



## Senior Citizens Advisory Board Agenda

1. **Call to Order and Roll Call**
2. **Announcement Regarding: Compliance with Open Meeting Law**
3. **Public Comment:** Comment during this portion of the agenda must be limited to matters on the agenda for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion, as well as the amount of time any single speaker is allowed, may be limited.
4. For possible action to approve the Final Minutes by reference of the Regular Meeting of April 4, 2024
5. Presentation by Jessica Gibson, Director of Business Development, with Comfort Home Health and Hospice, regarding services and benefits for seniors – All Wards
6. Discussion for possible action regarding eligibility parameters for the Senior Recognition Award – All Wards
7. Report by Gregory Gray, Management Analyst I, Department of Neighborhood Services, regarding senior issues received by the Department of Neighborhood Services – All Wards
8. Report by Board members regarding senior issues and events within their Council wards and at large – All Wards
9. Discussion for possible action regarding next steps and future meeting topics of the Senior Citizens Advisory Board – All Wards
10. **Citizens Participation:** Public comment during this portion of the agenda must be limited to matters within the jurisdiction of the Board. No subject may be acted upon by the Board unless that subject is on the agenda and is scheduled for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion on any single subject, as well as the amount of time any single speaker is allowed, may be limited.
11. **Adjournment**

Facilities are provided throughout City Hall for the convenience of persons with disabilities. Reasonable efforts will be made to assist and accommodate persons with disabilities or impairments. If you need an accommodation to attend and participate in this meeting, please call the City Clerk's office at 702-229-6311 and advise of your need at least 48 hours in advance of the meeting. Dial 7-1-1 for Relay Nevada.

THIS MEETING HAS BEEN PROPERLY NOTICED AND POSTED AT THE FOLLOWING LOCATIONS  
IN ACCORDANCE WITH THE NOTICING STANDARDS AS OUTLINED IN NRS 241.020:

The City of Las Vegas website – [www.lasvegasnevada.gov](http://www.lasvegasnevada.gov)  
The Nevada Public Notice website – [notice.nv.gov](http://notice.nv.gov)  
City Hall, 495 South Main Street, 1st Floor

## Hospice vs. Home Health

	Hospice Benefit	Home Health Benefit
Visiting Nurse	Covered, pt. does not need to be homebound	Only if pt. is homebound and has teachable caregiver in home
Visiting Nursing Assistant	Covered	Covered if pt. qualifies
Psychosocial Services	Covered	Covered if pt. qualifies
Spiritual Care	Covered	Not Available
Medications related to hospice diagnosis	Covered	Not Available
Volunteers	Covered	Not Available
Medical Equipment	Covered 100%, no copay or deductible	Covered 80% under Medicare Part B (must qualify)
Respite Care	Covered	Not Available
24/7 After Hours Support & Visits	Covered	After hours availability varies significantly between agencies. Emergencies are often handled by the hospital ER
Inpatient Care	Covered for acute symptom management	Not Available
Continuous Care	Covered for acute symptom management	Only available where need is finite and predicable
Medical and Disposable Supplies	Covered	Some supplies covered; pt. must qualify
Dietician Services	Covered based on pt. need	Pt. must qualify
Physical, Speech & Occupational Therapies	Covered based on pt. need	Covered with restrictions on occupational therapy
Oxygen	Covered 100%; no copay or deductible	Covered under Medicare Part B; copay & deductibles apply; pt. must qualify
Services Provided in Skilled Nursing Facility	Available if resident is not accessing their skilled nursing home Part A benefit	Not Available
Physician Services	Hospice physician 100% covered; Attending physician 80% of approved charges covered under Medicare Part B	Physician 80% of approved charges covered under Part B
Bereavement Services	Available prior to and up to 13 months after a patient's death	Not Available

Submitted At Meeting

Date 5/2/24 Item 5

By Jessica Gibson



# When's a good time to talk about Hospice

## What is Hospice Care?

Medical care when a cure isn't an option and the focus shifts to symptom management and quality of life. We can help focus your patients emotional and spiritual needs. Patients can benefit from either Routine, General Inpatient, Respite, or Continuous Care in their home to alleviate pain, nausea, depression, anxiety, and sleeplessness. All services are provided where the patient calls home.

### Care Includes:

- Nursing Care
- Certified Nursing Assistant Care
- Chaplain Services/Spiritual Counseling
- Social Worker
- Durable Medical Equipment (DME)
- Bereavement Care/Family Support
- Medication Management
- Volunteer Services

## When to Consider Hospice Care?

- Increase in hospital, doctor, or ER visits
- Significant weight loss, changes in last 3-6 months
- Frequent serious infections
- Uncontrolled vomiting, pain, shortness of breath, or nausea
- Frequent falls, especially with injuries
- Increase in sleep, mental confusion, or decrease in alertness
- Dependent for assistance with daily activities – eating, drinking, bathing, transferring, incontinence, dressing, or ambulation
- Decision to stop curative treatment for terminal disease



Give us a call to see if your patient qualifies  
Phone (702) 489-4412 - Fax (702) 489-4381



# Comfort Home Health & Hospice

## NOW SERVICING

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Pioche  
Caliente  
Rachel

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# Talking to Your Parents About Home Care

At TheKey, we have helped thousands of families navigate aging well wherever they call home. We create personalized care plans for seniors so they receive the lifestyle assistance, personal care and companionship that is suited to their needs while maintaining as much independence as possible.

