



Senior Citizens Advisory Board Agenda

Items listed on the agenda may be taken out of the order presented; two or more agenda items for consideration may be combined; and any item on the agenda may be removed or related discussion may be delayed at any time. Backup material for this agenda may be obtained from LuAnn D. Holmes, City Clerk, at the Office of the City Clerk, 495 South Main Street, 2nd Floor or on the city's webpage at www.lasvegasnevada.gov.

1. **Call to Order**
2. **Announcement Regarding: Compliance with Open Meeting Law**
3. **Public Comment:** Comment during this portion of the agenda must be limited to matters on the agenda for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion, as well as the amount of time any single speaker is allowed, may be limited.
4. For possible action to approve the Final Minutes by reference of the Regular Meeting of November 7, 2019
5. Presentation by Sugar Vogel, Executive Director, Southern Nevada Senior Law Program, regarding legal services and resources for seniors – All Wards
6. Presentation by the Nevada Council of Problem Gaming regarding problem gaming amongst seniors and resources to combat problem gaming – All Wards
7. Presentation by Ellen Grossman, Nevada Senior Services, regarding services and resources available for seniors – All Wards
8. Report by Gregory Gray, Community Program Technician, Office of Community Services, regarding senior issues received by the Office of Community Services – All Wards
9. Report by Board members regarding senior issues within their Council Wards and at large – All Wards
10. Discussion regarding topics for future agenda items of the Board's Senior Living and Senior Outreach Subcommittees. Comments made during this portion of the agenda by individual members must refer solely to proposals for future Subcommittee agenda items and any discussion must be limited to whether or not such proposed items are within the purview of the Board and its Subcommittees and whether such proposed items shall be placed on a future agenda. No discussion regarding the substance of any such proposed topic shall occur and no action shall be taken.
11. **Citizens Participation:** Public comment during this portion of the agenda must be limited to matters within the jurisdiction of the Board. No subject may be acted upon by the Board unless that subject is on the agenda and is scheduled for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion on any single subject, as well as the amount of time any single speaker is allowed, may be limited.
12. **Adjournment**

Facilities are provided throughout City Hall for the convenience of persons with disabilities. Reasonable efforts will be made to assist and accommodate persons with disabilities or impairments. If you need an accommodation to attend and participate in this meeting, please call the City Clerk's office at 702-229-6311 and advise of your need at least 48 hours in advance of the meeting. Dial 7-1-1 for Relay Nevada.

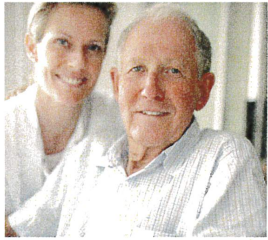
THIS MEETING HAS BEEN PROPERLY NOTICED AND POSTED AT THE FOLLOWING LOCATIONS:
City Hall, 495 South Main Street, 1st Floor

Clark County Government Center, 500 South Grand Central Parkway
Grant Sawyer Building, 555 East Washington Avenue
City of Las Vegas Development Services Center, 333 North Rancho Drive

Southern Nevada

SLP

SENIOR LAW PROGRAM



We are taught to respect our elders. Unfortunately, we see too many of them being taken advantage of financially, emotionally and physically. Circumstances need not be at a crisis level for seniors to need help. Many times seniors need legal assistance because they are overwhelmed by our fast paced society or are frail due to aging. We work with our senior clients patiently and sensitively to ease their fears and resolve their legal problems.

There is much that can be done to protect our growing senior population particularly during these difficult times. The Southern Nevada Senior Law Program is the only free legal service provider in Southern Nevada that exclusively serves senior citizens. We are committed to continuing to provide quality legal services to the seniors of the Clark County, Nevada. With your support, we promise to continue to advocate for them as they face the demands of advancing age.

Sincerely,
Sugar Vogel, Esq.
Executive Director

SOUTHERN NEVADA SENIOR LAW PROGRAM

2

MISSION

To provide quality legal assistance and advocacy services to residents of Clark County age 60 and older and to enable them to remain independent while protecting their assets and documenting their end-of life wishes.

VISION

To be the trusted resource for senior citizens' legal service through our people, partnerships and performance.

HISTORY

The Southern Nevada Senior Law Program was founded in 1978 with a grant under Title III of the Older Americans Act. Since then, we have been providing free, quality legal services to residents of Clark County who are 60 years of age and older. The cornerstone of our mission is our clients' honor, dignity and the free exercise of individual initiative in planning and managing their own lives.

Over the years, the Southern Nevada Senior Law Program has expanded its scope of service delivery and staff and always strives to meet the growing demand from Nevada's senior population. Group seminars on a variety of topics and individual appointments are available in our office, and our attorneys visit rural communities within the county and bring these valuable services to our clients.

3

INFORMATION

CONSUMER ASSISTANCE

The Consumer Assistance Program provides seniors with advice and help with unresolved consumer issues brought about by unscrupulous business transactions. This may include contacting creditors. Whatever the seniors' issues, we work to resolve them, relieve their anxiety and restore their quality of life.



HEALTHCARE

In the event of a catastrophic or major medical crisis, a Durable Power of Attorney for Healthcare and Directive to Physician are invaluable. These documents are best prepared in advance of such a situation so family, friends and medical personnel are aware of our clients' desire when they cannot speak for themselves. Southern Nevada Senior Law Program attorneys explain the legal provisions of these documents and help clients to clarify their desires. Once clients have completed these documents, they receive copies to distribute and generally have peace of mind. We also assist clients in registering these documents with the Nevada Secretary of State's Living Will Lockbox.

ESTATE PLANNING

The Estate Program provides seniors with the information and assistance to document their end-of-life wishes. This can include preparation of a written will for asset distribution, a Beneficiary Deed to designate who will receive their home, organ donation instructions and authorization for burial or cremation. This program assists clients with reviewing their options, taking steps to resolve existing problems and helping them prepare for the future so their affairs will be in order for their survivors.

SOUTHERN NEVADA SENIOR LAW PROGRAM

4

SOME OF OUR PROGRAMS

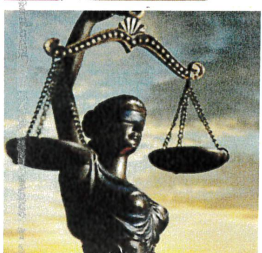
ELDER ABUSE

Abuse of the elderly has reached epidemic proportions. Types of abuse include: physical, verbal, financial, isolation and neglect. Our elder law attorneys work closely with the Clark County District Attorney's Office and Las Vegas Metro Abuse and Neglect Unit to assist victims of abuse and exploitation.

COMMUNITY OUTREACH

In order to inform and assist as many seniors as possible, the Southern Nevada Law Program maintains an aggressive outreach program which covers both urban and rural Clark County. Attorneys and support staff regularly conduct seminars at community centers, health fairs and senior complexes. Southern Nevada Senior Law Program holds large scale events and participates in Pro Bono Law Week.

In special cases, the Southern Nevada Senior Law Program provides services to homebound clients.



Thank you is a wonderful phrase people use to express gratitude. Thank you for your service, caring and compassionate concern to assist senior citizens. You helped solve my problems, so again I say thank you.

— 82 year-old widow

The Senior Citizens Law Project is a very informative place. All are professional, knowledgeable, helpful and supportive. I walked away feeling I had been treated like royalty.

— 83 year-old grandmother

The Senior Citizens Law Project is very valuable to seniors. I've lived here almost 30 years and have asked for their help on two different crises occasions. They helped me out tremendously and gave me peace of mind.

— 80 year-old grandfather

Some so-called professionals are more interested in getting a new luxury car than taking care of their client's welfare. I have resided in Las Vegas since 1958 and feel that the Senior Citizens Law Project is one place seniors can depend on. Their attorney's take care of our legal needs or guide us with the right information. Thank you for all your help, and with gratitude I say great job.

— 77 year-old widower

SOUTHERN NEVADA SENIOR LAW PROGRAM

6

This is a wonderful service. I discovered it by accident. I am making sure other seniors know about you.

— 64 year-old woman

Many thanks to the senior Citizens Law Project for assisting us in creating our will. The attorney was very thorough gathering information and preparing the documents. Everyone at the Law Project was caring, patient and professional each step of the way. Their staff made a stressful and difficult process easy.

— 61 and 65 year old husband and wife

You've worked really hard and fixed my problems so that I could get my deceased daughter's medical records for some closure. I couldn't have done any of this without you.

— 79 year old mother

The Senior Citizens Law Project gave us excellent, organized and timely service. We have attempted to prepare our forms several times but kept losing them. With your help we now have a Power of Attorney for Health Care registered in Carson City and copies in our kids' hands and notarized.

79 and 77 year-old husband and wife

Senior Citizens Advisory Board - Page 6

SUCCESSES



SOUTHERN NEVADA SENIOR LAW PROGRAM

8

UNMET LEGAL NEEDS

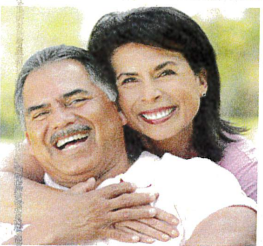
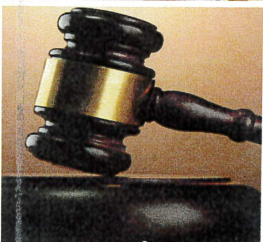
The Southern Nevada Senior Law Program serves residents of Clark County, Nevada who are 60 years of age and older.

There are no income restrictions for receiving free legal assistance; however, the majority of our clients have income below the federal poverty level. While the vast majority of clients live in the Las Vegas metropolitan area, we strive to bring our services to people living in rural communities who cannot come to us. Also, we collaborate with other legal service providers in Southern Nevada to provide needed services without duplication of efforts.

Over the years, the number of clients served increased due to the economic decline. Thorough interviews by our attorneys ensure all clients receive assistance in as many of our service areas as possible. For example, a typical client may contact our office seeking assistance to resolve a problem with a creditor. When they have their consultation, the attorney will not only help them with their stated problem, but will inquire as to the status of several common senior legal issues. In this way, our staff ensures that every senior they encounter has the opportunity to express and document their end-of-life wishes and is as prepared as possible for the future.

While our main service areas are estate planning, community outreach, consumer assistance, housing issues and healthcare document preparation, we provide help in various other aspects of civil law. Additional areas include elder law rights and public entitlement including Social Security. Clients seeking assistance in these areas receive the same thorough personal assistance as those with more common issues. In instances when the issue is beyond the scope of our services, individuals are referred to other legal service providers or appropriate public and private organizations.

Senior Citizens Advisory Board - Page 7



Meeting the challenges of providing legal services to all Nevadans is a major focus for the legal community. The need is particularly great for the state's most vulnerable citizens – victims of domestic violence, children, seniors and the poor. The Nevada Supreme Court recognized the importance of access to justice in a democratic society and created the Access to Justice Commission in 2006. Its goals include statewide strategic planning and coordination of efforts among public and private legal service providers in order to provide citizens of limited means with access to justice. The Southern Nevada Senior Law Program is proud to be a member of this Commission and strives to provide free legal services to as many Nevada seniors in need as possible

COMMUNITY PARTNERS

Our program's community partners have enabled us to provide free, quality legal services to our clients; these are some of our partners:

Access to Justice Commission;	Bank of Nevada;
City of Las Vegas;	Clark County;
Clark County District Attorney's Office;	Cleveland Clinic Lou Ruvo Brain Center;
Downtown Project;	Legal Aid Center of Southern Nevada;
Metropolitan Police Dept.;	Nevada Attorney General's Office;
Nevada Bar Foundation;	Nevada Justice Association;
Nevada Legal Services;	Nevada Senior Services;
Nevada State Bank;	State Bar of Nevada;
State Bar of Nevada, LRIS;	State of Nevada, Aging and Disability Services; and
Wells Fargo Bank.	

ACCESS TO JUSTICE

"Equal justice under law is not merely a caption on the façade of the Supreme Court building; it is perhaps the most inspiring ideal of our society. It is one of the ends for which our entire legal system exists...it is fundamental that justice should be the same, in substance and availability, without regard to economic status."

~ Lewis Powell, Jr.,

U.S. Supreme Court Justice

Southern Nevada Senior Law Program

(702) 229-6596

www.snslp.org

BOARD OF DIRECTORS

Senior Justice Miriam Shearing, President

Bobby G. Gronaeur, Vice President and Secretary

Senior Judge Betsy Kolkoski, Treasurer

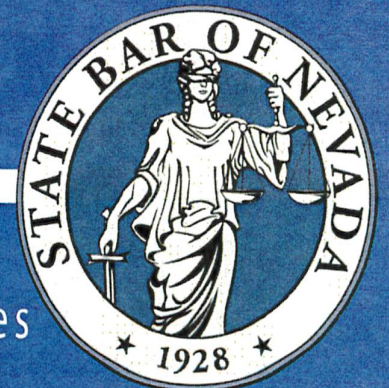
Sheri Cane Vogel, Esq., Executive Director

Elana T. Graham, Esq., Deputy Director

With a special thanks to Pro Bono Attorneys:

Dara J. Goldsmith

Gregory J. Kamer



These materials funded by a generous grant provided by
The State Bar of Nevada's Lawyers Referral & Information Services



TESTIMONIALS:

"You've worked really hard and fixed my problem so I could get my deceased daughter's medical records for some closure. I couldn't have done any of this without you." 79 year old mother

"Many thanks to SNSLP for assisting us in creating our wills. The attorney was very thorough gathering information and preparing the documents. Everyone was caring, patient and professional each step of the way." 80 and 81 year old husband and wife

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Miriam Shearing
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Secretary

Senior Judge
Betsy Kolkoski
Treasurer

Sheri Cane Vogel, Esq.
Executive Director

Elana T. Graham, Esq.
Deputy Director



WHO ARE WE?

The Southern Nevada Senior Law Program was founded in 1978 to provide free legal services to seniors in Clark County age 60 and older. We have served more than 100,000 seniors.

OUR SERVICES

SNSLP offers a variety of free legal services to assist seniors with issues including consumer, estate planning, prevention of elder abuse, health care, housing, Social Security, Medicare, Medicaid, foreclosure, veteran's benefits, grandparent rights, and planning for incapacity. Many of our clients are experiencing catastrophic health issues, death of a spouse, financial distress, or are the victims of elder abuse, fraud or exploitation. We also maintain an aggressive outreach program and visit homebound clients.

HOW CAN YOU HELP?

SNSLP is a 501(c)(3) Nevada non-profit corporation
EIN #45-3662698

Donations and grants are important to help us continue serving our seniors. Please make your donation payable to:

Southern Nevada Senior Law Program

Southern Nevada Senior Law Program
7690 West Sahara Avenue
Las Vegas, NV 89117

volunteers are also needed. Please contact Sherryl Vogel or Elana T. Graham at 702-229-6596 for more information.

REFERRALS

Our dedicated professional staff is available to assist with a variety of legal issues. If you need assistance that we cannot provide, we will refer you to the appropriate resources including:

Legal Aid Center of Southern Nevada (702) 386-1070
Nevada Legal Services (702) 386-0404
Family Law Self-Help Center (702) 455-1500
State Bar of Nevada lawyer Referral Program (702) 382-0504
Neighborhood Justice Center (702) 455-3898

HOURS OF OPERATION

8:00 a.m. to 5:00 p.m. - Monday through Friday

by appointment only

Call (702) 229-6596 to schedule an appointment



Southern Nevada Senior Law Program has a new address!

**7690 W. Sahara Ave.
Las Vegas, Nevada 89117**

**We are located on West Sahara
between Rainbow and Buffalo.**



Tel 702-229-6596
Fax 702-384-0314
TTY 702-386-9108
www.snslp.org



Board of Directors

Senior Justice Miriam Shearing, President
Bobby G. Gronaeur, Vice President and Secretary
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SOUTHERN NEVADA SENIOR LAW PROGRAM

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~Lewis Powell, Jr.,
U.S. Supreme Court Justice

NO FEES

Services are provided at NO COST to senior citizens age 60 and older who reside in Clark County. We do, however, gratefully accept donations.

ABOUT US

The Southern Nevada Senior Law Program was founded in 1978 under the 1965 Title III Older Americans Act. Originally sponsored by the City of Las Vegas, the Southern Nevada Senior Law Program is now a 501(c)(3) non-profit organization. It is partially funded by grants from the Nevada Aging and Disability Services Division, the Nevada Law Foundation, and the State Bar of Nevada. During the last 30 years, we have assisted more than 100,000 seniors living in Clark County.

SERVICES

Estate Planing and Probate

- Wills (holographic and formal)
- Beneficiary Deeds
- Affidavits of Entitlement
- Motions to Set Aside

Long term Health Care

- Directive to physician
- Durable Power of Attorney for Health care

- Nursing Home Visits

Consumer Matters

- Asset Protection
- Debt Counseling
- Consumer Advocacy
- Contract Review
- Merchant Disputes

Elder Law Rights

- Prevention of Elder Abuse
- Petitions for Name Change
- Grandparents Rights

Real Property & Housing

- Homesteads
- Terminations of Joint Tenancy
- Home owner's Association Issues
- Landlord/Tenant
- Foreclosure/Loan Modification Issues

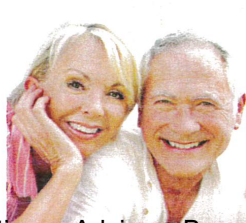
Government Benefits & Public Entitlements

- Social Security
- Medicare
- Medicaid
- Veteran's Issues

Outreach/Seminars

Homebound Visits

- Southern Nevada Senior Law Program conducts monthly outreach visits to senior centers in the Clark County area. Additionally, we provide homebound legal services to frail or institutionalized seniors.



Helping Seniors with Problematic Consumer Matters

By Sheri "Sugar" Vogel, Esq. and Elana Graham, Esq.

We all know the importance of reading a contract carefully before signing and thoughtfully considering the terms of a purchase. Many of the seniors

we assist at the Southern Nevada Senior Law Program (SNSLP) find themselves with a problematic consumer matter. It may be related to a solar matter, a contract negotiation, overinflated labor costs, homeowners' association (HOA), etc. Seniors really need assistance when they find themselves in a mess!

One of our clients had a dispute with a solar company. The client wanted to obtain solar panels for her house in 2012. The company presented her with numerous documents to sign, which according to our client, were never explained or reviewed with her. In lieu of a lease or purchase agreement for solar panels, our client executed a second Deed of Trust and Note. The Deed of Trust and Note were for \$25,000 and secured against title of her house. The client was on a fixed income of only \$893.00 and should never have qualified for the Note, since the property was a Housing and Urban Development (HUD) home with a first mortgage financed through HUD. The client never received executed copies of the loan documents. The client attempted to negotiate a surrender or modification of the monthly payment amount; however, the solar and finance com-

Seniors really need assistance when they find themselves in a mess!

panies refused to negotiate and merely threatened her with verbal and written notifications of foreclosure. Our office attempted to negotiate a rescission of the loan by arguing predatory behavior; however, the solar and finance companies failed to respond to our efforts. Without being able to resolve the matter in pre-litigation, our office referred the matter to private litigation counsel. Our office would have benefited from a pro bono litigation/predatory loan attorney's consultation to determine the client's litigation rights.

Another senior client had a dispute with a debt negotiation company which was regularly charging her a monthly amount of \$379.02 and had failed to negotiate any settlement of debts. She wanted to cancel the contract without penalty and seek reimbursement of some of the money she paid. Our attorney reviewed the contract and wrote a demand letter to the debt negotiation company. After our demand letter, the company stopped taking monthly charges out of her bank account and refunded our client \$1,563.39.

A 92-year-old woman took her car in for repairs. The mechanic convinced her she needed to replace the motor mounts or the engine would fall out of the car and charged her \$500 in labor costs; he talked our client into applying for financing because she could not afford the \$500 service charge. The client paid, had her vehicle



Sheri "Sugar" Vogel, Esq. is the Executive Director of the Southern Nevada Senior Law Program, a non-profit organization focused on serving senior citizens.

Elana Graham, Esq. serves as Deputy Director for the Southern Nevada Senior Law Program.

inspected by another repair shop who told her the labor costs exceeded industry standard. Our attorney wrote a letter to the corporate office on behalf of our client. Labor costs were refunded to our client's satisfaction.

All these cases had one important point in common, a senior in distress due to a consumer problem. We are committed to resolve these consumer issues and are passionate about making a difference in the lives of our seniors.

There is another way you can assist our program, too. We are at an exciting point in our development and have started a capital campaign to acquire a permanent home.

If you would like to assist our program by accepting a consumer case, or by making a donation, please contact Sheri (Sugar) Vogel, Executive Director, (702) 229-6644 or svogel@snslp.org, or sending your donations to Southern Nevada Senior Law Program, 411 E. Bonneville Ave., Las Vegas, NV 89117.

Please help us make a difference! ☺

Pro Bono Opportunities:

Southern Nevada Senior Law Program

By Sugar Vogel, Esq. and Elana T. Graham, Esq.

Ever feel like you are getting older? The Southern Nevada Senior Law Program (SNSLP) has been aging gracefully with our clients since its inception in 1978. Still dedicated to providing free legal services to persons 60 years and older, SNSLP, a non-profit organization, is the only legal service provider in Clark County that exclusively serves seniors.

Though seniors have a great number of legal needs, their time is short. Many of our clients face catastrophic illnesses and need end-of-life planning. Other clients may be victims of elder abuse, need legal assistance with a Social Security matter, consumer dispute, foreclosure, pension matter, or long-term placement in a nursing home. Our mission is to assist seniors in maintaining independence and dignity while helping resolve their legal issues.

