi-agency Outreach Resource Engagement) Team, and they arrived quickly to provide assistance. She opined the MORE Team was important and a great resource to help those in need. The Chair advised she has received numerous calls regarding housing, utilities, and heat isolation after receiving recognition at the last City Council meeting. She suggested checking on seniors constantly to ensure their safety and reflected on a personal story where a senior was isolated and did not survive. She said seniors that want to age in place should check their insurance, veterans services, and personal care agencies for services available to them. She opined crime was on the rise due to the heat, and she said to stay mindful and attend a First Tuesday meeting in their ward.

Ward 6 – MEMBER MOZDEAN said she was not able to attend the fireworks show at the Basin but helped with clean-up the next day. She added there were shuttles that ran during the event as well. She attended a seminar organized by COUNCILWOMAN NANCY BRUNE that focused on affordable housing and Ovation (Ovation Development Corp.) communities. She opined there were more homeless all across the city and noted she tries to pass out water bottles to those she comes across. She said Helping Hands (Helping Hands of Vegas Valley) is a great resource and added that handing out coupons may help those in need. The Member explained that seniors have a hard time utilizing information on PowerPoint presentations, and she advised about a future event that would help seniors with this issue. She stated there would be experts at the event to help seniors digest the information and gain assistance on navigating their technological devices. She reminded everyone about the Royal Pages resources available on the Clark County website. MEMBER MOZDEAN mentioned the upcoming Bocaditos with Brune at the Centennial Hills YMCA (Young Men's Christian Association) and noted if it is not in your ward, you are still able to attend. She recommended subscribing to different ward newsletters to stay informed on all events.

MEMBER GALATI expressed concern about exposing seniors to technology improperly. He noted those that don't understand completely are exposing themselves by giving their information to the wrong websites and becoming victims. He opined it should be done correctly for the safety of the seniors. MEMBER MOZDEAN explained that seniors at the Centennial Hills Active Adult Center brought these concerns to her and asked for assistance with their technological devices. She noted they have a volunteer to help with smaller questions, and she wanted to find someone to help with more complex questions. CHAIR O'REAR-CAMERON understood MEMBER GALATI'S concerns and said scam calls were getting better. She opined fraud events were the places that seniors would need assistance the most and having volunteers help them was a great idea. She

advised she attended the same housing event as MEMBER MOZDEAN and added the Housing Authority (Southern Nevada Housing Authority) sent out an e-mail blast to make sure they still needed assistance in order to purge people that no longer required their services. The Chair reminded everyone that the Royal Pages were great but noted there is a lot of information in them that is constantly changing.

9. Discussion for possible action regarding next steps and future meeting topics of the Senior Citizens Advisory Board – All Wards

Minutes:

MEMBER GALATI wondered if the City still offered free radon inspections, opining that the testing fee was high. GREGORY GRAY, Management Analyst I, advised he would research the topic and see if a speaker was available. He offered to provide that information to the Board. MEMBER GALATI provided a personal experience of an extended warranty helping him with a waterline issue at his house. He opined seniors and homeowners may not know about these and suggested people look into it. MEMBER MOZDEAN thought this was a great idea, noting she thought it was junk mail and never took the time to find out the costs and benefits. CHAIR O'REAR-CAMERON added to research the warranties, as they have many layers of what they cover.

10. **Citizens Participation:** Public comment during this portion of the agenda must be limited to matters within the jurisdiction of the Board. No subject may be acted upon by the Board unless that subject is on the agenda and is scheduled for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion on any single subject, as well as the amount of time any single speaker is allowed, may be limited.

Minutes:

None.

11. **Adjournment**

Minutes:

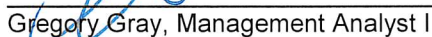
CHAIR O'REAR-CAMERON advised that the next Board meeting would be held on August 1, 2024.

The meeting was adjourned at 1:59 p.m.

Respectfully submitted:



Samantha DiNicola, Deputy City Clerk



Gregory Gray, Management Analyst I

THIS MEETING WAS PROPERLY NOTICED AND POSTED AT THE FOLLOWING LOCATIONS
IN ACCORDANCE WITH THE NOTICING STANDARDS AS OUTLINED IN NRS 241.020:

The City of Las Vegas website – www.lasvegasnevada.gov

The Nevada Public Notice website – notice.nv.gov

City Hall, 495 South Main Street, 1st Floor