Our framework for an open and honest discussion about home care can help you and your loved ones recognize the need for care and understand how it can positively impact all of your lives.

## How Can Home Care Help You?

- Client assessment and personalized care plan built to optimize care.
- Ongoing care management and communication.
- Proactive and preventative approach to care.
- Respite and support for family caregivers.



## Arranging a Family Meeting to Discuss Aging

At TheKey, we recommend scheduling a family meeting to discuss your parents' care needs, whether they are immediate, or will become an issue in the future. It is critical to set an agenda and address all the difficult questions associated with aging, but it is even more important to understand how every family member feels about the various care options.

- **Be open** about your worries. It is important to be upfront and communicate your concerns; help your parents understand why you're worried about them and give them an opportunity to share their own concerns with you. Be open about any fears and offer support to one another.
- **Consider home care** for aging in place. Do your parents prefer to age at home like 9 out of 10 seniors do? Home care provides a comprehensive solution that serves as an alternative to a senior community or nursing home. Home care also provides personalized, one-on-one care at all times, oftentimes being more cost effective than an assisted living facility.
- **Decide together** what is most important. Many of our parents simply don't want to become a burden to us as they age. Draft a list of tasks that you or your siblings would have to take on without additional support. Make sure you communicate clearly with one another so that you arrive at an informed and collective family decision.
- **Discuss exactly what a caregiver does.** Caregivers are not there to take away independence, nor are they there to do everything for your mom or dad. Caregivers provide help with tasks when it is needed and stand back when it is not. Most important, our caregivers provide compassion and companionship to our clients and peace of mind to their family members.

When appropriate, our Care Team is trained to help facilitate these conversations and would be happy to support you in the discussion about care.



## 4 Ways to Encourage Your Parent to Accept Help

- ✓ Approach your parent with a united front. Approaching the conversation with siblings or other family members may help. When everyone is on the same page and saying the same thing, your parents may be more open to suggestions.
- ✓ Go slow and start early. Accept the fact that some changes may be a long time coming. Start by offering help here and there and then increase support as needs evolve. The earlier you begin these conversations with your aging parent, the more successful you will be.
- ✓ Take your time with anything new. Hire an in-home caregiver for a few days as a trial. This approach will allow your loved one to warm up to the idea and makes it harder for him or her to refuse.
- ✓ Involve a doctor. If resistance remains high, involve your parent's physician. A recommendation from his or her doctor, a trusted professional, goes a long way and takes the onus off of you.

Call us today at (866) 454-8346  
or visit [TheKey.com](https://www.thekey.com)

# Cost & Payment Services

## Home Health

Medicare (Part A) pays for 100% of home health care for patients who meet qualifying guidelines. These services are ordered by and coordinated with your primary care physician.

## Hospice

Medicare (Part A) pays for 100% of hospice care for patients who meet qualifying guidelines.

## Commercial & Advantage Plans

Most insurances provide Home Health & Hospice benefits. We will verify your benefits & inform you of your benefits prior to starting services.



**COMFORT**  
HOME HEALTH & HOSPICE



## Las Vegas

P (702) 489-4412

F (702) 489-4381

## Pahrump

P (775) 751-0349

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Also servicing Boulder City,  
Mesquite, Overton, Lincoln  
County, Laughlin, Sandy Valley,  
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**COMFORT**  
HOME HEALTH & HOSPICE



*It is our policy to offer services to all qualified persons without discrimination on the basis of race, age, religion, color, sex, disability or national origin in compliance with Title VI of the Civil Rights Act of 1964, section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975.*

## Home Health

### Home Health Nursing Care

- 24-Hour On-Call Nurse
- Medication Management
- Diabetic Care & Instruction
- Post-Operative Care
- Pain Management
- Certified Wound Care
- Disease Treatment & Education
- CNA for personal care when applicable

### Therapy & Rehabilitation

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Balance & Fall Prevention Program

### Specialty Programs

- Cardiac
- COPD
- Diabetic
- Dementia
- Total Joint Replacement

## Hospice

### Services

- 24-Hour On-Call Nurse
- Licensed Nurse Case Manager
- Certified Nursing Aide
- Medical Social Services
- Chaplain/Spiritual Assistant
- Volunteer Services
- Medications Delivered To You
- Medical Supplies
- Durable Medical Equipment (DME)
- Bereavement Support
- Other Services Ordered

## Our Commitment to you

At Comfort Home Health & Hospice, our mission is to provide personalized, life changing service. We gratefully accept the invitation to be your healthcare provider so that you can focus on your wellbeing.

### Why Choose Comfort?

At Comfort Home Health & Hospice, our goal is to join you in your journey and give you the resources to help you meet your goals. Your Comfort clinicians are dedicated Home Health & Hospice professionals who play an important role in delivering the BEST care experience possible. Your nurse oversees your care plan to ensure your care needs are met, and coordinates care with your physician. We recognize that home health or hospice may not be the complete solution and that's why we work closely with a network of services to meet your needs.

Home Health - Accepting Medicare & most insurances

Hospice - Accepting Medicare, Medicaid, & most insurances





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