SNSLP provides legal advocacy and representation in a variety of civil areas including:

- Prevention of elder abuse
- Simple wills, estate planning, and probate matters
- Advance directives (living wills and durable powers of attorneys for health care)
- Long-term health care planning, including improper discharge from facilities
- Consumer issues, including unfair debt collection, merchant disputes, and contract issues
- Social Security, Medicaid, Medicare, and veterans' benefits
- Real property, including beneficiary deeds, home-steads, and termination of joint tenancies



We deeply
appreciate the
efforts of volunteer
attorneys,
Boyd School of
Law externs,
donors and our
community
partners in our
quest to deliver
access to justice
for all seniors
in need.

- Landlord-tenant disputes, homeowners associations issues, and foreclosure assistance

We also maintain a robust outreach program throughout rural and urban Clark County and make visits to home-bound seniors, as well as those living in group care assisted living and adult day care centers.

We deeply appreciate the efforts of volunteer attorneys, Boyd School of Law externs, donors and our community partners in our quest to deliver access to justice for all seniors in need.

If you would like to take a case, teach a seminar, make a donation, or assist us in our efforts, please contact Sugar Vogel or Elana T. Graham at (702) 229-6655 or visit us at www.snslp.org. ☐



Sugar Vogel, Esq. has been the Executive Director of SNSLP since 1986.

Deputy Director Elana T. Graham, former President of the State Bar of Nevada, has been with SNSLP since retiring from the Clark County District Attorney's office in 2008.



Southern Nevada Senior Law Program

By Sugar Vogel

In the November, 2012 edition of the Communiqué, exciting news was featured about our program. In case you missed it, on July 1, 2012, the Southern Nevada Senior Law Program (SNSLP) transitioned from a City of Las Vegas program to a non-profit 501(c)(3) organization, dedicated to providing free legal services to residents of Clark County 60 years and older. The SNSLP is the only legal service provider in Clark County to exclusively serve seniors.

Since our inception as a City of Las Vegas program in 1978, we have provided free legal services to over 100,000 Clark County residents. Seniors receive legal assistance with simple estate planning, wills, advance directives, long term health care, probate, real property, consumer issues, guardianship, public entitlements, elder abuse protection, and document preparation. We also visit seniors in adult day care facilities, nursing homes, assisted living facilities, and in their own homes if disabled.

What can you do to help?

Many of our pro bono efforts are in collaboration with the other two legal service providers in Clark County; Legal Aid Center of Southern Nevada (LACSN), and Nevada Legal Services (NLS). Both programs offer many pro bono opportunities for interested members of the Nevada State Bar. We encourage you to contact them. If you would like to provide pro bono services directly to our seniors, some of their legal issues are the following:

- Many seniors are faced with a catastrophic illness or loss of a loved one. Capacity issues are important considerations when working with this population. What may seem like a simple transaction becomes complicated and intimidating.
- Many of our seniors need pro bono help with simple estate planning and probate issues. Presently, we have a waiting list in this area, and seniors cannot always wait. Pro bono attorneys in the area of simple estate planning are always a priority. To safeguard against fraud, duress or undue influence in the preparation of a will, NRS 155.097 (2011) requires a Certificate of Independent Review, pre-

pared by an attorney other than the attorney who prepared the underlying will document. We are seeking pro bono attorneys who would consent to preparation of the Certificate of Independent Reviews for will documents prepared by the SNSLP.

- Consumer issues are another area where seniors need pro bono legal assistance. Whether it is a transaction with their insurance company or home owner association, negotiations can be frustrating and contentious. Some of these cases need not result in litigation. Often, just a phone call or demand letter from a pro bono attorney works wonders in resolving the dispute.

Perhaps you are caring for an aging parent, or maybe you are entering that "Golden Age" yourself. If you would like to provide pro bono services to this vulnerable population, please give us a call. ☎

Sugar Vogel, the Executive Director of the SNSLP, also serves on the Nevada Supreme Court's Access to Justice Commission. For more information on how you can help, please contact Sugar at (702) 229-6644 or svogel@snslp.org.

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As We Grow Older

By Sugar Vogel, Esq.

Age has a way of creeping up on you. Remember when 65 was considered old? Now with people living longer, it's not that unusual to see people live into their 90's.

Those of us in the baby boomer generation, like me, often find themselves taking care of that elderly parent who has reached their 90's. The challenges can be enormous.

We at the Southern Nevada Senior Law Program (SNSLP) assist seniors age 60 and older. As people are living longer, it is not unusual to see the 65 year old son bringing in his 90-year-old father for legal services. The legal needs of that 90 year old are far different than the legal needs of his son.

Many of our clients, particularly those who reach their later years, face catastrophic illnesses and need to do end-of-life planning. The key to end-of-life planning is advance planning; this planning must be well ahead of the catastrophic illness which wreaks havoc on the senior and his loved ones. Also, with a 90 year old, there is a greater sense of urgency in completing these end-of-life planning documents while he still has capacity without cognitive impairment. With these documents correctly completed, the older senior can be confident that his wishes will be followed. Advance planning includes preparation of documents including Durable Power of Attorney for Health Care, Directive to Physician, and Do not Resuscitate (DNR) documents. The Uniform Rights of the Terminally Ill Act can be found at NRS. 449.535-NRS.449.860. These documents can be part of the estate plan of the individual or prepared independently.

The 90-year-old father may be facing issues with his potential or actual placement in a long term care facility. The issues of a 90 year old can loom large and affect the senior's overall well-being. Ordinarily, a 65 year old does not require such a long term care facility placement, but if he does, it is usually short term and not much of an issue for the younger senior.

Medicaid planning issues can be very serious for a 90 year old since

The key to end-of-life planning is advance planning

so much of his life has passed and there is not much time left for financial planning. With a 65 year old, there is generally a longer period to plan for his financial future and to educate

him as to the proper decisions for his future.

Finally, providing services for a 90-year-old man who is the victim of elder abuse is far more difficult and heart wrenching than providing similar services for a 65-year-old victim of elder abuse. The older senior may not have dementia, but may have a poor memory; he may be frail and extremely frightened while the younger senior may have an excellent memory, be robust and not angry, but not frightened. These different circumstances require different treatment. It is more challenging to provide the necessary legal services to the 90 year old due to the complications of age.

SNSLP is the only legal service provider in Clark County that exclusively serves seniors. SNSLP provides legal advice and representation in a variety of civil areas including:

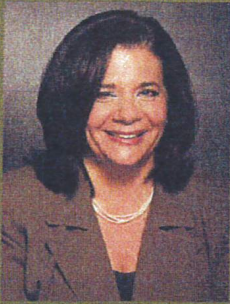
- Simple wills, estate planning, and probate matters;
- Advance directives (living wills and durable powers of attorney for health care);
- Long-term health care planning, including improper discharge from facilities;
- Consumer, including unfair debt collection, merchant disputes, and contract issues;
- Social Security, Medicaid, Medicare, and Veterans' benefits;
- Prevention of elder abuse;
- Real property, including beneficiary deeds, homesteads, and termination of joint tenancies; and
- Landlord/tenant, HOA, and foreclosure assistance.

Bette Davis was right. "Old age is no place for sissies." Although we cannot control when a devastating illness may strike, we can be prepared. The key is planning.

If you would like to assist SNSLP in its efforts to assist seniors, please contact Sugar Vogel or Elana T. Graham at 702-229-6644 or visit us at www.snslp.org. **G**



Sugar Vogel, Esq. has been the Executive Director of SNSLP since 1986.



Southern Nevada Senior Law Program

By Sheri "Sugar" Vogel

Did you feel the earth move on June 30, 2012? Probably not, unless you were an employee of the Senior Citizens Law Project. After 36 years of sponsorship by the City of Las Vegas, the City had to suspend its support due to the economic decline. However, recognizing the significant resource our legal program provides for seniors, the City did not leave us stranded. Instead, they assisted us in our transition to a free standing, non-profit Nevada corporation.

The seas parted and the new Southern Nevada Senior Law Program emerged on July 1, 2012, with no interruption in services. We kept the same location, telephone number, dedicated legal staff and, most importantly, the same mission: To provide free legal services to residents of Clark County who are 60 years and older. Southern Nevada Senior Law program is the only legal service provider in Clark County to exclusively serve seniors.

Clark County attorneys Dara Goldsmith and Gregory Kamer agreed to assist us (pro bono, of course) in creating our new 501(c)(3) organization. Community leaders then stepped up to serve on our Board of Directors: Senior Justice Miriam Shearing, President; Bobby G. Gronauer, Secretary; and Senior Judge Betsy Kolkoski, Treasurer. The City of Las Vegas assisted us with financial support and in-kind contributions, and the legal and senior community, individual donors, and Access to Justice Commission all supported our efforts.

Who do we serve?

- The 84 year old woman whose 88 year old spouse was diagnosed with Parkinson's disease. She needs a medical Durable Power of Attorney and simple will.
- The 66 year old Social Security recipient whose check stopped due to an overpayment when he took a part-time job to make ends meet.
- The 75 year old who wants to prepare a beneficiary deed to avoid probate.
- The 81 year old widow whose daughter drained her bank account.

Since 1978, we have provided free legal services to over 100,000 Clark County residents. Seniors receive legal assistance with simple estate planning, wills, advance directives, long term health care, probate, consumer issues, housing issues, asset protection, public entitlements, guardianship, elder abuse protection, and document preparation. We also visit seniors in adult day care facilities, nursing homes, assisted living facilities, and in their own homes if disabled.

Seniors' legal needs are great; their time is short. No matter how much we have accomplished, the need to expand services to this vulnerable community remains a daunting task.

What can you do to help? If you would like to learn more about our

program, or provide pro bono legal services, please contact us. Oh, and if you would like to make a difference with a donation to support our non-profit 501(c)(3) organization, please contact us. Your mother will be proud of you. ☺

Sugar Vogel, the Executive Director of Southern Nevada Senior Law Program, serves on the Nevada Supreme Court's Access to Justice Commission. For more information on how you can help, please contact Sugar, (702) 229-6644 or svogel@snsnp.org.



Note from CCBA President Linda Bullen: I have ceded the "President's Column" this month to allow for this article regarding the Southern Nevada Senior Law Program.

Thanks to the program's director Sugar Vogel and all of their employees for providing such an important legal service to the local community!

Linda M. Bullen is a shareholder in Nevada's largest private law firm, Lionel Sawyer & Collins. Her practice focuses on environmental law, renewable energy, NEPA, and litigation. She serves as president of the Clark County Bar Association through December 2012. She encourages you to visit www.clarkcountybar.org.

WHEN THE FUN STOPS®

Nevada Senior Citizens Advisory Board Meeting

Presented by:

Bea Aikens and Ted Hartwell

Compiled and provided by:



www.NevadaCouncil.org

Nevada Council on Problem Gambling

5552 S. Fort Apache Road, #100, Las Vegas, NV 89148

Phone : 702-369-9740 ~ Fax : 702-369-9765 ~ Email : programs@nevadacouncil.org

WHEN THE FUN STOPS™

Understanding Problem Gambling

Information provided by:



NEVADA COUNCIL ON
PROBLEM GAMBLING

www.nevadacouncil.org

When the Fun Stops – Understanding Problem Gambling is also available in Spanish.
Call 702-369-9740 to request additional copies.

OUR MISSION

To generate awareness, promote education and advocate for quality treatment
of problem gambling in the State of Nevada.

The Nevada Council on Problem Gambling is an affiliate of the National Council on Problem Gambling.
The Council does not take a position for or against legalized gambling.

OUR VISION

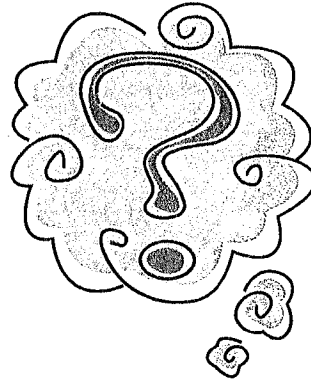
We believe that problem gambling is a community health issue, requiring a community solution that can
best be accomplished through public and private collaboration. The Nevada Council is committed to
working with all stakeholders to develop the most effective and comprehensive solutions possible to
reduce the impact of problem gambling in the State of Nevada.

NEVADA COUNCIL ON PROBLEM GAMBLING

5552 S. Fort Apache, #100, Las Vegas, NV 89148

Phone: 702-369-9740 ~ Fax: 702-369-9765 ~ Email: contactus@nevadacouncil.org

The Nevada Council on Problem Gambling is a 501(c)(3) non-profit organization funded through charitable contributions. Tax ID 88-0206247



DEAR FRIEND,

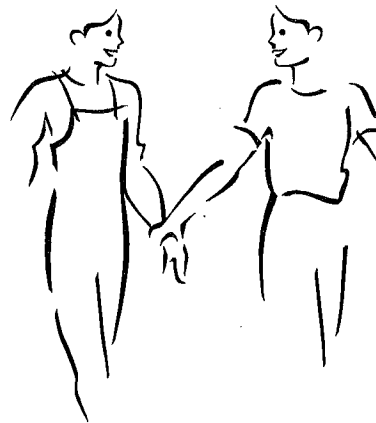
We recognize there can be many reasons why someone is interested in learning about problem gambling. They or someone they care about may be experiencing negative life consequences because of their gambling and are seeking help to deal with this serious problem.

Others may just want to become more knowledgeable about this important issue and how it affects our families and communities.

Regardless of your reason for reading this, we hope you find the information contained in this booklet to be both informative and helpful. We encourage you to share this information with others, and make use of the resources that will best meet your needs.

Sincerely,

NEVADA COUNCIL ON PROBLEM GAMBLING





PROBLEM GAMBLING - AN OVERVIEW

For most people, gambling is an activity that is fun and entertaining – one that can be experienced with little or no harmful effects. For others, gambling can be a serious problem that continues even after the fun is gone.

Problem gambling can be broadly defined as a behavioral disorder in which an individual has a psychological preoccupation and obsession to gamble. Without supportive interventions, the gambling may progress to levels at which the emotional and financial consequences of the behavior can compromise, disrupt, or destroy the gambler's personal life, family relationships, and vocational pursuits. This more serious condition is known as **pathological gambling**, a diagnosable mental health disorder recognized by the American Psychiatric Association since 1980, in which the individual is unable to control their gambling much like those addicted to alcohol are unable to control their drinking.

The impact of this addiction is much greater than the obvious financial losses that can result from repeated gambling. The long-term result is a steady deterioration of the mental and physical health of both the gambler and their family.

- Adam*, a bright, energetic 15 year old, remembers what it was like when his Mom was still gambling. "I ate lunch and dinner at my friend's really often. I always hung out there when there was no food at our house, hoping my friend's parents would invite me to eat with them." Adam was only eight years old at the time and was unaware that his Mom was spending the grocery money on gambling.
- Shelly* recalls the humiliation she felt the day a security guard brought her children in to the grocery store to find their mother. She was busy playing video poker and had left her two young children in the parked car. Although they suffered no physical harm, the emotional pain was no less damaging.
- Richard*, a successful 45-year old corporate executive, began gambling to deal with boredom and loneliness after his marriage ended abruptly in divorce. His healthy financial condition enabled him to gamble for many years with seemingly little consequence. Over time, however, the money ran out, the credit ran up, the house went into foreclosure and his depression accelerated. His financial, emotional and physical health deteriorated along with his work performance. After losing everything he had worked over 20 years to earn, the company decided to let him go but provided him with a substantial severance pay which he quickly lost through continued gambling.
- A high school counselor, concerned about the deteriorating academic performance of a senior honors student, questioned the young man about the situation. After repeated denials that any problem existed, the young man finally admitted that he had no time for schoolwork because he was trying to hold down a full-time job. His reason? Both parents were gambling uncontrollably and he needed the income to help make the mortgage payments on the family's home.

*Not their real names

THE WARNING SIGNS

Often referred to as the 'hidden addiction', problem gambling is not as easily detected as alcoholism or substance abuse. As one gambler put it, "No one could smell a deck of cards on my breath." But there are warning signs that may indicate when a person is crossing the line from the fun of social gambling to the pain of problem gambling. Warning signs may include:

- Losing time from work or school due to gambling
- Repeated failed attempts to stop or control the gambling
- Lying about the amount of time and money spent on gambling
- Gambling to escape from life's problems
- Gambling for increasing amounts of time or with increasing amounts of money
- Gambling more money in an attempt to win back losses (chasing)
- Neglecting the care of one's self or family due to gambling
- Relying on loans or "bailouts" from family or friends to meet financial obligations
- Feelings of helplessness and depression or thoughts of suicide

Problem gambling, like most addictions, does not discriminate. A small percentage of people who gamble will develop gambling problems regardless of age, race, gender or socio-economic status. Although it is not possible to predict exactly who may develop a gambling problem, once identified, it can be successfully treated.

RESOURCES FOR RECOVERY

The first step in finding a solution is to recognize the problem. Surprisingly, problem gamblers are very often the last ones to realize what is happening to them in spite of mounting consequences and increasing emotional impact. They may attribute their difficulties to a mere financial problem or believe they are just not being 'smart' enough when they gamble. The fantasy that one more big win will solve the financial problems and return everything to normal drives them on to gamble even harder.

Awareness and Education

Providing objective, reliable public information about gambling addiction can help problem gamblers and their families see the problem as a mental health disorder rather than a financial problem or character weakness. Recognizing their behaviors as warning signs, and discovering they are not alone can go a long way to breaking through the denial and fear that has kept them from reaching out for help.

Support Groups

Once an individual recognizes the problem, and becomes willing to take steps to address it, they need the support of others who have experienced the same problem. 12-step peer support groups are available in the community, such as Gamblers Anonymous (for the gambler) and Gam-Anon (for the spouse, family and friends). These programs provide vital emotional support and practical experience-based suggestions to help guide the recovery process.

Professional Treatment

Problem gamblers may also benefit from cognitive behavioral therapy in individual or group outpatient settings. These counselors have specialized training and experience in treating problem gamblers and their family members. While there are many similarities between problem gambling and other addictions, there are also significant differences that must be understood in order to provide effective counseling services. Many states, including Nevada, now require treatment professionals to meet minimum standards for certification as problem gambling counselor.

Mental Health Services - The longer the gambling problem continues, the more severe the consequences will be. Some gamblers and their family members may find they need additional mental health services to overcome the negative impact and stress of the gambling-related problems. Problem gamblers may also be suffering from other addictions or mental health disorders such as anxiety or depression, which need to be identified and treated.

Community Resources - Basic needs of the family, such as food, shelter or healthcare may have been neglected to the point of endangering the family's well-being. Social service agencies, churches and community programs that provide emergency services can be important resources to meet these critical needs so the gambler can begin to focus on dealing with the addiction.

Financial / Legal Services - In some cases it may be necessary to immediately seek out financial or legal professionals to deal with threatening situations such as criminal acts to obtain money, foreclosures and loan defaults. A repossession, eviction or arrest will not only affect the gambler, but will further traumatize family members who may have been kept in the dark about these impending disasters. Long term, less threatening issues such as debt repayment plans can also be addressed with the assistance of credit counseling services or professional financial planners. Again, it is important to seek out professionals with knowledge and experience dealing with problem gamblers.

There is no one perfect solution that fits everyone's needs. Each individual must make a commitment to use whatever combination of resources works best for their circumstances and recovery. Providing non-judgmental encouragement and support, without relieving the gambler of responsibility for their actions, is an important way that family, friends and co-workers can become a part of the solution as well.

Whatever the situation, problem gamblers can recover to lead happier, more productive lives than they may have experienced even prior to their gambling. Recovery is a process of learning how to resist the gambling urge, developing healthy coping skills, and taking responsibility for their past behavior by making appropriate financial restitution or personal amends to those who may have suffered as a result.

TAKING THE FIRST STEP

Coming face to face with a gambling problem can be an overwhelming experience filled with fear, anxiety and confusion. At that point it is not possible to figure out all the answers, but it is vitally important to begin asking the questions.

If you or someone you know is experiencing any of the warning signs of a gambling problem, call the **PROBLEM GAMBLERS HELPLINE** at **1-800-522-4700** for 24-hour confidential assistance. Our caring and knowledgeable helpline staff are available to answer questions and provide information about appropriate resources to assist both the gambler and the family. This HelpLine is part of a nationwide system that is able to provide information specific to the caller's geographic area and personal needs.

When the Fun Stops™ Help is just a phone call away.

1-800-522-4700

PROBLEM GAMBLERS HELPLINE

To learn more about the impact of problem gambling and community resources for awareness, prevention and treatment in Nevada, visit www.nevadacouncil.org.

MY HIDDEN ADDICTION

By Carol O'Hare

In the beginning I gambled because it was fun. It was magical the way gambling freed me from the worries, fears and frustrations of everyday living. When I was tense, gambling relaxed me. When I was angry, gambling calmed me down. When I was happy, I celebrated feeling good by gambling. Slowly, over time, gambling became the only coping mechanism I knew. And when the financial problems grew and the stress of the money overwhelmed me, I convinced myself that one more bet would solve the problem. Of course one bet led to the next and the next and even if I won, it was never enough.

I continued to gamble to ease my pain - the pain of lost money, lost time, lost self-respect, and the pain of losing control. With every futile attempt to stop came more pain, anger, frustration and depression. Oh, there were brief hours or days that I resisted the urge, feeling confident that this time I had really quit. Unfortunately, I also convinced myself that I must be O.K. and then went out gambling to prove it to myself. The end result was always the same as I drove home hating myself and swearing I would never do it again.

Somewhere along the way, gambling ceased to be fun. Instead of feeling better when I gambled, I felt nothing. I gambled to get numb and avoid the pain. In the end, I gambled because it hurt too much to try to resist. I couldn't control it - it controlled me. My days were spent in panic looking for ways to cover the checks I had written the night before, or thinking up lies to tell my family and friends to explain why I was never home and where my money was going. I stole money from my children, neglected their needs and struggled to look as if I had it all together.

Problem gambling has been called the hidden addiction. I hid it well. My family, friends, and coworkers saw me struggle, but I always had an explanation. I couldn't admit to anyone what was causing the problems in my life, because I was afraid - afraid of their judgement, their anger, and afraid that if I told them the truth, they would know that I was crazy. I didn't know that I was suffering from an illness that can be treated; I thought I was insane. After all, wouldn't you have to be crazy to become so obsessed with something that you would lie, cheat, steal and risk the lives of your children for it?

For decades in this country we have faced the issue of addiction as it pertains to drugs, alcohol, nicotine, even caffeine, food and sex - but what about addiction to gambling? It isn't new, yet we are only just beginning to really understand it and like all addictions it doesn't discriminate.

Problem gambling can affect anyone...anywhere...anytime.

While it is true that everyone makes a personal choice whether or not to gamble, NO ONE chooses to become addicted. Addiction is a community health issue and we need to address it as such. Problem gamblers are not bad people. They are people like you or me who all too often suffer in silence, hiding the pain of their addiction and living in fear of judgment by others.

For 24-hour, confidential information and assistance, call:

1-800-522-4700

PROBLEM GAMBLERS HELPLINE

When the Fun Stops™ Help is just a phone call away.

Frequently Asked Questions about Problem Gambling

Isn't problem gambling just a financial problem?

No. Problem gambling is an emotional problem that has financial consequences. If you pay all of a problem gambler's debts, the person will still be a problem gambler. The real problem is that they have an uncontrollable obsession with gambling.

Do casinos cause problem gambling?

No. The cause of a gambling problem is the individual's inability to control the gambling. This may be due in part to a person's genetic tendency to develop addiction, their ability to cope with normal life stress and even their social upbringing and moral attitudes about gambling. The casino merely provides the opportunity for the person to gamble. It does not, in and of itself, create the problem any more than a liquor store would *create* an alcoholic.

Can you be a problem gambler if you don't gamble every day?

Yes. The frequency of a person's gambling does not determine whether or not they have a gambling problem. Even though the problem gambler may only go on periodic gambling binges, the emotional and financial consequences will still be evident in the gambler's life, including the effects on the family.

How can a person be addicted to something that isn't a substance?

Although no substance is ingested, the problem gambler gets the same effect from gambling as someone else might get from taking a tranquilizer or having a drink. The gambling alters the person's mood and the gambler keeps repeating the behavior in an attempt to achieve that same effect. But just as tolerance develops to drugs or alcohol, the gambler finds that it takes more and more of the gambling experience to achieve the same emotional effect as before. This creates an increased craving for the activity that becomes more difficult to resist as the craving grows in intensity and frequency.

Are problem gamblers usually addicted to other things too?

It is generally accepted that people with one addiction are more at risk to develop another addiction. Some problem gamblers also find they have a problem with alcohol or drugs. This does not, however, mean that if you have a gambling problem you are guaranteed to become addicted to other things, but it does suggest that education about risk factors for any addiction is an important part of treatment and recovery.

How much money do you have to lose before gambling becomes a problem?

The amount of money lost or won does not determine when gambling becomes a problem. Gambling becomes a problem when it causes a negative impact on any area of the individual's life.

Is Gamblers Anonymous a religious program?

No. Gamblers Anonymous is based on the same principles as Alcoholics Anonymous. The 12-steps of recovery are a set of principles intended to help members change the way they think and live so they can make a daily choice not to gamble. The program is considered to be spiritual, not religious, defining the word spiritual to mean embracing certain qualities such as kindness, generosity, honesty and humility. Although the program refers to a belief in a Higher Power, it is left to each member to define that source of strength for themselves, which for some may merely be a belief that the group can help them stop gambling. Even atheists and agnostics have found the 12-step model to be an effective approach to sustain recovery from addiction.

What will happen when I call the Problem Gamblers HelpLine?

A knowledgeable, compassionate professional will listen to your concerns and answer your questions about problem gambling. They may also ask you questions to help determine available resources for your situation and will give you information on how to access those resources. Anyone can call the HelpLine and everything discussed is confidential and the call is completely free.

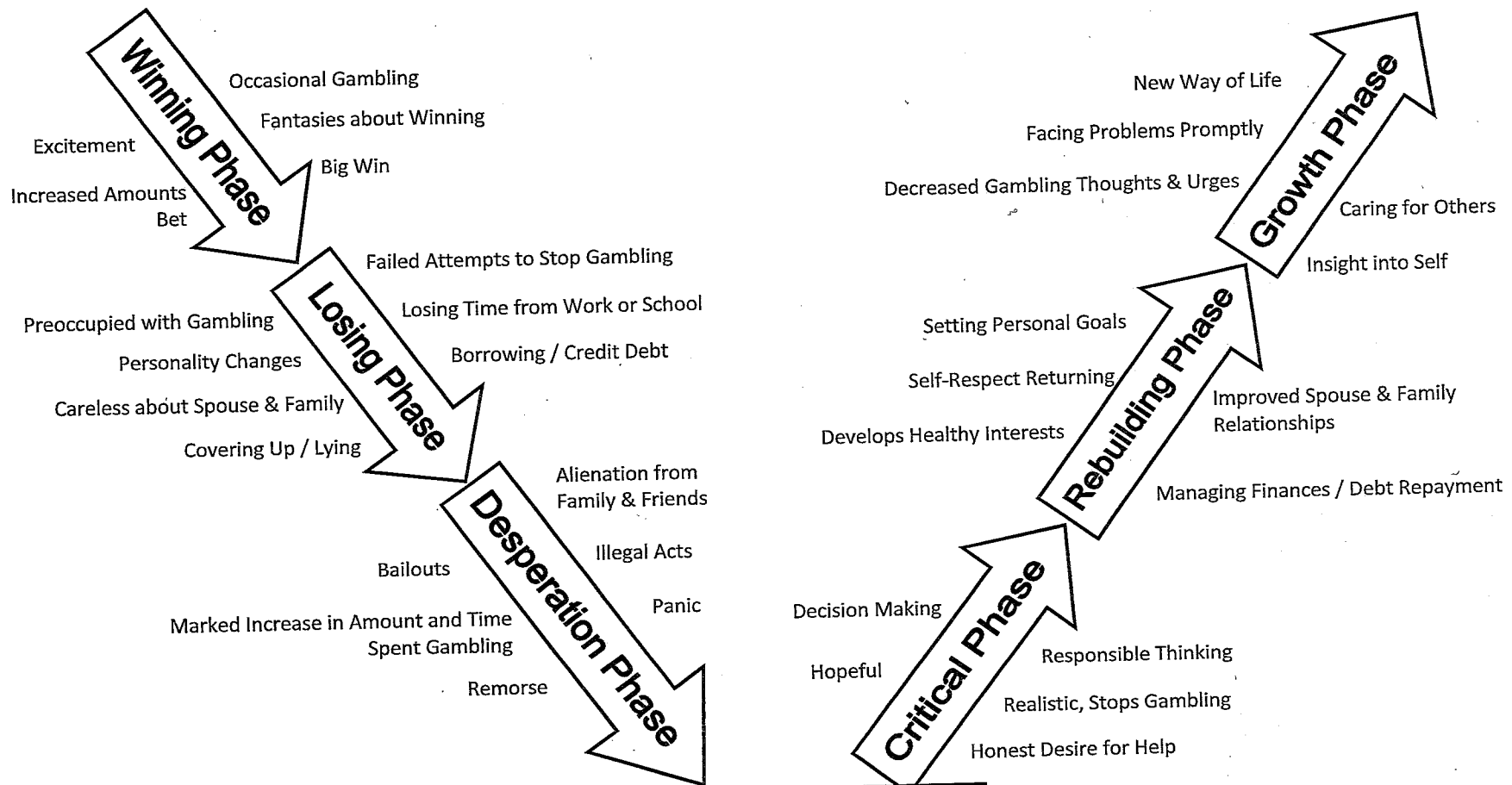
If you still have questions, information and assistance is available 24-hours a day, 7 days a week by calling:

1-800-522-4700

PROBLEM GAMBLERS HELPLINE

Senior Citizens Advisory Board - Page 28

A CHART OF COMPULSIVE GAMBLING AND RECOVERY



Hopelessness Phase

Legal Issues
 Marital Problems / Divorce
 Substance Abuse
 Emotional Breakdowns
 Withdrawal Symptoms
 Suicide Thoughts & Attempts
 Senior Citizens Advisory Board - Page 29

Adapted from information by
 Robert L. Custer, M.D.
 National Council on Problem Gambling

Gamblers Anonymous 20 Questions

- | Yes | No |
|--------------------------|--|
| ☐ | ☐ Did you ever lose time from work or school due to gambling? |
| ☐ | ☐ Has gambling ever made your home life unhappy? |
| ☐ | ☐ Did gambling affect your reputation? |
| ☐ | ☐ Have you ever felt remorse after gambling? |
| ☐ | ☐ Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties? |
| ☐ | ☐ Did gambling cause a decrease in your ambition or efficiency? |
| ☐ | ☐ After losing did you feel you must return as soon as possible and win back your losses? |
| ☐ | ☐ After a win did you have a strong urge to return and win more? |
| ☐ | ☐ Did you often gamble until your last dollar was gone? |
| ☐ | ☐ Did you ever borrow to finance your gambling? |
| ☐ | ☐ Have you ever sold anything to finance gambling? |
| ☐ | ☐ Were you reluctant to use "gambling money" for normal expenditures? |
| ☐ | ☐ Did gambling make you careless of the welfare of yourself or family? |
| ☐ | ☐ Did you ever gamble longer than you had planned? |
| ☐ | ☐ Have you ever gambled to escape worry, trouble, boredom or loneliness? |
| ☐ | ☐ Have you ever committed or considered committing an illegal act to finance gambling? |
| ☐ | ☐ Did gambling cause you to have difficulty in sleeping? |
| ☐ | ☐ Do arguments, disappointments, or frustrations create within you an urge to gamble? |
| ☐ | ☐ Did you ever have an urge to celebrate any good fortune by a few hours of gambling? |
| ☐ | ☐ Have you ever considered self-destruction or suicide as a result of your gambling? |

Most compulsive gamblers will answer yes to at least *seven* of these questions.

The Compulsive Gambler Speaks To His Family

I am a Compulsive Gambler. I need your help.

DON'T lecture, blame or scold me. You wouldn't treat me that way for having leukemia or diabetes. Compulsive gambling is a disease, too.

DON'T let me provoke your anger. If you attack me verbally or physically, you will only confirm my already bad opinion of myself.

DON'T let your love and anxiety for me lead you into doing what I ought to do for myself. If you assume my responsibilities, you make my failure to assume them permanent. My sense of guilt will increase and you will feel resentful.

DON'T accept my promises. I'll promise anything to get off the hook, but the nature of my illness prevents me from keeping my promises, even though I mean them at the time.

DON'T make empty threats. Once you have made a decision, stick to it.

DON'T believe everything I tell you - it may be a lie. Denial of reality is a symptom of my illness. Moreover, I'm likely to lose respect for those I can fool too easily.

DON'T let me take advantage of you or exploit you in any way. Love cannot exist for long without the dimension of justice.

DON'T cover up for me or try in any way to spare me the consequences of my illness.

DON'T lie for me, pay my bills, or meet my obligations. It may avert or reduce the very crisis that would prompt me to seek help. I can continue to deny that I have a gambling problem as long as you provide an escape from the consequences of my gambling.

Above all, **DO** learn all you can about compulsive gambling and your role in relation to me. Attend Gam-Anon meetings regularly, read the literature and keep in touch with Gam-Anon members. They're the people who can help you see the whole situation clearly.

I love you -Your Compulsive Gambler

***Gam-Anon 1991
One Day Conference Book***

ARE YOU LIVING WITH A COMPULSIVE GAMBLER?

If there is a gambling problem in your home, the Gam-Anon family groups may be able to help you cope with it. If you are living with a compulsive gambler, you will answer "yes" to at least six of the following questions:

1. Do you find yourself constantly bothered by bill collectors?
2. Is the person in question often away from home for long, unexplained periods of time?
3. Does this person ever lose time from work due to gambling?
4. Do you feel that this person cannot be trusted with money?
5. Does the person in question faithfully promise that he or she will stop gambling; beg, plead for another chance, yet gamble again and again?
6. Does this person ever gamble longer than he or she intended to, until the last dollar is gone?
7. Does this person immediately return to gambling to try to recover losses, or to win more?
8. Does this person ever gamble to get money to solve financial difficulties, or have unrealistic expectations that gambling will bring the family material comfort and wealth?
9. Does this person borrow money to gamble with or to pay gambling debts?
10. Has this person's reputation ever suffered due to gambling, even to the extent of committing illegal acts to finance gambling?
11. Have you come to the point of hiding money needed for living expenses, knowing that you and the rest of the family may go without food and clothing if you do not?
12. Do you search this person's clothing or go into his or her wallet when the opportunity presents itself or otherwise check on his or her activities?
13. Do you hide his or her money?
14. Have you noticed a personality change in the gambler and his or her gambling progress?
15. Does the person in question consistently lie to cover-up or deny his or her gambling activities?
16. Does this person use guilt induction as a method of shifting responsibilities for his or her gambling?
17. Do you attempt to anticipate this person's moods to try to control his or her life?
18. Does this person ever suffer from remorse or depression due to gambling, sometimes to the point of threatening self-destruction?
19. Has gambling ever brought you to the point of threatening to break up the family unit?
20. Do you feel that your life together is a nightmare?

Reprinted from GAM-ANON

Gam-Anon International Service Office
P.O. Box 157, Whitestone, NY 11357 (718) 352-1671
www.gam-anon.org

GAMBLING AND PROBLEM GAMBLING IN NEVADA

The following information is based on a report prepared by Gemini Research for the Nevada Department of Human Resources. The report presents the findings of a state-wide survey of gambling participation and gambling-related problems in Nevada (N=2217). The complete report is available online at: http://dhhs.nv.gov/PDFs/NV_Adult_Report_final.pdf

Gambling in Nevada

- 85% of respondents acknowledged they had gambled during their lifetime.
- 68% had gambled in the last year
- 28% reported gambling monthly
- 19% reported gambling weekly
- Nevada residents are most likely to have tried gambling at a casino, playing lottery games, and gambling on non-casino gaming machines.

Problem Gambling in Nevada

Nevada prevalence rates were based on two gambling screening instruments:

	<i>SOGS</i>	<i>NODS</i>
Problem gambling	2.9%	3.0%
Probable pathological gambling	<u>3.5%</u>	<u>2.1%</u>
Combined prevalence	6.4%	5.1%

- Comparable combined prevalence rates from other surveys based on SOGS range from 2.1% in North Dakota (2000) to 4.9% in Mississippi (1996).
- A 1998 national survey based on NODS found the prevalence of problem gambling in the U.S. was 1.5% and pathological gambling was 1.2%.
- Based on current SOGS prevalence rates, problem gambling in Nevada is highest among men, among adults aged 18 to 34, and among minorities. Problem gambling is also high among those with a high school education or less, those employed in the gaming industry, and among those with annual household incomes under \$35,000.

Comparing Non-problem and Problem Gamblers

Based on lifetime NODS, problem gamblers in Nevada are more likely than non-problem gamblers to:

- Have poor physical health
- Have been troubled by emotions, nerves or poor mental health
- Have experienced depression
- Have been troubled by the gambling of someone they live with
- Have been involved in arguments about their gambling
- Have lost substantial amounts of money in a single day or single year
- Have ever been arrested or incarcerated
- Smoke daily
- Use marijuana or cocaine on a monthly basis
- Report experiencing problems in the past year due to their alcohol use
- Have sought help for an emotional or substance abuse problem
- Have lived in Nevada 10 years or less

GAMBLING AND PROBLEM GAMBLING AMONG ADOLESCENTS IN NEVADA

The following information is based on a report prepared by Gemini Research for the Nevada Department of Human Resources. The report presents the findings of a state-wide survey of adolescent gambling participation and gambling-related problems in Nevada (N=1004). The complete report is available online at: http://dhhs.nv.gov/PDFs/GamblingAmongAdolescents_Nevada.pdf

Adolescent Gambling in Nevada

- 67% of adolescent respondents acknowledged they had gambled during their lifetime.
- 49% had gambled in the last year; 17% monthly and 7% weekly
- Gambling participation among Nevada adolescents is highest for wagering on card, dice or board games with friends or family members. Participation is also high for wagering on private games of personal skill and making side bets on arcade or video games.
- The rate of past-year gambling participation among Nevada adolescents is substantially lower than the median past year gambling participation rate of 66% identified by Jacobs (2000) among youth gambling studies conducted between 1989 and 1999.

Adolescent Problem Gambling in Nevada

Prevalence rates for adolescent problem gambling in Nevada were determined using the narrow definition of problem gambling based on the SOGS-RA gambling screening instrument. Based on this screen, the 'At-Risk' prevalence is 9.9% and the prevalence rate of the more severe 'Problem Gambling' is 2.2%.

Comparing Adolescent Non-problem, At-Risk and Problem Gamblers in Nevada

Comparisons were based on the broad approach to scoring the SOGS-RA gambling screen.

At-risk and problem gamblers are significantly more likely than non-problem gamblers to:

- Be male.
- Come from non-white racial groups and from non-traditional households, including single-adult and multiple adult households.
- Report that one or both parents gamble.
- Have used marijuana in the past year.

Problem gamblers are significantly more likely than at-risk or non-problem gamblers to:

- Come from households with lower socioeconomic status.
- Earn \$50 or more per week.
- Report that one or both parents has had a gambling problem.
- Have gambled on private games of skill, the Internet and on gaming machines at a store, bar or restaurant.
- Have borrowed money or stolen in order to gamble.
- Have used alcohol, tobacco and illicit drugs in the past year.
- Have gotten into trouble in the past year because of alcohol use.

Problem Gambling Among Adolescents in Five States

The following comparison is possible using a multi-factor method for classifying respondents with gambling problems. Data is taken from the most recent surveys conducted in each state.

	New York (1103)	Georgia (1007)	Texas (3079)	Washington (1000)	Nevada (1004)
	%	%	%	%	%
Non-Problem	83.6	86.8	88.2	91.6	91.9
At Risk	14.0	10.4	9.9	7.5	6.2
Problem	2.4	2.8	2.3	0.9	1.9



Problem Gambling and the Workplace

Just a generation ago, legal gambling was largely confined and problem gamblers were viewed as societal misfits. Now gambling is part of our mainstream culture and we know that most problem gamblers are ordinary hard working people. Data from gambling treatment programs shows that a majority of problem gamblers seeking treatment are employed.

What is Problem Gambling?

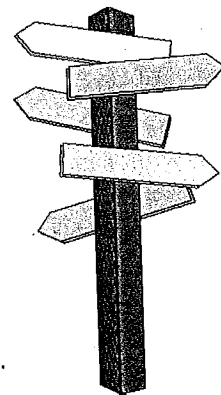
A problem gambler is anyone whose gambling is causing psychological, financial, emotional, marital, legal, or other difficulties for themselves and the people around them. Problem gambling may be an isolated case of overspending, or a pattern of excessive gambling when upset, or it may be an ongoing problem with continual losses and mounting debts. At the extreme end of this range is pathological gambling, where people are unable to control their gambling much as those addicted to alcohol are unable to control their drinking. Sometimes the gambling problem is transient and goes away, sometimes it plateaus and maintains for years, and sometimes it progresses to catastrophic levels. Regardless of the course, problem gamblers usually experience intense shame, financial strife, and family problems.

Co-workers Are Often the First Line of Defense

Gambling and gambling related activities are frequently carried out during work hours. The workplace is used as a shield to hide the problem gambling from family members. This leaves managers and co-workers as the first line of defense. The challenge is to identify the problem gambler before they become desperate. To this end, it is important that all employers and employees develop a greater awareness of the signs associated with a gambling problem.

Workplace Signs of a Gambling Problem

- Work performance deteriorates; the person is preoccupied, has trouble concentrating, is absent or late for meetings and misses assignment deadlines.
- Frequent unexplained absences or disappearances from work.
- Eager to organize and participate in betting opportunities.
- Pay is requested in lieu of vacation time, large blocks of vacation time are not taken.
- Frequently borrows money, argues with co-workers about money that is owed to them.
- Complains about mounting debts.
- Excessive use of the telephone for personal calls.
- Experiences mood swings, often related to winning and losing streaks.
- Credit card or loan bills are mailed to work rather than home.
- Increasingly spends more time gambling during lunch hours and coffee breaks.
- False claims are made against expense accounts.
- Theft of company property.



Although not often recognized, problem gambling is a significant workforce issue. The effects of a gambling problem almost always spill over into the workplace. This occurs through either the gambler themselves or a family member who is living with the effects of a gambling problem. The workplace is primarily affected through lost time, lost productivity and in desperate situations the gambler may resort to theft.

Lost time

Individuals with gambling problems can become completely preoccupied with gambling. The workday is often spent either in the act of gambling, planning the next opportunity, or plotting to get money for gambling. Family members also become preoccupied, worrying about finances and holding the family together. There are feelings of anger, frustration, resentment, isolation and desperation. Family members (spouses, children, and parents) feel like their life is consumed by the problems they are facing.

Lost productivity

As a result of lost time, the company's productivity is damaged. The gambler becomes unreliable, misses project deadlines and important meetings and produces work that is of poor quality. Physical and emotional health problems associated with excessive gambling can further diminish work performance and attendance. Depression, anxiety, high blood pressure, or stress-related illness can surface in individuals with gambling-related problems and their family members. Suicide and suicide attempts are high among individuals with gambling problems. Stressed family members are also at risk of suicide. The emotional, financial or legal problems can appear to be so severe that suicide looks like the only "way out."

Theft, fraud and embezzlement

Employees with severe problems may commit theft, fraud or embezzlement. Money is the gambler's key to action. Once all legitimate avenues to obtain cash are exhausted, the gambler, in desperation, may resort to illegal acts to acquire cash. The workplace becomes a primary avenue for the gambler to illegally finance their gambling. Gamblers do not see this activity as stealing. They see it as "borrowing money" and plan to replace it when they win.

When Suspecting an Employee Has a Gambling Problem, What Can Supervisors Do? Here are a few tips:

- Express concerns in a caring and supportive manner. Do not diagnose the problem or tell the individual what to do. Be clear, non-judgmental and speak only for yourself.
"I've been noticing changes in your work, and I am concerned about you."
- Use work-related observations.
"I see you coming in very late from lunch every day, too distracted to work all afternoon."
- Be positive.
"You are a conscientious person with a history of doing good work."
- Explain how the problem affects you.
"I had to reassign two of your projects because you missed three deadlines."
- Be clear about your position.
"I need you to perform your job duties to the best of your ability; your performance has been slipping and without corrective actions your job is in jeopardy."
- Respect personal boundaries.
"I don't want to pry into your life, but I had to let you know I am concerned. I would be happy to talk to you about anything that is troubling you."
- When a gambling problem is known, provide information, not advice.
"Here is some information about available problem gambling resources. Another resource available to you is our EAP professional. Here is their name and number."
- Be prepared for denial or a hostile reaction.

"It must be uncomfortable to hear this. It's difficult for me to bring it up, but I am concerned about you."

What Can Your Organization Do?

A proactive response from your organization will help reduce the negative impact problem gambling can have within the workplace.

The following are some measures to consider:

- **Policy statements**

Incorporate the topic of gambling into relevant policies. Most companies have policies on Internet use, phone use, and disallowed activities during work hours. When reviewing policy statements, make sure the policies are sufficiently comprehensive to address problem gambling issues, e.g., Internet gambling.

- **Provide awareness training**

Without awareness, problem gambling will not be detected. The signs of a gambling problem are seldom identified as gambling related. Training can help employees and employers to recognize the warning signs and be prepared to offer appropriate assistance.

- **Post the HelpLine number**

The Problem Gamblers HelpLine is a confidential link to community resources to help individuals who are dealing with a gambling problem. Post this number in employee areas and include it in other resource or referral listings provided to your employees.

- **Make problem gambling counseling available**

Problem gambling is a serious mental health disorder. It is important to include problem gambling counseling as a covered benefit of your employee health plan. Be sure that your health plan's provider network includes counselors who have been specifically trained and certified to treat problem gamblers. This benefit should be made available to family members, as well.

- **Monitor the money stream**

Some occupations involve direct contact with money, while in other occupations, money can be "moved." These occupations might be considered high risk for the problem gambler and a monitoring system can protect employee and employer.

To immediately identify resources for an employee or co-worker who has a gambling problem, call:

1-800-522-4700

PROBLEM GAMBLERS HELPLINE

Don't Wait For The Problem To Get Worse!





www.nevadacouncil.org

The Resource Locator is an online searchable database containing current listings of problem gambling peer support groups and treatment providers available throughout Nevada. Nevada Council staff verifies and input current resource information as soon as it becomes available.

SUPPORT GROUPS

Gamblers Anonymous (www.gamblersanonymous.org)

Gamblers Anonymous is a 12 step support group for anyone who has a desire to stop gambling. There are no dues or fees for membership and group meetings are held at various times and locations throughout Nevada.

Gam-Anon (www.gam-anon.org)

Gam-Anon is a peer support group for the family and friends of the problem gambler. Like GA there are no dues or fees for membership and group meetings are held at various times and locations throughout Nevada.

PROFESSIONAL TREATMENT

Treatment providers listed in the Resource Locator offer individual or group therapy, conducted by Nevada Certified Problem Gambling Counselors. The database maintains general contact information, names and credentials of program staff, and brief descriptions of services for all listed providers. Optional information such as eligibility factors and fee structures may also be available for some, but not all programs.

USING THE RESOURCE LOCATOR

Basic Search: Users may select 'Support' or 'Treatment' and type in the name of the city to find listings within 100 miles.

Expanded Search: Users may enter a complete address and select radius to find listings in a specific area, or select a region to find listings in Southern or Northern Nevada only.

Printable Resource Lists: Users may download and print the following resource lists, which are updated automatically by the database within 15 minutes of the last information update.

Treatment Providers	Gamblers Anonymous	Gam-Anon
Southern Nevada	Southern Nevada	Southern Nevada
Northern Nevada	Northern Nevada	Northern Nevada
All Nevada	All Nevada	All Nevada



NEVADA COUNCIL ON
PROBLEM GAMBLING

Inclusion of any agency, organization or individual in the Problem Gambling Resource Locator should in no way be construed as an endorsement of its services, nor should exclusion be construed to constitute disapproval. Information about any support or service provider has been provided solely by those entities. The Nevada Council on Problem Gambling publishes this information as a service to the community, and believes that individual consumers are responsible for evaluating and choosing resources appropriate to their needs.

Senior Citizens Advisory Board Meeting December 5, 2019

**SUBMITTED AT MEETING –
Beyond the Game: Nevada Seniors
and Problem Gaming Booklet
Submitted by Ted Hartwell and Bea
Akins**

**SUBMITTED AS BACKUP FOR
ITEM 6 – FILED WITHIN
MEETING DOCUMENTATION**

Signs of Senior Problem Gambling

- ✗ Loss of interest in normal activities with friends and family.
- ✗ Blocks of time unaccounted for.
- ✗ High priority on gambling and gambling related activities.
- ✗ Changes in attitude and personality.
- ✗ Sudden need for money/loans.
- ✗ Missing possessions or assets.
- ✗ Neglect of personal needs like food, utilities and medical responsibilities.
- ✗ Secrecy and avoidance or anger when questioned about time and money.
- ✗ Decline in physical health.
- ✗ Emotional withdrawal/depression.



When the Fun Stops, help is just a phone call away.

1-800-522-4700

PROBLEM GAMBLERS HELPLINE

The Nevada Council on Problem Gambling is a non-profit information and referral agency, whose mission is to generate awareness, promote education and advocate for quality treatment of problem gambling in the State of Nevada. The Council does not take a position for or against legalized gambling.



5552 S. Fort Apache Rd. #100
Las Vegas, NV 89148
Phone: 702.369.9740 Fax: 702.369.9765
programs@nevadacouncil.org

The **Nevada Council on Problem Gambling** is a non-profit information and referral agency whose efforts are focused on addressing the impact of problem gambling on our citizens, businesses and communities in the State of Nevada. The Council serves as a resource for information and as an advocate and provider of programs and services to meet the needs of everyone affected by problem gambling.

The Council is a 501(c)(3) organization supported by charitable contributions, grant funding, and nominal fees for services, where applicable. The Nevada Council on Problem Gambling is one of 33 State Affiliates of the National Council on Problem Gambling and does not take a position for or against legalized gambling.

OUR MISSION

It is the mission of the Nevada Council on Problem Gambling to generate awareness, promote education and advocate for quality treatment of problem gambling in the State of Nevada.

The American Psychiatric Association has recognized problem gambling as a diagnosable and treatable mental health disorder since 1980. In 2013, the clinical diagnosis of "Gambling Disorder" became the first and only behavioral condition to be included in the revised category of "Substance Related and Addictive Disorders" in the most recent edition of the DSM-5*.

Problem gambling can be defined as an addictive disorder in which the individual experiences "persistent and recurrent problematic gambling behavior that disrupts personal, family or vocational pursuits." Problem gamblers can no longer control their gambling, regardless of the outcome of the game, and despite increasing negative consequences.

OUR VISION

The Nevada Council on Problem Gambling works with all stakeholders to provide sustainable programs and services to reduce the impact of problem gambling in Nevada.

It is estimated that up to 6% of Nevada adults may be problem gamblers. Problem gambling does not discriminate and its impact affects individuals, families, and the community at large. This impact can be reduced through public policy that supports increased awareness, education, prevention, treatment, and research efforts.

OUR GOALS

- Reduce stigma and increase public awareness of problem gambling as a treatable disorder
- Increase knowledge of warning signs to promote early help-seeking by problem gamblers and their families
- Provide 24 hr. information and referral through the **Problem Gamblers HelpLine (1-800-522-4700)**
- Insure availability of affordable and effective treatment and recovery support services for problem gambling
- Educate employers to recognize problem gambling as a workplace wellness issue
- Educate social service and health professionals to improve intervention through early screening and referral
- Provide continuing education for Nevada Certified Problem Gambling Counselors and Interns
- Reduce and/or prevent underage gambling and problem gambling among children and adolescents

*American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th edition)

Get Help Now!

If you or someone you know is exhibiting any of the suicide warning signs,
YOU ARE NOT ALONE!

Call the **Suicide Prevention Lifeline:**

NATIONAL
SUICIDE
PREVENTION
LIFELINETM
1-800-273-TALK (8255)
suicidepreventionlifeline.org

Are you struggling with a gambling problem?

Or worried about someone else's gambling?
Don't wait for the problem to get worse.

Call the **Problem Gamblers HelpLine**
for treatment and support resources:

1-800-522-4700
Problem Gamblers HelpLine
24 Hr. Confidential Assistance

Get Involved

The Nevada Coalition for Suicide Prevention is dedicated to partnering and collaborating with local and state individuals and organizations for the development and implementation of evidence-based suicide prevention, intervention, and postvention strategies and programs in the State of Nevada.



For more information, visit:
www.nvsuicideprevention.org



**NEVADA COUNCIL ON
PROBLEM GAMBLING**

The Nevada Council on Problem Gambling generates awareness, promotes education and advocates for quality treatment of problem gambling in the State of Nevada. The Nevada Council is committed to working with all stakeholders to provide sustainable programs and services that reduce the impact of problem gambling in Nevada. The Council does not take a position for or against legal gambling.

For more information, visit:
www.nevadacouncil.org

This publication is the result of a collaboration of the Nevada Council on Problem Gambling and Nevada Coalition for Suicide Prevention. Funding support provided through a grant award from the State of Nevada Fund for Prevention and Treatment of Problem Gambling.

Senior Citizens Advisory Board - Page 42

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and **RESOURCES**

Problem Gambling and Suicide



Paul's Story

I was not prepared to outlive one of my children, but I didn't see the trajectory his life was taking. I watched my son Paul struggle as he was growing up. Moving around with a military family was difficult for him and adjusting to different schools and neighborhoods was a challenge.

Though he was never involved with drugs and only drank an occasional beer, he barely graduated from high school, with good grades only in music. He became a tall (6' 4"), lanky young man who was kind, funny, and sensitive. A two-year tour in the Navy after high school seemed to help "grow him up," but it wasn't long enough.

My son Paul started gambling in his late teens with "fun family football pools," but his gambling escalated beyond family fun. His gambling finally stopped when he took his life in June 1993, at the age of 25. He left behind moderate debt and monumental grief for his family, friends, co-workers and teachers. Although I didn't understand it then, I can now see how the consequences of Paul's gambling problem clearly overlapped many of the warning signs and risk factors for suicidal thoughts and acts.

The Suicide Prevention Resource Center (SPRC) released a paper in 2011 recognizing four major risk factors for suicide: prior suicide attempt, mood disorders, substance abuse, and access to lethal means. Though Paul had not attempted suicide, he had threatened...he masked depression...and he had easy access to lethal means. These conventionally accepted factors for suicide risk can be common as well to problem gamblers.

The good news is that resources are available for problem gamblers or anyone who is vulnerable to suicide. **I strongly believe that there was help for Paul. Sadly, however, he chose not to access it.**

-Linda Flatt, 2014

ONE IN FIVE problem gamblers may demonstrate suicidal gestures, attempt suicide or complete suicide.

What is Problem Gambling?

For most people gambling is harmless entertainment, but just as you can become addicted to drugs or alcohol, it is also possible to become addicted to gambling.

Sadly, problem gambling often remains hidden until the financial and emotional consequences become noticeable to the gambler's friends and family. As the problems increase, the gambler tries to solve it all through even more gambling. The result is a progressive deterioration which can destroy both the gambler and his/her family.

Signs of a Gambling Problem:

- Gambling more money or for longer than planned
- Neglecting school, work or family to gamble
- Borrowing money and lying about gambling activities
- Using gambling to cope with stress or loss
- Unsuccessful attempts to reduce or stop gambling
- Feelings of hopelessness, depression or suicide

Warning Signs of Suicide

The National Suicide Prevention Lifeline has identified the following as some of the signs that a person may be at risk for suicide, and individuals may be more at risk if these are related to a loss, change or painful life event:

- Talking about wanting to die or kill oneself
- Looking for ways to kill oneself
- Talking about feeling hopeless, having no reason to live
- Talking about feeling trapped or being in unbearable pain
- Talking about being a burden to others
- Increasing use of drugs or alcohol
- Acting anxious or agitated
- Behaving recklessly
- Sleeping too little or too much

Help IS Available!

When you reach out for **Help**, there is **HOPE**. Use the resources on back to get the help you need, or to learn how you can help others.

Problem Gambling and Suicide

According to research studies, as many as 20% of problem gamblers demonstrate suicidal gestures, attempt suicide or complete suicide. This is a tremendous difference from the general population, in which 5% are having thoughts of suicide at any given time.

Problem gambling does not, in itself, cause suicide, but the risk factors for problem gambling and suicide are very similar:

- Recent loss, including job loss, retirement, divorce or death of a loved one
- History of trauma or abuse
- Mental illness, including depression or anxiety
- Substance abuse
- History of impulsive or risk-taking behavior
- Low self esteem
- Family history of substance abuse
- Family history of mental illness
- Financial problems

Senior Citizens Advisory Board - Page 43

PEOPLE AND GAMBLING

Participation in gambling activities by
under the age of 21 is not permitted in the
Nevada (NRS 463.350).

Underage gambling is not a harmless activity
and people are also at risk for developing a
problem.

For some, gambling may begin with friendly
sporting events, penny ante card games, or
winning a lottery ticket from an adult family

Independent studies of high school students
in several states suggest that the prevalence
of gambling may be higher among adoles-
cents than adults.

For the safety and well-being of our young
people, please remember:

DO NOT leave children unattended in or
near a gaming area.

DO NOT see an unattended child in a gaming
area. Please report the situation immediately to
a security or law enforcement officer.

DO NOT allow persons under 21 to participate
in gambling activity.

DO educate your children about the law
and the potential harmful consequences of underage

The information in this brochure is provided by:



The **Nevada Council on Problem Gambling** is a
non-profit, information and referral agency and an
affiliate of the National Council on Problem Gambling.

The Council does not take a position for or against
legalized gambling. Instead, our efforts are focused
on reducing the impact of problem and underage
gambling on our citizens, businesses and communities
in the State of Nevada.

Our Mission

*It is the mission of the
Nevada Council on Problem Gambling
to generate awareness,
promote education,
and advocate for quality treatment
of problem gambling in
the State of Nevada.*

For additional information contact:

Nevada Council on Problem Gambling

5552 S. Fort Apache Rd., Suite 100

Las Vegas, Nevada 89148

(702) 369-9740

www.nevadacouncil.org

The Nevada Council on Problem Gambling is a 501(c)(3)
nonprofit organization. Tax ID: 88-0206247

For Confidential Assistance:

1-800-522-4700

Senior Citizens Advisory Board - Page 44
PROBLEM GAMBLERS HELPLINE

WHEN THE FUN STOPS™

When the problems began, I convinced myself that one more bet would solve everything.
But one bet led to another, leaving me with the pain of lost money, lost time, lost self-respect, and the pain of losing control... ”

—Anonymous

HIDDEN ILLNESS

For most people, gambling is entertainment – an activity that can be enjoyed without harmful consequences. But for some, it's not just a game – it's a problem that continues, even after the fun ends.

Just as some people can become addicted to alcohol or drugs, it is possible for a person to become obsessed with an uncontrollable urge to gamble.

This is problem gambling – an emotional condition that often remains hidden until the consequences of repeated gambling begin to affect the financial and emotional security of the gambler and his or her family.

As the stress of these consequences increases, the problem gambler finds he/she must seek relief through even more gambling. The result is a severe financial and emotional deterioration that can destroy both the gambler and his or her family.

Problem gambling can affect men and women of any age, race or religion, regardless of education or social status. It is not possible to predict who will develop a gambling problem, but once the problem is identified, the problem can be successfully treated.

THE WARNING SIGNS

Problem gambling is not easily detected. The person with a gambling problem often will go to great lengths to maintain a normal appearance, while covering up the consequences of their gambling.

Some of the indicators that a person may be suffering from a gambling problem include:

Losing time from work, school or family
due to gambling

Repeated failed attempts to stop or control
the gambling

Borrowing money to gamble or pay
gambling debts

Gambling to escape worry or trouble

Neglecting the care of one's self or family
in order to gamble

Lying about the amount of time and
money spent on gambling

Gambling more money in an attempt to
win back losses (chasing)

Selling or pawning personal possessions to
get money to gamble

Feeling suicidal or suicidal as a result of gambling

HELP IS AVAILABLE

If you or someone you know is experiencing the fear, frustration or anger due to a gambling problem, you are not alone.

By reaching out to people who understand, you can find the help you need – without fear of judgment or further pain.

The **PROBLEM GAMBLERS HELPLINE** is available 24 hours a day, 7 days a week to answer your questions and offer confidential assistance.

Caring and knowledgeable counselors will provide information on available treatment and support resources in your area for both the gambler and those affected by the gambler's problem.

Just pick up a phone and dial:

1-800-522-4700

PROBLEM GAMBLERS HELPLINE

It's that simple.

When the Fun Stops...Help is just a phone call away.



NEVADA COUNCIL ON
PROBLEM GAMBLING



Help is Available

If you or someone you love is experiencing fear, frustration or anger due to a gambling problem, you are not alone. By reaching out to people who understand, you can find the help you need – without shame or fear of judgment.

Individual or group therapy is conducted by Certified Problem Gambling Counselors who are trained and experienced in treating problem gamblers and their families. Treatment addresses stopping the gambling behavior and learning new coping skills to prevent a return to gambling in the future. Counselors may also screen for other problems such as substance abuse or depression.

Can't afford treatment? Many treatment providers accept insurance and/or offer reduced fees based on qualifying income. State-funded treatment providers may charge a small fee for services but may not turn anyone away for lack of ability to pay.

The information in this brochure is provided by:



NEVADA COUNCIL ON
PROBLEM GAMBLING

The Nevada Council on Problem Gambling is a non-profit, information and referral agency and an affiliate of the National Council on Problem Gambling. The Council does not take a position for or against legalized gambling.

Our Mission

It is the mission of the Nevada Council on Problem Gambling to generate awareness, promote education and advocate for quality treatment of problem gambling in the State of Nevada.

Our Vision

The Nevada Council on Problem Gambling is committed to working with all stakeholders to provide sustainable programs and services to reduce the impact of problem gambling in Nevada.

For Additional Information contact:

NEVADA COUNCIL ON PROBLEM GAMBLING

5552 S. Fort Apache Rd. #100, Las Vegas, NV 89148

Phone: (702)-369-9740

Email: programs@nevadacouncil.org

Website: www.nevadacouncil.org

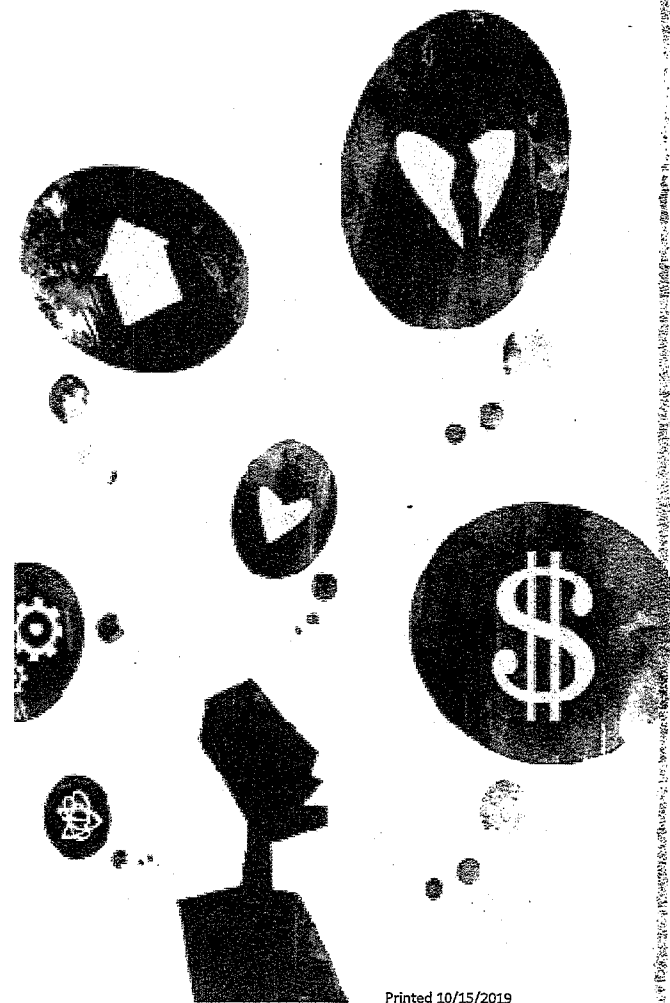
The Nevada Council on Problem Gambling is a tax exempt 501(c)(3) organization. Tax ID: 88-0206247

1-800-522-4700

PROBLEM GAMBLERS HELPLINE

28 Senior Citizens Advisory Board Ass Page 46

Treatment for Problem Gamblers & Their Families



Printed 10/15/2019

SOUTHERN NEVADA

ABC THERAPY

(Spanish Available)

730 N. Eastern Ave. #130, Las Vegas, NV 89101

Phone: 702-598-2020

www.abctherapy.net

BRIDGE COUNSELING ASSOCIATES

(Spanish Available)

1640 Alta Dr. #4, Las Vegas, NV 89106

Phone: 702-474-6450 ext. 127

www.bridgecounseling.org

FINDING HOPE THERAPY*

3027 S Decatur Blvd. Ste 208, Las Vegas, NV 89102

Phone: 702-339-8787

MENTAL HEALTH COUNSELING & CONSULTING*

8565 S. Eastern Ave. Ste 178, Las Vegas, NV 89123

Phone: 702-400-6413

PATHWAYS

6166 S. Sandhill Road #104, Las Vegas, NV 89120

Phone: 702-960-7589

PROBLEM GAMBLING CENTER*

(Spanish Available)

2965 S. Jones Blvd. Ste A, Las Vegas, NV 89146

Phone: 702-363-0290

www.gamblingproblems.com

RISE CENTER FOR RECOVERY

1681 W. Horizon Ridge Pkwy., Henderson, NV 89012

Phone: 702-476-9700

www.risehelp.com

ICAN Family Services

2340 Paseo Del Prado, D-110, Las Vegas, NV 89102

Phone: 702-431-3626

www.icanfamilyservices.com

NORTHERN NEVADA

ALOHA EVALUATIONS

(Spanish Available)

420 S. Rock Blvd., Sparks, NV 89431

Phone: 775-359-9000

BRISTLECONE FAMILY RESOURCES*

Inpatient & outpatient services available

704 Mill St., Reno, NV 89502

Phone: 775-954-1400

www.bristleconereno.com

NEW FRONTIER TREATMENT CENTER*

(Spanish Available)

1490 Grimes St., PO. Box 1240, Fallon, NV 89406

Phone: 775-423-1412

www.newfrontiervn.us

RED HAWK COUNSELING

527 Humboldt St., Reno, NV 89509

Phone: 775-284-7275

www.redhawkcounseling.com

RENO PROBLEM GAMBLING CENTER*

527 Humboldt St., Reno, NV 89509

Phone: 775-284-5335

www.renopgc.org

YOU CAN CHANGE 2 COUNSELING

333 Marsh Ave. Suite 1A, Reno, NV 89509

Phone: 775-384-7587

www.ucanchange2counseling.vpweb.com

How do I know if I need help?

For most people, gambling is a fun and enjoyable activity that can be experienced with no harmful effects. If gambling is no longer fun, or it is causing problems in your life, you may want to learn more. Just as some people can become addicted to alcohol or drugs, it is possible for a person to become obsessed with an uncontrollable urge to gamble. A counselor or treatment professional can help assess the problem and provide the appropriate solutions for you and your loved ones.

Problem Gambling Warning Signs:

- Gambling to escape worry, trouble, boredom or loneliness.
- Arguing with loved ones about time or money spent gambling.
- Repeated failed attempts to stop or control gambling.
- Losing time from work or school due to gambling.



*Indicates state-funded treatment program that will provide services regardless of ability to pay.



Additional information is available online at www.nevadacouncil.org. Click on the "Resource Locator" icon for complete details on treatment and support resources for problem gamblers and their families throughout Nevada.

The Nevada Council on Problem Gambling publishes this information as a service to the community and believes that individual consumers are responsible for evaluating and choosing resources appropriate to their needs. Types of services & related fees will vary for each provider. Information about any support or service provider has been provided solely by those entities. Information in this brochure is current at the time of printing.

MEETING LOCATIONS

Meetings are listed on the reverse side by day, then time, then location.

The following list contains location addresses, and other information about the meeting locations.

LAS VEGAS & NORTH LAS VEGAS, NV

All Saints Episcopal Church

4201 W. Washington, Las Vegas, NV 89107
(Between Decatur & Valley View)

Canyon Ridge Christian Church

6200 W. Lone Mountain, Las Vegas, NV 89130
(Corner of Jones & Lone Mountain)

Foundation for Recovery

4800 Alpine Place, Suite 17, Las Vegas, NV 89107 2nd FLOOR
(NW corner of Decatur & Alpine Pl., North of Charleston Blvd.
Same side of Decatur as CVS Pharmacy)

Grace in the Desert (NW)

2004 Spring Gate Ln, Las Vegas, NV 89134
(In Fellowship Hall behind church)

Grupo Guerreros (Español-Spanish)

865 W. Bartlett Ave. Las Vegas, NV 89106

Grupo Renacer (Español-Spanish)

1700 E. Desert Inn Rd., Ste. 409, Las Vegas, NV 89169
llame al 702-352-1855

KCB (Keep Coming Back) Club

5715 West Alexander Road, # 145, Las Vegas, NV 89130
Rancho and West Alexander, behind the VA Clinic

Lakes Lutheran Church

8200 W. Sahara Ave., Las Vegas, NV 89117
(northwest corner of Sahara and Cimarron)

Lamb of God Church

6220 North Jones Blvd. (at the intersection of 215 and N. Jones)
Las Vegas, NV 89130

(GA: Fellowship 1; Gam-Anon: Fellowship 2)

Las Vegas Rescue Mission - Men's Library

480 W. Bonanza Rd. Ave., Las Vegas, NV

The Meeting Space

6115 S. Rainbow Blvd, Ste. 106, Las Vegas, NV 89118
(southwest side of Rainbow, near corner of Rainbow & Patrick)
Entrance at the back of the building

Mountain View Presbyterian Church

8601 Del Webb Blvd., Las Vegas, NV 89134
(southeast corner of Del Webb & Sungold
near the intersection of Del Webb & Rampart)

NV Council: NV Council on Problem Gambling

5552 S. Fort Apache Rd., Ste. 100, Las Vegas, NV 89148
Use North Side Training Door

Nuevo Amanecer (Español-Spanish)

2508 E. Owens Ave, North Las Vegas, NV 89030
(Entrance in Back. Entre en la parte posterior del edificio)

Serenity Club

3990 Schiff Dr, Rm #1, Las Vegas, NV 89103
(Spring Mountain & Valley View - behind China Town Mall)

Triangle Club

4600 S. Nellis Blvd, Las Vegas, NV 89121

LAS VEGAS & NORTH LAS VEGAS, NV (Cont'd)

Unity Club /en Español: los lunes, martes, jueves y sábados a las 6:00 p.m./

(Meetings in English: every day, various times, as listed)

900 E Karen Ave, Suite D-Room 204, Las Vegas, NV 89109
(SECOND FLOOR facing large parking lot)

HENDERSON, NV

Christ the Servant Lutheran

2 South Pecos, Henderson, NV 89074
(Corner of Pebble & Pecos)-Bldg. on right, wooden double doors

Community Church of Henderson

360 Horizon Dr. Room 3, Henderson, NV 89015

The Recovery Room

55 S. Gibson Rd, Suite 103, Henderson, NV 89012
(Just South of the 215 in Champion Plaza behind the smoke shop.
Entrance is on the south side of the complex facing the street
named Las Palmas Entrada)

St. Rose Hospital, Siena Campus

3001 St. Rose Pkwy, Henderson, NV 89052
(Corner of St. Rose & Eastern)—1st floor Conference Room D

St. Timothy's

43 W. Pacific Ave, Henderson, NV 89015 (Pacific & Panama)

BOULDER CITY, NV

Boulder City Annex Building *

Ave. G, Boulder City, NV 89005 (Between Arizona and
Wyoming - Behind Boulder Dam Credit Union)

MESQUITE, NV

Mesquite Boxing Club *

51 E. 1st N. Street, Mesquite, NV 89027

PAHRUMP, NV

3230 N. Joanita Street, Pahrump, NV 89060

BULLHEAD CITY, AZ

Praise Church *

580 Hancock Ave, Bullhead City, AZ 86442
(Building behind the Church)

Senior Citizen Center *

2275 Trane Rd, Bullhead City, AZ 86442

NOTE: * Indicates that meeting is outside the Greater Las Vegas Area

TELEPHONE MEETING (from any location)

Conference Call Platform

Call (712) 770-4160 Participant Access Code: 611704#

—The teleconference will open 15 minutes before
the scheduled start in an open forum.

—If additional support is needed please email
Wednesday9pmhelp@gmail.com

Visit the
Gamblers Anonymous of Southern Nevada
web site:
www.gasn.info
for more information about GA and
GA meetings in southern Nevada
Senior Citizens Advisory Board - Page 48

GAMBLERS ANONYMOUS



of Southern Nevada MEETING LIST

Updated October 6, 2019

For anyone who wants to STOP gambling,
or for a loved one of someone
with a gambling problem,
please contact the

G.A.S.N. Hotline

1-855-222-5542 (toll-free)
702-529-0202

or visit our web site at:

www.gasn.info

GAM-ANON:

for those affected by a
loved one's gambling, visit
www.gam-anon.org

*Please see the reverse side of this meeting list
for GAM-ANON meetings.*

PUBLIC RELATIONS & EVENTS

For press or media inquiries,
or to inquire about GA representation
at your event, please contact GA at

1-855-222-5542 (toll-free)
702-529-0202

THE SERENITY PRAYER

**God, grant me the serenity
to accept the things I cannot change,
courage to change the things I can,
and the wisdom to know the difference.**

Amen.

MONDAY

7:00 AM – 8:00 AM	The Recovery Room
9:00 AM	The Recovery Room
10:00 AM	Unity Club
12:30 PM	Christ the Servant Lutheran
1:30 PM	The Meeting Space
NOTE: This replaces the 1:00 PM Good Samaritan meeting	
6:00 PM (Step Study)	The Recovery Room **
6:00 PM (Español-Spanish)	Unity Club
6:15 PM	Boulder City Annex
7:00 PM (1/2 Therapy/1/2 Discussion)	Canyon Ridge Christian Church
	Room C-120
7:00 PM (Español-Spanish)	Grupo Guerreros
7:00 PM (Español-Spanish)	Grupo Renacer
7:00 PM – 8:00 PM	Mountain View Presbyterian Church
7:00 PM (Español-Spanish)	Nuevo Amanecer
7:30 PM – 8:30 PM	The Meeting Space
8:00 PM	Unity Club

TUESDAY

7:00 AM – 8:00 AM	The Recovery Room
9:00 AM	The Recovery Room
10:00 AM – 11:00 AM	The Meeting Space
10:00 AM	Praise Church *
10:00 AM – 11:00 AM	Pahrump, NV *
10:00 AM	Unity Club
11:00 AM <u>GAM-ANON</u>	The Recovery Room
1:30 PM	The Meeting Space

NOTE: This replaces the 1:00 PM Good Samaritan meeting

6:00 PM	The Recovery Room
6:00 PM	St. Rose Hospital
6:00 PM (Español-Spanish)	Unity Club
7:00 PM (Español-Spanish)	Grupo Guerreros
7:00 PM (Español-Spanish)	Grupo Renacer
7:00 PM (Español-Spanish)	Nuevo Amanecer
7:30 PM	Grace in the Desert
8:00 PM	Unity Club
8:30 PM	Senior Citizen Center *

WEDNESDAY

7:00 AM – 8:00 AM	The Recovery Room
9:00 AM	The Recovery Room
10:00 AM (Step Study)	Unity Club **
1:30 PM	The Meeting Space
NOTE the time change from 1:00 pm to 1:30 PM	
4:45 PM – 5:45 PM (Speaker Meeting)	The Recovery Room
6:00 PM	Telephone Meeting
Conference Call Platform—Call (712) 770-4160	
Participant Access Code: 611704#	
6:00 PM – 7:00 PM	NV Council
6:00 PM	The Recovery Room
7:00 PM (Español-Spanish)	Grupo Guerreros
7:00 PM (Español-Spanish)	Grupo Renacer

WEDNESDAY (continued)

7:00 PM (Español-Spanish)	Nuevo Amanecer
7:00 PM	Senior Citizen Center *
7:00 PM	Senior Citizen Center *
7:30 PM	KCB Club
8:00 PM (Candlelight)	Unity Club

THURSDAY

7:00 AM – 8:00 AM	The Recovery Room
8:00 AM – 9:00 AM	The Serenity Club
9:00 AM	The Recovery Room
10:00 AM – 11:00 AM	Pahrump, NV *
10:00 AM	Unity Club
12:30 PM	Christ the Servant Lutheran
(Topic Meeting: Reflection for the Day)	
1:00 PM (Topic)	Canyon Ridge Christian Church
	Room C-120
1:30 PM (X-Comment)	The Meeting Space
NOTE: This replaces the 1:00 PM Good Samaritan meeting	
4:00 PM	Unity Club
6:00 PM – 7:00 PM	Las Vegas Rescue Mission
	Men's Library
6:00 PM	The Recovery Room
6:00 PM (Español-Spanish)	Unity Club
7:00 PM (Español-Spanish)	Grupo Guerreros
7:00 PM (Español-Spanish)	Grupo Renacer
7:00 PM (Español-Spanish)	Nuevo Amanecer
7:00 PM <u>GAM-ANON</u>	St. Timothy's (Henderson)
NOTE: On the 1 st Thursday of every quarter, the meeting at St. Timothy's will be a JOINT GA & GAM-ANON meeting.	
7:00 PM – 8:00 PM	St. Timothy's (Henderson) **
Step Study on 3 rd Thursday of the month	
8:00 PM – 9:00 PM (Topic)	Unity Club

FRIDAY

7:00 AM – 8:00 AM	The Recovery Room
9:00 AM (Meditation)	The Recovery Room
10:00 AM	Unity Clubz
1:00 PM – 2:00 PM	Serenity Club
1:30 PM	The Meeting Space
NOTE: This replaces the 1:00 PM Good Samaritan meeting	
3:00 PM (Español-Spanish)	Triangle Club
6:00 PM	The Recovery Room
6:00 PM	St. Rose Hospital
6:00 PM (Español-Spanish)	Unity Club
6:30 PM	Lamb of God Church
	Room: 101
NOTE: NO meeting on 10/25, 11/1, 11/29 and 12/27	
6:30 PM <u>GAM-ANON</u>	Lamb of God Church
	Room: 102
NOTE: NO meeting on 10/25, 11/1, 11/29 and 12/27	
7:00 PM (Español-Spanish)	Grupo Guerreros
7:00 PM (Español-Spanish)	Nuevo Amanecer
7:30 PM (Step Study + Meditation)	All Saints Episcopal
7:00 PM	Lakes Lutheran Church
8:00 PM – 9:00 PM	Unity Club

SATURDAY

8:00 AM – 9:00 AM	The Recovery Room
8:30 AM – 9:30 AM	Unity Club
9:00 AM	Foundation for Recovery
10:00 AM	Unity Club
11:30 AM – 12:30 PM	Lakes Lutheran Church
12:00 PM	The Meeting Space
1:00 PM	The Recovery Room
1:30 – 2:30 PM	Mesquite Boxing Club *
4:00 PM – 5:00 PM	Pahrump, NV *
6:00 PM	The Recovery Room
6:00 PM	St. Rose Hospital, Siena Campus
6:00 PM (Español-Spanish)	Triangle Club
6:00 PM (Español-Spanish)	Unity Club
7:00 PM (Therapy/Discussion)	Grace in the Desert
7:00 PM (Español-Spanish)	Grupo Guerreros
7:00 PM (Español-Spanish)	Nuevo Amanecer
8:00 PM	Unity Club

SUNDAY

8:00 AM	The Recovery Room
8:30 AM	Unity Club
11:00 AM	Unity Club
12:00 PM – 1:00 PM	The Meeting Space
NOTE: This replaces the 11:30 AM Serenity Club meeting	
1:00 PM	The Recovery Room
3:00 PM	Triangle Club
6:00 PM	The Recovery Room
6:00 PM – 7:00 PM (Speaker Meeting)	Unity Club
7:00 PM (Español-Spanish)	Grupo Guerreros
7:00 PM (Español-Spanish)	Nuevo Amanecer
7:30 PM	Unity Club

UNLESS OTHERWISE NOTED:

Meetings last 1 1/2 hours and are:
Non-Smoking / Open / Therapy / Discussion

NOTE:

GAM-ANON and SPANISH (Español) meetings are included on this list and are noted as such.

* Indicates a meeting outside the Greater Las Vegas Area

** Indicates a STEP-STUDY meeting that is NOT recommended for first time/brand new members.



NEVADA CARE CONNECTION RESOURCE CENTER



For
Information
and
Resources

Call
702-364-2273
or Toll Free
844-850-5113

*Serving Clark, Esmeralda, Nye &
Lincoln Counties*

Care Connection Resource Center

A free program providing one-on-one decision support for older adults, individuals with disabilities & caregivers seeking information and assistance.

- **Learn About Options**
- **Plan for Care**
- **Connect to Services**

Services Include:

- Assistance and Advocacy
- Benefits Counseling
- Care Planning
- Caregiver Support
- Care Transitions
- Eligibility and Access to Services
- Information and Referrals
- Medicare Savings & Extra Help



Nevada Senior Services 901 N. Jones Blvd, Las Vegas, NV 89108

email: ccrc@nevadaseniorservices.org

**Funded by: Nevada Aging & Disability Services Division
Senior Citizens Advisory Board - Page 50**

Submitted at Meeting by Ellen Grossman
Date: 12/9/19 Item: 7

Eat, Laugh & Be Well...

This 2 hour program will include lunch and a tour of Relaxation, Nutrition, Laughter, Stretching and Wellness opportunities for senior adults. Eat, Laugh & Be Well is a fun introduction to Seated Yoga, Laughing Yoga, and Chi Kung. Appropriate for ANY fitness level everything can be done while seated!

**Free Wellness
Programs For
Seniors 60+
A healthy lunch
& learn!**

**Eat, Be
Happy &
Be Well..**



This 2 hour program includes a FREE “Super Foods” meal prepared by a Nevada Senior Services’ chef , an educational presentation, “Keeping the Blues Away” and a “HaPpY” seated dance program

**Call 702-333-1546 for information or
reservations for a workshop in your area**



Senior Citizens Advisory Board, Page 51
Possible through support from the
Nevada Aging and Disability Services Division



Aging Mastery Program®

National Council on Aging



10 courses in a five-week program:

Navigating Longer Lives • Exercise and You

Sleep • Healthy Eating and Hydration

Financial Fitness • Advance Planning

Healthy Relationships • Falls Prevention

Medication Management • Community Engagement

Join the Adventure!

nevadaseniorservices.org

Eat, Sleep & Be Well....

A Program for Seniors 60+



Contact:

Ellen

Grossman

Nevada Senior
Services

(702)

333-1546

**This 2 hour FREE
Program includes a
delicious, healthy lunch,
an educational
presentation, "Let's Just
Sleep" and a seated
mindfulness relaxation
program**



NEVADA SENIOR SERVICES

Programs & Services



FREE COMMUNITY PROGRAMS :

GAP Comprehensive Geriatric Medical Assessment Program & Wellness Outreach

- Be Well Series
- NCOA Aging Mastery Program



Caregiver Support Programs at the Adult Day Care Centers of Las Vegas & Henderson



RCIREACH - Skills2Care

Caregiver coaching & support programs with a focus on dementia, with socialwork or occupational therapy strategies.

CARE TRANSITIONS

From Hospital to Home

702-364-2273

Nevada Care Connection
Resource Center



Nevada Senior Services



Nevada Senior Services
www.nevadaseniorservices.org

Adult Day Care Center of Las Vegas
901 North Jones Boulevard
Las Vegas, NV 89108
Phone (702)648-3425
Fax (702) 648-1408
www.adultdaycarelv.org

Adult Day Care Center of Henderson
1201 Nevada State Drive
Henderson, NV 89002
Phone (702)368-2273
Fax (702) 243-2273
www.adultdaycarehenderson.org

Nevada Senior Services is a nonprofit 501 c 3 organization dedicated to providing programs, services and research initiatives aimed at improving the physical, spiritual, and emotional health of individuals and their care partners who are facing the challenges of chronic disease, disability and aging. Nevada Senior Services is an equal opportunity provider and operates with the support of Nevada Senior Citizens Advisory Board - Page 53 ADSD and the Child and Adult Care Food Program.

NEVADA SENIOR SERVICES

ADULT DAY CARE CENTERS OF LAS VEGAS & HENDERSON



SENIOR ADULT WELLNESS & CARE PARTNER PROGRAMS



HONORING OUR MOTHERS & FATHERS
with a dedication to community living with independence & dignity

Enriching lives:

Keeping a loved one at home as long as possible is a goal that many of us share. We strive to become an extension of your home environment with caring, personalized service, helping to avoid or postpone institutional admission by bridging the gap for caregivers with compassionate, professional respite care.

The Centers provide help to caregivers:

- A respite from 24 hour responsibility
- An alternative to expensive in-home care
- The ability to keep your loved one at home longer
- The assurance your loved one receives nursing supervision and social interaction



Adult Day Care Centers of
Las Vegas & Henderson
are committed to a
Community of Caring

Extended Open Hours
Monday - Friday, 6:30 am to 6:30 pm
Saturday 8:00 am to 6:00 pm
Sundays (LV only) 8:00 am to 6:00 pm



Our Centers provide a comprehensive program that features:

- **Diverse activities**, recreation programs and daily live entertainment - all designed to renew enthusiasm for life
- **Opportunities** to develop new friendships in a stimulating and supportive environment.
- **Supervision** and care for all day in a specially designed environment of safety and comfort
- **Individualized care** by a well-trained, concerned team of professionals
- **2 meals & snacks daily** – special diets and nourishment support is accommodated

Call us now about helping you care for your loved ones and schedule your appointment to tour our facilities

(702) 648-3425 Las Vegas
Senior Citizens Advisory Board - Page 54
(702) 368-2273 Henderson

Our Adult Day Care Services are designed for individuals with:

- Physical challenges
- Cognitive problems such as dementia, confusion, and Alzheimer's disease
- Special medical needs such as diabetes or hypertension
- Neurologically related problems such as Parkinson's disease, MS, post-stroke, or traumatic brain injury

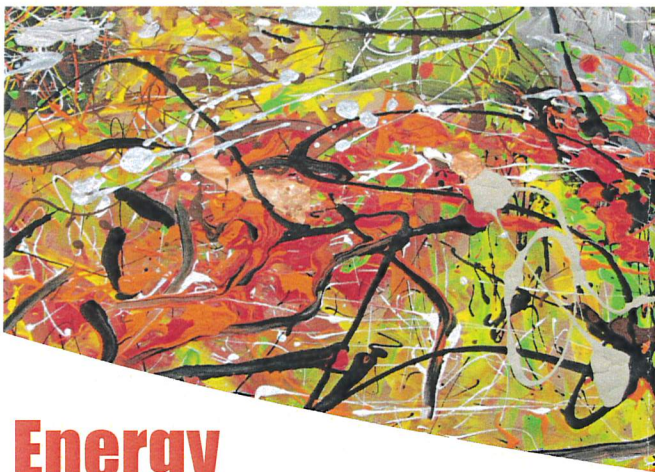


Individualized Care Plans:

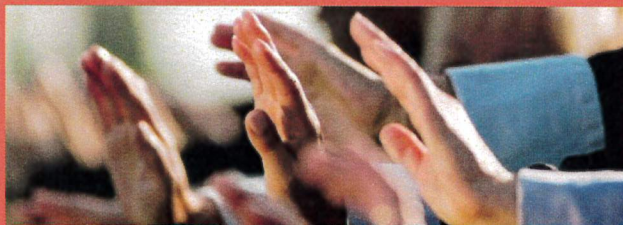
Each of our participants have their own comprehensive, coordinated treatment plan, developed in consultation with the participant's private physician.

Our well-trained, team of professionals includes:

- Nurse
- Social Worker
- Geriatric Care Specialist
- Activity Specialist
- Certified Nursing Assistants



Energy Creativity Connectivity



New Pathways Café & Connections

Programs have a nominal session charge and financial assistance may be available to qualified applicants.

OUR STRATEGY

Nevada Senior Services offers a comprehensive range of quality programs, education and resources, designed to maintain physical, spiritual and emotional health through innovation, evidence-based results and best practices.

WE CARE

Nevada Senior Services' Social Work Staff is here for you and your family. We offer assistance, support and information through Nevada Senior Services' social work and community programs. Please contact us if you need help. We are here to serve you.

Are you or someone you know
experiencing changes in
memory?
Early intervention can help.

New Pathways Café and Connections



Nevada Senior Services

901 N. Jones Boulevard
Las Vegas, NV 89108
(702) 648-3425

www.nevadaseniorservices.org

OUR MISSION

Nevada Senior Services is a non-profit 501 (c) 3 organization providing compassionate care and services to adults and their caregivers, facing the challenges of chronic diseases, disabilities, and aging to remain in the community with dignity.

Nevada Senior Services Memory Loss Programs



"In memory everything seems to happen to music."

-Tennessee Williams

(702) 333-1538

New Pathways



Café

Accepting Applications

Tuesdays—9:00 am to 12:30 pm

A program for people with early memory loss and their families.
Each session lasts for 16 weeks.

Weekly Programs Include:

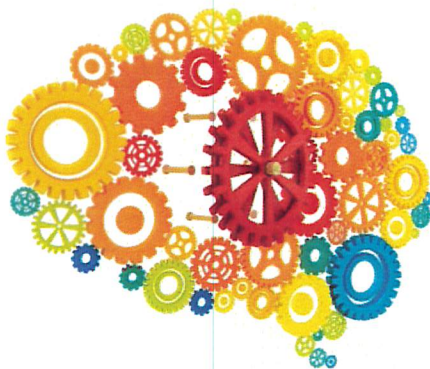
- Group Discussions
- Memory Strategy Techniques
- Art
- Music
- Movement
- Continental Breakfast & Snacks
- Care Partner Support

Located at :

Adult Day Care Center of Las Vegas
901 N. Jones Blvd. Las Vegas, NV 89108

Program Benefits:

- Learn memory tools
- Improve knowledge about memory
- Enrich mental and physical wellbeing
- Connect with supportive resources
- Join with others in a positive setting



Connections

A program for people with moderate memory loss and their families.

Located at Adult Day Care Center of Las Vegas
Fridays 9 am—2:30 pm



Weekly Themed Programs:

- Art Projects
- Creative Dance
- Chi Kung
- Good News
- Music

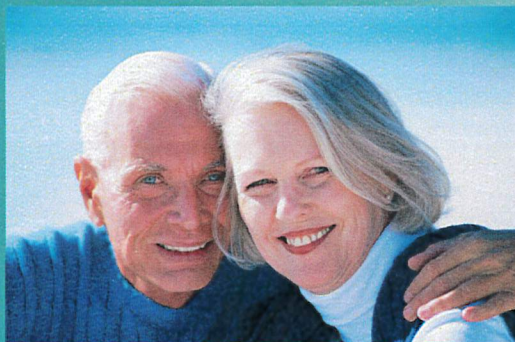


THANK YOU...

New Pathways Café /Connections project was developed with seed funding from the Brookdale Foundation and continuing support through contributions from The Women's Club of Sun City Anthem, and Nevada Aging and Disability Services Division.

COMPREHENSIVE GERIATRIC ASSESSMENT INCLUDES:

- ◆ COMPLETE GERIATRIC MEDICAL EXAM
- ◆ NURSING HEALTH REVIEW
- ◆ OCCUPATIONAL THERAPIST EVALUATION
- ◆ LICENSED SOCIAL WORKER SESSION
- MOOD & MEMORY SCREENING



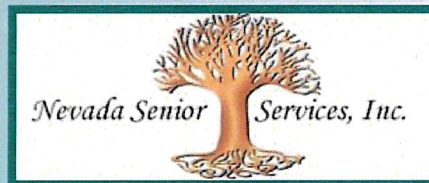
Other Senior Wellness Outreach:



BE WELL SERIES

- Eat, Laugh & Be Well
- Eat, Be Happy & Be Well
- Eat, Sleep & Be Well

WORKSHOPS • HEALTHY MEALS
COMMUNITY WELLNESS PRESENTATIONS
NCOA Aging Mastery Program
702-333-1546



Nevada Senior Services is a non profit ,
501(c) 3 organization operating the Adult Day Care
Centers of Las Vegas and Henderson and other
community programming to support seniors and
adults with disabilities in their effort to remain
healthy and thriving in the community. **GAP** is
made possible through funding from the
**Nevada Aging & Disability Services
Division.**

Adult Day Care Center of Las Vegas

GAP Thursday Clinic

901 N. Jones Blvd.

Las Vegas, Nevada 89108

Phone (702) 648-3425

Fax (702) 648-1408

Direct Info (702) 333-1546

www.nevadaseniorservices.org

Adult Day Care Center of Henderson

1201 Nevada State Drive

Henderson, NV 89002

Phone (702) 368-2273

**For Appointments
Call; (702) 368-2273**

* GAP is free for older adults 60+. Physicians'
fees are billed to medicare/insurance or
Senior Citizens Advisory Board - Page 57
paid through a grant from NV ADSD. There
is no cost to the patient.



GAP

Geriatric Assessment Program

**A
*FREE**

**COMPLETE
MEDICAL
EVALUATION
& WELLNESS
PROGRAM
FOR
SENIORS**





A Comprehensive Approach to Healthcare for Healthy Aging...

The GAP Team



L to R : Marcy Cherek, LSW, MSW, Corinne Trenholm, MS, OTR/L, Linda Holpuch, RN, Ellen Grossman, Program Manager, Julie Zacharias-Simpson, DO.

Why Do Seniors Need a Geriatric Assessment?

Things can change as we age – A fall, a hospitalization, multiple chronic conditions, changes in memory, fluctuations in metabolism, etc. Many illnesses that commonly affect the older adult are manageable with lifestyle changes, diet modification, exercise, medication management and an individualized plan of services and support.

You have TIME to talk to a Doctor, Social Worker, Occupational Therapist & Nurse

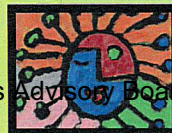
Through the Nevada Senior Services team approach, Southern Nevada's finest healthcare providers, individuals and their families work together to improve and maintain the highest quality of life for men and women in our community.

In-Depth Evaluations Include:

- Fall Prevention
- Memory Loss
- Mobility
- Current and Past Illnesses
- Depression & Emotional Health
- Impaired Vision or Hearing
- Nutritional Concerns
- Medication Review
- Home Safety
- Caregiver Network and Services
- Daily Living Activities
- Recent or Impending Life Changes

**FOR APPOINTMENTS:
Call: (702) 368-2273**

**For program information:
Call: (702) 333-1546**



Why Choose the Geriatric Assessment Program (GAP)?

The program provides a “no wrong door” approach to senior healthcare. Clients are assessed by a team of the finest Geriatricians Social Workers, Occupational Therapists and Nurses in Southern Nevada. GAP encompasses all of the clients’ diseases, disabilities, cognitive abilities, medications, self-care behaviors, health-related lifestyle habits, psychological conditions, environmental risks, family and/or friend support systems.

Will I have to change my Primary Care Physician?

No, the GAP program will send all reports to your primary care doctors, as directed by the patient. The complete GAP assessment is approximately 2 hours. Appointments allow patients and/or family/caregivers, 45 minutes to discuss their health issues with the geriatric physician. This allows adequate time to answer questions and review the patient's and caregiver's needs. GAP is an evaluation program. GAP physicians make recommendations; they do not order tests or write prescriptions.

How Does GAP Help Caregivers?

At the GAP Program, we look at the “whole picture”. This includes offering support, information and services to benefit both the patient and the caregiver.



- Accessibility
- Capability
- Adaptability
- Safety
- Design

RAMP home modification program provides an experienced specialist to visit your home and develop a design plan with the goal of helping you function safely and independently in your living space. At RAMP, we design modifications to the highest standards of function, safety and aesthetic appeal.

If you need to modify an existing home or apartment or are moving to a new location, our specialists can meet with your contractor to develop a plan to meet your requirements prior to construction.

Nevada Senior Services

is a nonprofit 501 c 3 organization dedicated to providing programs, services and research initiatives aimed at improving the physical, spiritual, and emotional health of individuals and their care partners who are facing the challenges of chronic disease, disability and aging.



Nevada Senior Services

♦ RAMP

(702) 538-8743

(702) 648-3425 ext.225

www.rampnv.org

• **Adult Day Care Center of Las Vegas**
901 N. Jones Boulevard
Las Vegas, NV 89108
(702) 648-3425

• **Adult Day Care Center of Henderson**
1201 Nevada State Drive
Henderson, NV 89002
(702) 368-2273

Senior Citizens Advisory Board - Page 59
www.nevadaseniorservices.org



RENOVATE • ACCESSIBLE • MOBILITY • PREVENTION

A Nevada Senior Services Program

Affordable
Solutions
for Home
Modifications
for Safety &
Independence



(702) 538-8743
www.rampnv.org

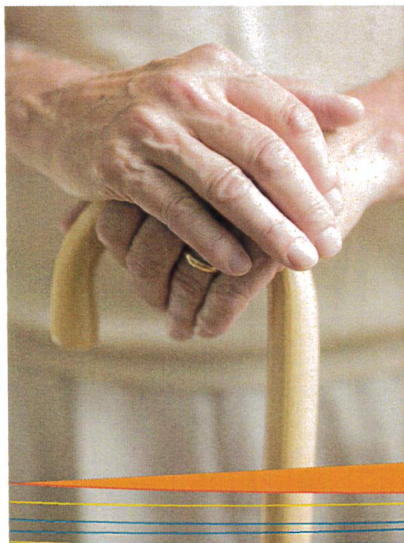
NV Contractor's License # 0077876
NV MHD License # R1031

RAMP is funded through a grant from
the Nevada Aging and Disability
Services Division

Adapt your space to live independently and safely in your home



RENOVATE • ACCESSIBLE • MOBILITY • PREVENTION



Elements of a Home Modification Plan:

- ◆ Grab bars in bathrooms
- ◆ Handheld showerheads
- ◆ Adaptable faucets
- ◆ Walk-in showers
- ◆ Handrails for stairs
- ◆ Adjustments to cabinets
- ◆ Ramps
- ◆ Widened doorways and entry

Home Modifications Example Include:

- ◆ Remodeling & Renovation
- ◆ Home Safety & Fall Prevention
- ◆ Pre-Construction Consultation
- ◆ Lifespan Design
- ◆ Adaptive Equipment
- ◆ Universal Accessibility



The **RAMP** process :

- ◆ Contact our center and arrange for an appointment with a consultation specialist. Typical appointments last approximately one hour
- ◆ After a thorough assessment, you will be provided with a report of recommendations to increase the accessibility, mobility and safety in your home
- ◆ A skilled, RAMP home modification specialist can be scheduled to complete the project or our consultant can work directly with your contractor
- ◆ Our specialists will provide pricing and if requested, funding information



Call (702) 538-8743



Senior Citizens Advisory Board Page 60
RENOVATE • ACCESSIBLE • MOBILITY • PREVENTION

HOSPITAL 2 HOME



What Care Partners Should Know...

Studies show Dementia Caregivers are at increased risk for:

- ◇ Depression
- ◇ Vulnerability to Illness
- ◇ Financial Loss
- ◇ Social Isolation
- ◇ Anxiety, Upset, Feeling Overwhelmed
- ◇ Increased Mortality

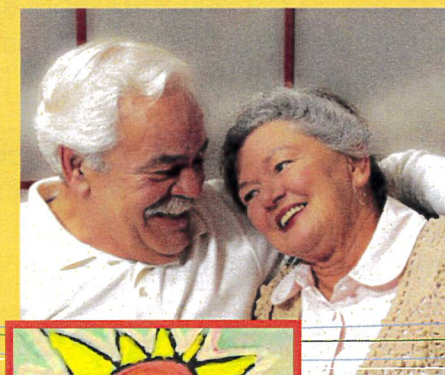


We CARE ...

Nevada Senior Services Social Work Staff is here for you and your family. We offer FREE assistance, support and information at the Adult Day Care Centers of Las Vegas and Henderson. Please contact us if you need help or a hug. We are here to serve you.

Nevada Senior Services

Programs for CARE PARTNERS



Nevada Senior Services is dedicated to providing programs, services and research initiatives aimed at improving the physical, spiritual, and emotional health of individuals and their care partners who are facing the challenges of chronic disease, disability and aging.

HOSPITAL 2 HOME Care Transitions, The Bridge Model is a person-centered program providing support and care coordination for patients living with Alzheimer's and other dementias, and their caregivers, from hospital to home.

For Information & Enrollment in your area:
ccrc@nevadaseniorservices.org or
call (702) 364-2273 / toll free
(844) 850-5113

Nevada Senior Services Care Partner Institute

(702) 364-2273 (844) 850-5113

toll free

Adult Day Care Center of Las Vegas

901 N. Jones Boulevard
Las Vegas, NV 89108
Phone (702) 648-3425
Fax (702) 648-1408

Adult Day Care Center of Henderson

1201 Nevada State Drive
Henderson, NV 89002
Phone (702) 368-2273
Fax (702) 243-2273

www.nevadaseniorservices.org

Senior Citizens Advisory Board - Page 61

Several programs are made available through the support of NV Aging & Disability Services Division

"It is one of the most beautiful compensations of life, that no man can sincerely try to help another without helping himself."

-Ralph Waldo Emerson

REACH

HELP IS IN REACH



RCI REACH is a FREE PROGRAM for family caregivers of persons with Alzheimer's disease or other forms of dementia

RCI REACH is an in-home, tailored, caregiver support program consisting of 12 individual sessions in home and by telephone over a six-month period

RCI REACH provides evidence-based education, a focus on safety for the patient, support for the caregiver, and skills building to help caregivers manage difficult patient behaviors and decrease their own stress

Skills₂Care®

Occupational therapy strategies for caregivers of individuals with memory loss. provides evidence-based education, a focus on safety for the patient, support for the caregiver, and skills building to help caregivers

Care Consultation

Caregiver Phone Support



Care Consultation is a FREE, telephone-based information and support service for caregivers across the lifespan. Care

Consultation provides ongoing help to find practical solutions related to concerns about health, care and well being.

CARING for YOU CARING for ME

A five-part series addressing the needs of family and professional caregivers by bringing them together in a relaxed setting to discuss common issues, share ideas, and gain a better understanding of each other's perspective on what it means to be a caregiver.

FOR INFORMATION CALL:
CARE PARTNER INSTITUTE
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Toll Free (844) 850-5113

RESPITE CARE & SUPPORT SERVICES



is available to care partners for a few hours a week to allow personal time and a break from 24 hour caregiving. Our professional and friendly staff are at your service for necessary errands, caregiving and companionship for loved ones. This program is free to qualified families. **CALL (702) 333-1599**

FREE Caregiver Support Groups :

Adult Day Care Center of Las Vegas*
(702) 648-3425

1st Wednesdays 10:00 - 11:00 am

3rd Wednesdays 10:00 - 11:00 am

Adult Day Care Center of Henderson*
(702) 368-2273

2nd Tuesdays 10:00 - 11:00 am

4th Tuesdays 10:00 - 11:00 am

**** Please call Centers to RSVP**

Caregiver Bereavement Group

2nd Wednesday each month

10:00 - 11:00 am

Adult Day Care Center of Las Vegas

Contact Marcy (702) 333-1538

We are here to **HELP...**



David Nichols, BSW
Care Consultant

For Information on
FREE Enrollment

Call or email
(702) 364-2273 or
toll free (844) 850-5113
ccrc@nevadaseniorservices.org

Hours:
M-F 8:00 AM—4:30 PM

What Care Partners Should Know...

Studies show caregivers are at increased risk for:

- Depression
- Vulnerability to Illness
- Financial Loss
- Social Isolation
- Anxiety
- Increased Mortality

We CARE ... Nevada Senior

Services is here for you and your family. We offer FREE assistance, support and information. Please contact us if you need help or a hug. We are here to serve you.
www.nevadaseniorservices.org

Nevada Senior Services, Inc.

901 N. Jones Boulevard
Las Vegas, NV 89108
Phone (702) 648-3425

Senior Citizens Advisory Board - Page 63

Nevada Senior Services

Care Consultation

Caregiver Phone
Support



A **FREE** telephone support program for caregivers of individuals, throughout the lifespan, living with a chronic condition. Care Consultants offer support to empower, educate and improve overall wellbeing.

What is Care Consultation?

Care Consultation is a telephone-based information and support service for caregivers across the lifespan. Care Consultation provides ongoing help to find practical solutions related to concerns about health, care and well being.



Convenience...

You don't have to leave your home to use Care Consultation. All sessions take place over the phone.

Key Features

- Participants engage in telephone sessions with a Care Consultant over a period of 12 months
- Individuals and their Care Consultant work together to identify and better understand issues of concern
- A customized plan is developed with specific action steps
- Personalized coaching is provided to support and empower participants by addressing and resolving issues



Common Concerns:

- Accessing community-based services
- Building a support team
- Assessing home safety
- Managing communication and behaviors
- Attending to legal & financial issues
- Planning for future care
- Reducing social isolation
- Addressing other care-related concerns





For REACH info Call (702) 364-2273
Toll Free (844) 850-5113

Adult Day Care Centers
of Las Vegas and Henderson

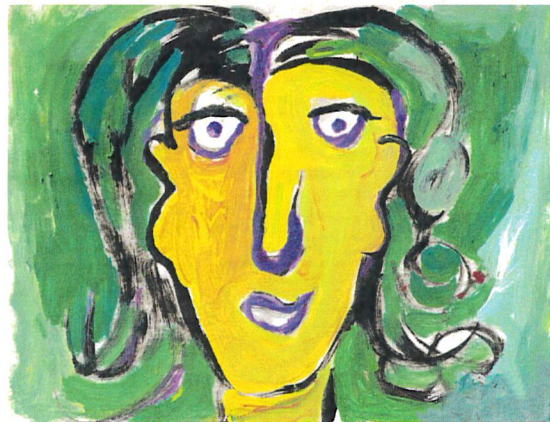
901 N. Jones Blvd., Las Vegas, NV 89108

(702) 648-3425

1201 Nevada State Dr., Henderson, NV 89002

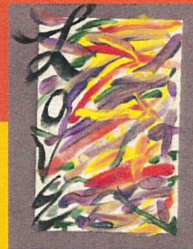
(702) 368-2273

www.nevadaseniorservices.org



Nevada Senior Services is a nonprofit organization operating the Adult Day Care Centers of Las Vegas and Henderson and numerous other community programs including RCI REACH.

The RCI REACH program was developed by the Rosalynn Carter Institute for Caregiving (RCI) at Georgia Southwestern State University and is made available through the support of Nevada Aging and Disability Services Division.



*"There are only four kinds of people
in the world –
those who have been caregivers,
those who are currently caregivers,
those who will be caregivers and
those who will need caregivers."*

- Rosalynn Carter

Senior Citizens Advisory Board - Page 65

REACH out ...



**CARING FOR A
LOVED ONE WITH
ALZHEIMER'S DISEASE
OR DEMENTIA?**

Help is in **REACH**



Call
(702) 364-2273
(844) 850-5113 Toll Free

Help... Hope... Support.

Compassion, Care & Understanding



**According to Laura J. Bauer, Director
of National Initiatives for the RCI,**

"Family caregivers are the true backbone of the long-term care system in the United States. The aim of the RCI REACH program is to assure that these caregivers receive support services that have been proven clinically effective in reducing the burden and depression associated with caregiving."

Program Objectives:

- Improvement in overall caregiver health and depression
- Reductions in feelings of burden from caregiving
- Improvement in management of troubling behaviors of the care recipient
- Keeping seniors in the community, with dignity to avoid institutionalization

RCI REACH
(Resources for
Enhancing Alzheimer
Caregiver Health)

RCI REACH
is a FREE PROGRAM for
family caregivers of persons
with Alzheimer's disease or
other forms of dementia

RCI REACH
provides evidence-based
education, a focus on safety
for the patient, support for
the caregiver, and skills
building to help caregivers
manage difficult patient
behaviors and decrease their
own stress.

RCI REACH
is a tailored, one-on-one,
caregiver support and
educational program
consisting of 12 individual
sessions in the home and by
telephone over a six-month
period.



The Beautiful Artwork that appears in this informational brochure was provided by participants in the Creative Arts Program at the Adult Day Care Centers of Las Vegas and Henderson. Senior Citizens Advisory Board - Page 66



Corinne Trenholm, OTR/L

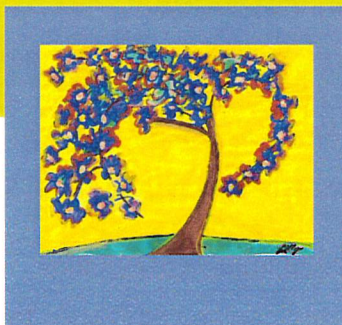


**For Info Call (702) 364-2273
Toll Free (844) 850-5113**

**Adult Day Care Centers
of Las Vegas and Henderson**
901 N. Jones Blvd., Las Vegas, NV 89108
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1201 Nevada State Dr., Henderson, NV 89002
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Nevada Senior Services is a nonprofit organization operating the Adult Day Care Centers of Las Vegas and Henderson and numerous community programs for seniors, caregivers and those living with disabilities.

Skills₂Care® is a program from Jefferson College of Health Professions made available through the support of Nevada Aging and Disability Services Division.



*"There are only four kinds of people
in the world –
those who have been caregivers,
those who are currently caregivers,
those who will be caregivers and
those who will need caregivers."*

- Rosalynn Carter
Senior Citizens Advisory Board - Page 67

FOR DEMENTIA CAREGIVERS



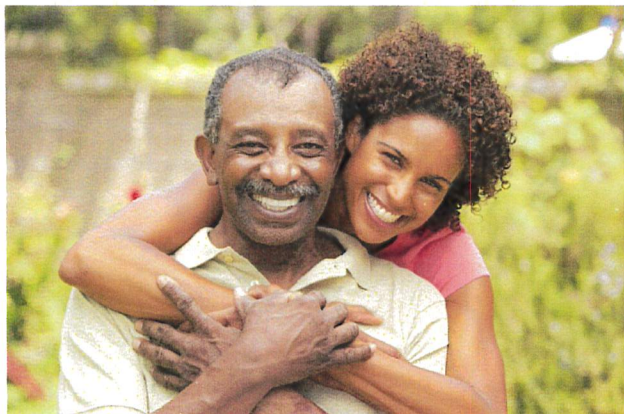
Skills₂Care®

**CARING FOR A
LOVED ONE WITH
ALZHEIMER'S DISEASE
OR DEMENTIA?**

Call
(702) 364-2273
(844) 850-5113 Toll Free

Help... Hope... Support.

Compassion, Care, Safety & Understanding



About Skills₂Care®

Caring for individuals with dementia can be difficult. Skills₂Care® is a program to help caregivers manage more effectively. In this program, a Skills₂Care® Occupational Therapist (OT) visits the home of the person with dementia to learn about care challenges and evaluate the home environment. The OT then develops and helps implement a set of strategies that are customized to address the unique needs of each individual.

Skills₂Care® Provides:

- Understanding of dementia and its impact on families
- Tools for effective communication
- Simple strategies to manage challenging behaviors
- Individualized home safety plans
- Self-care and coping techniques to reduce stress
- Techniques to engage in meaningful activities

Skills₂Care® (Resources for Enhancing Alzheimer Caregiver Health)

Skills₂Care® is a FREE program for family caregivers of persons with Alzheimer's disease or other forms of dementia

Skills₂Care® provides evidence-based education, a focus on safety for the patient, support for the caregiver, and skills building to help caregivers manage difficult patient behaviors and decrease their own stress.

Skills₂Care® is a tailored, one-on-one, caregiver support and educational program consisting of at least 5 individual sessions in the home and by telephone.



Skills₂Care® is a Trademark of Thomas Jefferson University. Skills₂Care® is funded through a grant from Nevada Aging & Disability Services Division. The artwork that appears in this brochure was provided by participants in the Creative Arts Program at the Adult Day Senior Citizens Advisory Board - Page 68.

We are here to HELP...

R_x Respite: *Care provided to Caregivers to offer a short period of rest or relief.*

HOSPITAL 2 HOME enrolled participants receive one-on-one support from a trained RESPITE COACH and up to 20 hours of free care for a loved one with memory loss. Take a break, take a nap, go for a walk, run errands, invest in YOUR self-care.



For Information on FREE Enrollment

Call or email
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toll free (844) 850-5113
ccrc@nevadaseniorservices.org

Hours:
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Appointments are available

Program Partners:



Cognitive Solutions LLC

Nevada Senior Services

HOSPITAL 2 HOME

**A Dementia Capable
Care Transitions Program**



We are here to HELP ...

Hospital 2 Home is a person-centered program providing support and care coordination for patients living with Alzheimer's and other dementias, and their caregivers, from hospital to home.

We CARE ... Nevada Senior Services is here for you and your family. We offer FREE assistance, support and information. Please contact us and let us know how we can help. We are here to serve you.

HOSPITAL2HOME.ORG
NEVADASENIORSERVICES.ORG

This program is supported in part by a cooperative agreement # NV90ALGG0015 from the Administration on Aging (AoA), Administration for Community Living (ACL), U.S. Department of Health and Human Services (DHHS). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent those of the Senior Citizens Advisory Board.

What is Hospital 2 Home ?

Hospital 2 Home is designed to aid and support adults with memory loss and their caregivers during the care transition from hospital to home.

This transitional care program is delivered by social workers who provide in-person and telephone follow-up, caregiver support and short-term care coordination for recently discharged patients.



The Program

The Bridge Model, an evidenced– based care transitions program, provides assistance to bridge gaps in care, resolve challenges, and provide access to long-term resources.

The Care Transitions Specialist—Social Worker will engage with patients experiencing memory loss and their caregiver after the discharge process to support the transition from hospital to home.

The Benefits

- **BETTER** health outcomes
- **REDUCED** re-hospitalizations
- **ENHANCED** care coordination
- **IMPROVED** medication management
- **MEDICAL** stability—short and mid term
- **DECREASED** caregiver burden
- **ACCESS** to long term care resources
- **INCREASED** patient engagement

How to Access Care Transitions

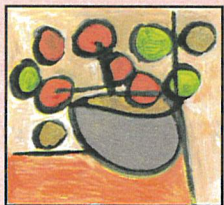
1. Upon admission, begin conversations about a discharge plan with your hospital support team (i.e. nurse, case manager or social worker).
2. Contact your hospital support team about making a referral to Care Transitions.
3. Schedule a bedside visit with your Care Transitions Specialist from Nevada Senior Services.



We are here to HELP...



Nora Kraidman, MS, GCM
Nora Kraidman has an MS in Clinical Mental Health Counseling and is certified in Geriatric Care Management and RCI REACH (Rosalynn Carter Institute Resources for Enhancing Alzheimer's Health). Nora is also a Certified Yoga Instructor with enhanced training in Trauma Recovery Yoga and Yoga for Seniors.

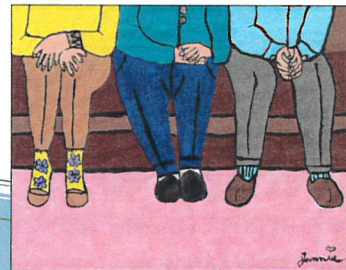


For Information

Call or email

(702) 333-1548

nkraidman@nevadaseniorservices.org

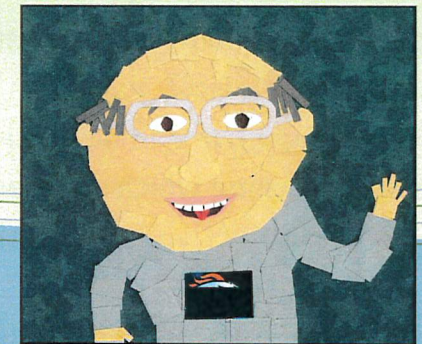


We CARE ...

Nevada Senior Services is here for you and your family. We offer many programs for caregiver support and information and senior wellness.

Please contact us and let us know how we can help. We are here to serve you.

Nevada Senior Services
COMPREHENSIVE
CARE
MANAGEMENT
For Older Adults



We are here to
HELP ...

Geriatric Care Management

The goal of a Geriatric Care Manager is keeping older adults safe, happy and healthy in the community. Our program includes a comprehensive assessment of physical, psychological, social, nutritional, cognitive and healthcare issues to determine which services are most beneficial.

The Geriatric Care Manager will develop and implement a customized care plan inclusive of family, primary caregivers, friends, physicians and other professionals involved with the client's physical and emotional wellness.

The Program

The Geriatric Care Manager establishes a long-term relationship with the older adult and serves as the liaison for family, caregivers and the professional community:

- Act as an advocate for the older adult
- Accompany clients to medical appointments
- Navigate the healthcare and social services systems
- Coordinate medical services
- Facilitate access to and use of community resources
- Support and communicate needs with home health aides and other caregivers
- Mediate family differences
- Arrange for meal delivery, grocery shopping and related services
- Assist in long-term residential placement if living at home is no longer an option

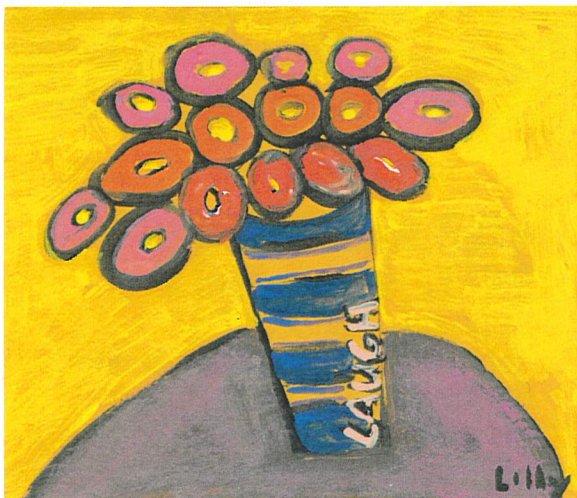
Who Benefits?

- Seniors who live alone and are isolated
- Family members who live out of town or have limited availability
- Individuals who are ill or homebound
- Seniors who have difficulty navigating health services and personal care
- Seniors who have had a change in their health and need assistance to get back on track



Client Review:

Since I live 400 miles away, this program has been unbelievably helpful with the care of my 87 year old Mom who lives with dementia. This gives our family a peaceful feeling knowing that my Mom's needs are being watched over and taken care of. We will continue working with Nevada Senior Services and highly recommend the Comprehensive Care Management Program to anyone needing assistance.
— Mark (son) Oct 2018



**FOR RESPITE Call
(702) 333-1599**

**Adult Day Care Centers
of Las Vegas and Henderson**

901 N. Jones Blvd., Las Vegas, NV 89108

(702) 648-3425

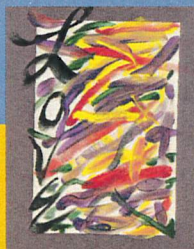
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(702) 368-2273

**The RESPITE CARE & SUPPORT
SERVICES PROGRAM is made possible
through a grant from the Nevada Aging
and Disability Services Division**

Nevada Senior Services is a nonprofit 501 (c) 3 organization operating the Adult Day Care Centers of Las Vegas and Henderson and numerous other community programs including Respite Care & Support Services.

Nevada Senior Services is dedicated to providing programs, services and research initiatives aimed at improving the physical, spiritual, and emotional health of individuals and their care partners who are facing the challenges of chronic disease, disability and aging.



*"There are only four kinds of people
in the world –
those who have been caregivers,
those who are currently caregivers,
those who will be caregivers and
those who will need caregivers."*

- Rosalynn Carter

Senior Citizens Advisory Board - Page 73

RESPITE CARE & SUPPORT SERVICES



CARING FOR A LOVED ONE AND NEED SOME TIME FOR YOURSELF?

A Nevada Senior Services Program

Call
(702) 333-1599

Help... Hope... Support.



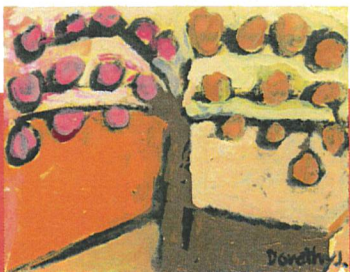
RESPIRE CARE & SUPPORT PROGRAM is available to care partners for a few hours a week to allow personal time and a break from 24 hour caregiving. Our professional and friendly staff are at your service for necessary errands and caregiving/companionship for loved ones.



Care partners' respite time can be whatever they need - a trip to the store, a medical appointment, a nap, or a visit with friends... Respite time allows caregivers an opportunity to recharge energy with peace of mind knowing their loved one is in the hands of a Nevada Senior Services' capable companion.

PROGRAM OBJECTIVES:

- Improvement in overall caregiver health and depression
- Reductions in feelings of burden from caregiving
- Support care partners with respite relief and other services and programs
- Keeping individuals in the community, with dignity to avoid institutionalization



The Beautiful Artwork that appears in this informational brochure was provided by participants in the Creative Arts Program at the Adult Day Care Centers of Las Vegas Senior Citizens Advisory Board - Page 74

HELP, WHEN YOU NEED IT MOST...

Respite Care and Supportive Services is committed to meeting the needs of frail seniors, adults with disabilities and their caregivers by providing relief to the primary caregiver.

This program provides low/moderate income families the opportunity to access quality and compassionate respite services at no cost to the client or family. While no payment is required, voluntary contributions are welcomed to help sustain these services.

Respite is an essential part of the overall support that families may need to care for a family member at home. Respite care can strengthen a family's ability to continue taking care of their loved one at home instead of being placed at a nursing care facility.





NEVADA SENIOR SERVICES

Nevada Senior Services

is a non-profit organization providing compassionate care and services to adults and their caregivers, facing the challenges of chronic diseases, disabilities, and aging to remain in the community with dignity .

Programs supported through grants from the Nevada Aging & Disability Services Division & The Brookdale Foundation. Nevada Senior Services is an equal opportunity provider & operates with the support of Child and Adult Care Food Program.

www.nevadaseniorservices.org

Adult Day Care Center of Las Vegas

CONNECTIONS Moderate Memory Loss Program

901 N. Jones Blvd. Las Vegas, NV 89108 Main # (702) 648-3425

Adult Day Care Center of Henderson

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- **GAP** Geriatric Medical Assessment Program (702) 368-2273
- **SENIOR WELLNESS** Be Well & Aging Mastery® Outreach Programming (702) 333-1546
- **RESPITE CARE** & Support Services- In-Home Services (702) 333-1599
- **RCI REACH** Caregivers (memory loss) Coaching & Support (702) 364-2273
- **SKILLS 2 CARE** Occupational therapy strategies for caregivers (memory loss) (702) 364-2273
- **CARE CONSULTATION™** Free telephone support for ALL caregivers across the lifespan (702) 364-2273 or toll free (844) 850-5113
- **HOSPITAL 2 HOME** Supports adults with memory loss and their caregivers for care transition from hospital to home (702) 364-2273 or toll free (844) 850-5113
- **CAREGIVER PROGRAMS** Caring for You—Caring for Me, Dealing with Dementia, Support Groups (702) 364-2273 or (702) 648-3425
- **CCRC** Care Connection Resource Center (702) 364-2273 / Toll Free (844) 850-5113
- **NEW PATHWAYS CAFÉ /CONNECTIONS** Community-Based Early/Moderate Memory Loss Programs (702) 333-1538
- **CARE MANAGEMENT** Elder adult service coordination and advocacy (702) 333-1548
- **VOLUNTEER OPPORTUNITIES** Facilitate groups, outreach, adult day care activities, office, fundraising, etc. Group volunteer opportunities available (702) 333-1546

Piliwaiwai: Problem Gambling in Hawai'i

Robin-Marie Shepherd PhD

Abstract

Gambling is illegal in Hawai'i, but it is accessible through technology (eg, the internet), inexpensive trips to Las Vegas, and illegal gaming such as lottery sales, internet gambling, and sports betting. Where there are opportunities to gamble, there is a probability that problem gambling exists. The social costs of gambling are estimated to be as high as \$26,300,000 for Hawai'i. Because no peer-reviewed research on this topic exists, this paper has gathered together anecdotal accounts and media reports of illegal gambling in Hawai'i, the existence of Gamblers Anonymous meetings operating on some of the islands, and an account of workshops on problem gambling that were provided by the author on three Hawaiian Islands. Through these lenses of gambling in Hawai'i, it is suggested that there are residents in Hawai'i who do experience problem gambling, yet it is unknown to what extent. Nonetheless, this paper argues that research and perhaps a public health initiative are warranted.

Keywords

problem gambling, at risk groups, public health

Introduction

Over the past four and a half decades gambling has proliferated throughout the United States,¹ increasing the prevalence of problem gambling. The current lifetime prevalence of problem gambling in the United States is 2.2%.² Problem gambling is defined as, "Persistent and recurrent problematic gambling behaviour, leading to clinically significant impairment or distress."³

Despite the illegal implications of gambling, gambling exists in Hawai'i and the increase of technology offers more access to gambling.⁴ This paper argues for more research on gambling and problem gambling in the state of Hawai'i, as well as a public health approach to address the current gambling.

Gambling in Hawai'i

According to the Hawai'i Revised Statutes §712-1220, it is illegal for a person to engage "in gambling if he stakes or risks something of value upon the outcome of a contest of chance or a future contingent event not under his control or influence, upon an agreement or understanding that he or someone else will receive something of value in the event of a certain outcome."⁵ This is distinguishable from social gambling, whereby an individual does not benefit financially,⁶ players compete on equal terms, and the activity is not conducted in a public place.

Problem Gambling in Hawai'i

Although there is a lack of empirical research on problem gambling in Hawai'i, the National Council of Problem Gambling estimated the social and financial damage from problem gambling in Hawai'i could be as high as \$26,300,000.⁷ Furthermore, each problem gambler can potentially cost society \$1,200 each year.⁸ In addition to these costs, problem gamblers often suffer from other addictions, mental illness, and medical problems,⁹

which place a high burden on the healthcare system.¹⁰ Although research is warranted, the Hawai'i House economic development committee rejected a resolution asking the state to study the potential social and economic effects of gambling in Hawai'i.¹¹ Consequently, we can only rely on anecdotal accounts to get a glimpse of problem gambling. The next section describes media reports on gambling problems related to arrests in Hawai'i.

Media Reports

Gambling related arrests have been reported in several local newspapers in Hawai'i. Gambling and crime, particularly problem gambling have been known to be linked.¹² Media reports in the local papers contained two types of gambling arrests in which a percentage are linked to problem gambling. The first type involved individuals who engaged in illegal gambling activities, for example, selling lottery tickets to make money from gamblers. The second type focused on problem gamblers who gamble frequently, lost their money, chased their losses, and resorted to illegal activities to fund this chase. Although the chase is about regaining the financial loss, it is also about the continuation of gambling with the hope that they can absolve feeling powerless and other negative effects.¹³ (see Appendix for a succinct summary).

More recently, local newspapers in Hawai'i featured a story on problem gambling around a recent Super Bowl football event in 2015.¹⁴ Correspondence with staff from a Hawai'i hotline confirmed a significant increase in the number of phone calls both before and after the Super Bowl. One informant noted that this increase was a normal occurrence with other related sports events in which bets were placed (personal communication, Gamblers Anonymous [GA] hotline, 2015). The media also reported that some people in Hawai'i were not aware that sports betting is illegal.¹⁵

Some illegal gambling that occurs in Hawai'i is also done in so called "gambling" houses which attract other illegal activities, including drugs and prostitution.¹⁶ The treasurer of the non-profit Friends of Chinatown in Honolulu said, "Where there's gambling, there's also drugs around."¹⁷ One challenge to the police was that gambling operators often change venues. Also, the presence of internet gambling has decreased the need for gambling houses.¹⁸ Internet gambling now has 10% of the gambling business worldwide, growing globally at 17% annually.¹⁹ This shift will only make gambling more accessible. If there are more opportunities for less overt gambling, the prevalence of problem gambling is likely to increase.²⁰

Although the internet is taking a large chunk of gamblers away from the gambling houses, residents of Hawai'i are attracted to cheap package deals to Las Vegas. Approximately 700,000

trips are made every year from Hawai'i to Las Vegas and some travelers go more than once a year. Airline companies offer inexpensive travel packages with some deals, including complimentary gambling chips. These junkets are competitively priced to entice residents. In fact, hotels, restaurants, and stores cater to residents of Hawai'i so much so that Las Vegas is commonly called "the 9th island" (Hawai'i is comprised of eight islands). There is some evidence of residents experiencing problem gambling and ringing the national problem gambling helpline, but to what extent needs to be explored. Some of the queries from the helpline were: "Do you have anything for a gambler who lives in Hawai'i;" "I'm a social worker in Honolulu hospital and I'm trying to find a number to help a problem gambler;" or "we don't have GA in Kaua'i;" (personal communication, Louisiana Helpline for problem gambling, 2014). Therefore, the only potential support for problem gamblers in Hawai'i is GA and there are only a few groups on two of the islands.

Gamblers Anonymous

GA is a self-help group for problem gamblers which aligns its self-help framework to that of Alcoholic Anonymous.²¹ There are currently three GA meetings on O'ahu, including a Gam-Anon meeting for significant others affected by gamblers as well as a GA meeting available in Kona on the Big Island. The author attended a GA open meeting in Honolulu. It was a multicultural mix of 15 men. The primary form of problem gambling was sports betting (personal communication outside of the meeting, 2012). The stories told were confidential and anonymous, and therefore, the author is not able to disclose the specifics. However, the stories resonated with those told at other GA meetings the author had attended on the mainland. This indicated that there are people suffering from problem gambling. The facilitator of the group expressed a need for an organization for problem gambling, similar to the Councils for problem gambling on the mainland, which organize public health initiatives for professionals and the communities (Anonymous, oral communication, September 2012). However, the council for problem gambling is unable to fund a council in a state where gambling is not legal; this is because the gambling industry primarily provides the financial assistance for these councils (Director of California Council for Compulsive Gambling, oral communication, 2015).

Sabbatical Workshops

During the author's sabbatical at the end of 2012, the author held workshops for both staff and clients at mental health and/or substance abuse treatment facilities in Hawai'i to see if there was a need to learn about problem gambling. With this in mind, my experience suggested that problem gamblers would likely go for treatment for other issues than gambling.²² This may be more likely the case in Hawai'i where treatment for problem gambling is not freely advertised.

The author offered the workshops free of charge and the staff received educational credit for attendance. Consequently, the author was invited to conduct workshops on Moloka'i, O'ahu,

and Kaua'i. There were between 15 and 45 participants at each workshop and attendance alone suggested a need for more professional development in this area. Depending upon the timeframe limitations for the participants, the workshops were between 1.5 hours to 6 hours long. Therefore, each workshop was tailored to a specific time frame with lectures, discussions, and DVDs on problem gambling.

In general, the staff reported many concerns about problem gambling in the communities. Some of their clients believed that certain forms of gambling should be legal, stating, for instance, "cockfighting is part of our culture." Another client asked, "Is going to Las Vegas twice a month a gambling problem?" Data was not collected at these workshops because this was not a research study. At the initial start of each workshop, each participant introduced themselves and shared (if they felt comfortable) if there was any problem gambling in their personal or professional experience. There was concern about problem gambling in their communities.

The professionals were relieved to be taught how their skills can be transferred to helping gamblers. Easy screens to administer was another resource provided in the workshops. Information about potential gamblers anonymous meetings in their areas was also welcomed. Providing services to those with gambling addictions places extra responsibility on the staff when many are already inundated with caseloads. The section on co-morbidity in the workshop was helpful for many, as participants learned that gambling may be an invisible addiction among clients in their existing caseloads. Participants came from clinics that specialize in treating those special populations that may be at-risk, for example, those who suffer from mental illness and/or substance abuse or both.²³

At-Risk Groups

The following is a summary of some groups that may be at greater risk to problem gambling. International research reported Asian cultures as well as indigenous cultures such as Pacific peoples,²⁴ Maori,²⁵ Inuits²⁷ and Aborigines of Australia have a higher-than-expected incidence of gambling problems.²⁸ Hawai'i has a diverse ethnic population, including some of these groups: Native Hawaiian, Asian cultures, and Pacific Island groups, in particular,²⁹ many of whom could be vulnerable to problem gambling given that research.

Historically, Native Hawaiians practiced gambling in their culture, similar to some Native American tribes.³⁰ However, today's westernized forms of gambling have highly addictive properties (eg, continuous forms such as scratch cards and slot machines).³¹ To date, only one study explored gambling behavior in one ethnic community in Honolulu.³² It was reported that 33.2% (n=1,262) of Filipino Americans residing in Honolulu gambled within a 12 month timeframe. Although this study did not specifically identify problem gamblers or include other ethnic groups, it provided evidence that Filipino Americans in Hawai'i engage in gambling to a worrying extent.³³ Further research is needed to identify other ethnic groups in Hawai'i with problem gambling.

Another area to implement public health approaches is to make use of training opportunities among health professionals to discuss problem gambling, provide resources such as brief screening tools, as well as incorporate prevalence studies or audits into existing substance abuse treatment facilities.

If there is a need to address problem gambling within the community groups then the next way forward for a public health initiative would be to employ "low cost triage" approaches:

- (1) Establish protocols in treatment settings to assess high risk clients, such as substance abusers, for gambling problems.
- (2) Train a core group of certified substance abuse/mental health counselors in problem gambling to build rudimentary capacity for referral and treatment.
- (3) Add problem gambling questions or a brief screen to ongoing health and addictions surveys such as a brief biosocial screen. (P^epersonal communication, Executive Director, Keith Whyte, of problem gambling council; Washington, D.C., 2012).

Conclusion

The anecdotal evidence presented in this paper suggests a need for research examining problem gambling amongst residents in Hawai'i. Although Hawai'i outlaws gambling, it appears that people continue to gamble illegally. Information from the media and that gathered from informational workshops on problem gambling further supports the existence of problem gambling on some of the Hawaiian Islands. Furthermore, identifying possible vulnerable groups such as those experiencing other addictions or mental illness as well as certain ethnic groups may provide awareness of groups who may be at-risk of developing a gambling problem.

A proactive public health approach is suggested to minimize harm from gambling that appears to be already present among residents of Hawai'i. Such an approach would include initiatives such as publicizing existing GA meetings on O'ahu and the Big Island, creating GA meetings on other islands, educating about the risks of problem gambling on college campuses, and incorporating gambling information and brief screening as part of workforce development.

Conflict of Interest

The author identifies no conflict of interest.

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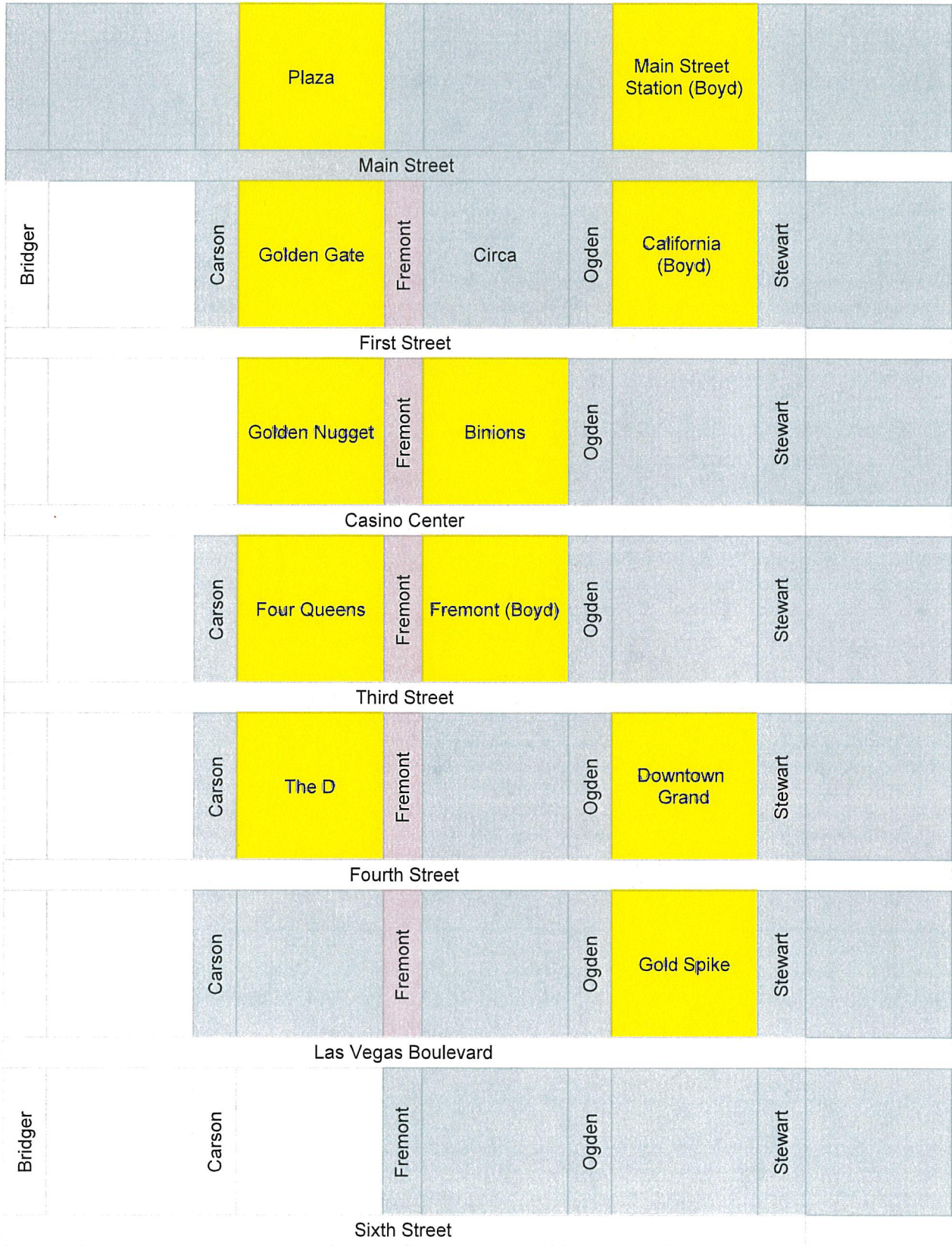
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Appendix

- In 2000 it was reported that former city housing supervisor Michael Kahapea was sentenced to 50 years in prison for stealing \$5.8 million in public funds. Kahapea spent the money to travel to Las Vegas to gamble due to his gambling addiction (Source: Pang GYK. Casino official outlines Kahapea gambling debt. Pang. Honolulu Starbulletin. <http://archives.starbulletin.com/2000/06/14/news/story5.html>. retrieved January 13, 2015)
- In 2002 Banker Sukanto Sia was sentenced for bankruptcy and wire fraud. He owed \$13.5 million to Las Vegas casinos (Source: Waite D. Banker may face more prison time. Honolulu Advertiser. February 10, 2004. <http://the.honoluluadvertiser.com/article/2004/Feb/10/In/In03a.htm>. Accessed January 13, 2015).
- In 2006 cockfighting, cards, and casinos quadrupled in Honolulu over a three year period. (Source: Boylan P. Gambling arrests increase on O'ahu. Honolulu Advertiser. April 10, 2006, <http://the.honoluluadvertiser.com/article/2006/Apr/10/In/FP604100331.html>. Accessed December 24, 2014).
- In 2009 Kaua'i police confiscated more than 100 roosters and \$70,000 in cash in 2009 whilst raiding a cockfighting operation north of Kapa'a. (Source: Leone D. Kaua'i police consider charges after major cockfight bust .Honolulu Advertiser. March 19, 2009. <http://the.honoluluadvertiser.com/article/2009/Mar/19/In/hawaii903190335.html>. Accessed December 24, 2014).
- In 2012 police arrested five men in cockfighting in Ka'u on the big Island. (Source: Burnett J. Gambling raids net more than \$17,000. Hawaii Tribune. August 5, 2012. <http://hawaiitribune-herald.com/sections/news/local-news/gambling-raids-net-more-17000.html>. Accessed December 24, 2014).
- In 2012 Honolulu police seized confiscated 77 video machines from six Winner's Zone arcade locations. (Source: Dooley J. Police seize video 'sweepstake' machines. Hawaii Reporter. September 28, 2012. <http://www.hawaiireporter.com/police-seize-video-sweepstakes-machines>. Accessed January 13, 2105).
- In 2012 two Thai women were questioned by the FBI for operating an illegal lottery business. (Source: Lottery vendors reveal details of illegal gambling network operating in Chinatown, throughout O'ahu. Hawaii Reporter. May 16, 2012. <http://www.hawaiireporter.com/lottery-vendors-reveal-details-of-illegal-gambling-network-operating-in-chinatown-throughout-oahu>. Accessed December 24, 2104).
- In 2013 Police in O'ahu made arrests at three gambling parlours taking 33 illegal gambling machines and Five months later more arcades were found to have illegal gambling machines. (Source: Burnett J. Undercover Sting led to Gambling Bust. Tribute Herald. August 9, 2013. <http://hawaiitribune-herald.com/sections/news/local-news/undercover-sting-led-gambling-bust.html>. Accessed. January 13, 2015).
- In 2013 a 61 year old man from Ka'u man has been indicted on charges stemming from a 2013 cockfight in a Pahala macadamia nut orchard. (Source: Associated Press. Big Island man indicted on cockfighting charge. Star Advertiser. October 17, 2014. <http://www.staradvertiser.com/breaking-news/big-island-man-indicted-on-cockfighting-charge-2/>. Retrieved January 1, 2016).
- In 2014 a former member of the Kaua'i police commission was arrested for operating an illegal sports gambling business which was reported in 2014. (Source: Kelleher JS. Ex-Kaua'i police commission member admits gambling ring. Star Advertiser. June 16, 2014. http://www.staradvertiser.com/news/breaking/20140616_exkauai_police_commission_member_aadmits_gambling.html?id=263379651. Accessed January 13, 2015).



Bridger	Carson	Fremont	El Cortez	Ogden		Stewart	
		Seventh Street					
		Fremont		Ogden		Stewart	
		Eighth Street					
		Fremont		Ogden		Stewart	
		Ninth Street					
Bridger	Carson	Fremont		Ogden		Stewart	
		Tenth Street					
		Fremont		Ogden		Stewart	
		Eleventh Street					
		Fremont		Ogden		Stewart	
		Twelfth Street					

<u>Casino</u>	<u>Senior Promotions</u>
El Cortez	On Wednesdays from 6am to 10pm, guests over 50 years old receive 50% off their order from our special menu* at Siegel's 1941.
Gold Spike	
Downtown Grand	This casino has a Tuesday Senior program for those 60 and up with drawings, multipliers, and dining specials. If you earn 60 points on your senior rewards card, you can even get a free senior breakfast at S & O
The D	
Four Queens	Their Club 55 offers seniors a 20% off discount on dining, rooms and gift shop purchases (with some exceptions.)
Fremont	Boyd casinos downtown feature drawings, multipliers, and discounts on dining and movies for B Connected club members over 50 on their "Young at heart" Wednesdays.
Golden Nugget	Senior buffets on Wednesdays. The price has gone up and a requirement of playing 10 points prior to eating has been put in effect.
Binions	
Golden Gate	
California	Boyd casinos downtown feature drawings, multipliers, and discounts on dining and movies for B Connected club members over 50 on their "Young at heart" Wednesdays.
Plaza	15% discount on prevailing rates for ages 60+
Main Street Station	Boyd casinos downtown feature drawings, multipliers, and discounts on dining and movies for B Connected club members over 50 on their "Young at heart" Wednesdays.
out of downtown	
Texas Station	For guests 50 years and older, Station Casino's and Fiestas in Las Vegas have introduced "MyGeneration," formerly Seniors 50+ Wednesdays. Promotions vary by month and property.
Fiesta Rancho	For guests 50 years and older, Station Casino's and Fiestas in Las Vegas have introduced "MyGeneration," formerly Seniors 50+ Wednesdays. Promotions vary by month and property.

An attempt to understand Nevada tax revenue

<i>ESTIMATED</i>		<i>ESTIMATED</i>			<i>ESTIMATED</i>	
<u>item</u>	<u>quantity</u>	<u>win</u>	<u>% change</u>	<u>win %</u>	<u>total theoretical Amount gambled (win / win %)</u>	<u>average win per unit per day</u>
Slots	9,444	\$449,107,000	4.11	7.64	\$5,878,364,000	\$130
<i>ESTIMATED tax*</i>	\$2,361,000	\$30,314,723				
Games	418	\$20,834,000	0.49	11.04	\$1,819,149,000	\$1,316
<i>ESTIMATED tax*</i>		\$1,406,295				
Total		\$649,941,000	2.96	8.44	\$7,697,512,000	
<i>ESTIMATED tax*</i>		\$43,871,018				

David G. Schwartz and Autumn Bassett, Nevada Gaming Win 2018

Las Vegas: Center for Gaming Research, University Libraries, University of Nevada Las Vegas, 2019

Gambling laws in Nevada

Casinos with more than 15 slot machines pay an annual tax of \$250 on each one. There is also an additional monthly tax of up to 6.75% on gross gaming revenue ...a percentage that is the lowest in the U.S.

Gambling Laws in Las Vegas. What You Need to Know<https://www.lasvegas4newbies.com/chap10-1>

** ASSUMING NEVADA STATE TAX REVENUE*

Nevada Gaming Win 2018

Summary of Results from Selected Reporting Areas

The Nevada Gaming Control releases data about the financial performance of the state's gaming industry. This report summarizes relevant data about gaming win, hold percentage, and handle (total bet) for selected reporting areas in the state. The "Statewide" page includes information of the state's gaming industry as a whole; the Las Vegas Strip is the area that generates over half of the state's total revenue; Downtown Las Vegas produces less revenue, but is still a significant market; the Boulder Strip gives insight into the Las Vegas locals market; and Washoe County represents a significant piece of northern Nevada's gaming industry.

Contents

<u>Reporting Area</u>	<u>Page</u>
Statewide	2
Las Vegas Strip	3
Downtown Las Vegas	4
Boulder Strip	5
Washoe County	6

Definitions

All figures are for calendar 2018, taken from the December 2018 Nevada Gaming Revenue Report, accessible at http://gaming.nv.gov/gaming_revenue_rpt.htm

For each reporting area, results are for all non-restricted locations, and do not include totals for restricted locations (15 slots or fewer)

of Units is the total number of machines or games for the category in question

Win Amount is the total win for the category in question

Win % is the win percentage for the category in question

Handle is the total theoretical Amount gambled, derived by dividing the win Amount by the win percentage

Win Amount and **Handle** are in thousands of dollars; add \$000 for total

WPUD is average win per unit per day

For the sports book detail:

% Win is the percentage of the total sportsbook win that the game in question represents

% Bet is the percentage of the total sportsbook handle that the game in question represents

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For more information

See <http://gaming.unlv.edu> or contact Dr. David G. Schwartz, Director
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Las Vegas Strip

51 total locations for the calendar year

	# of Units	Win amount	% Change	Win %	Handle	WPUD
Slot Machines	38,413	3,308,427	2.83	8.12%	40,744,175	235.97
Games	2,920	3,280,073	1.14	13.46%	24,369,042	3,077.57
Total gambling win		6,588,499	1.98	10.12%	65,113,216	

Slots detail

Game	# of Units	Win amount	% Change	Win %	Drop	WPUD
1Cent	14,327	1,311,271	7.61	11.70%	11,207,444	250.75
5Cent	308	18,310	-10.92	8.37%	218,757	162.87
25Cent	1,849	148,747	5.24	10.60%	1,403,274	220.40
1Dollar	3,008	322,968	9.75	7.70%	4,194,390	294.16
Multi-Denom	17,724	1,340,094	-1.64	6.39%	20,971,737	207.15

Games detail

Game	# of Units	Win amount	% Change	Win %	Handle	WPUD	
Twenty-one	1,240	857,837	-7.11	13.07%	6,563,405	1,895.35	
Baccarat	333	1,195,146	5.65	12.43%	9,615,012	9,832.95	
Craps	183	270,037	-1.23	14.70%	1,836,986	4,042.77	
Ultim Texas Hold'em	23	26,859		25.63%	104,795	3,199.40	
Roulette	269	318,856	5.3	18.04%	1,767,494	3,247.50	
3-CardPoker	115	91,753	-7.82	32.89%	278,969	2,185.90	
Mini-Bacc	77	60,687	0.75	11.89%	510,404	2,159.30	
Let It Ride	30	18,621	-6.97	25.65%	72,596	1,700.55	
Pai Gow	12	9,964	6.73	18.18%	54,807	2,274.89	
Pai Gow Poker	94	58,180	5.36	21.38%	272,123	1,695.72	
Other Games	170	136,230	-10.75	21.78%	625,482	2,195.49	
Keno	11	4,465	-8.95	29.29%	15,244	1,112.08	
Race Book	32	16,475	-6.85	15.98%	103,098	1,410.53	
Sports Book	36	134,385	17.60	5.45%	2,465,780	10,227.17	% Bet
	Game	Win amount	% Change	Win %	Handle	% Win	
	Football	51,352	42.93	5.14%	999,066	38.21%	28.69%
	Basketball	44,432	-0.70	6.28%	707,516	33.06%	17.84%
	Baseball	17,028	29.49	3.87%	440,000	12.67%	2.35%
	Parlay Cards	10,241	122.13	17.71%	57,826	7.62%	10.57%
	Other	11,315	-28.28	4.34%	260,714	8.42%	
Poker tables	295	80,577	2.69	(rake only; no win)		748.34	

Downtown Las Vegas

25 total locations for the calendar year

	# of Units	Win amount	% Change	Win %	Handle	WPUD
Slot Machines	9,444	449,107	4.11	7.64%	5,878,364	130.29
Games	418	200,834	0.49	11.04%	1,819,149	1,316.34
Total gambling win		649,941	2.96	8.44%	7,697,512	

Slots detail

Game	# of Units	Win amount	% Change	Win %	Drop	WPUD
1Cent	4,705	236,019	4.09	11.02%	2,141,733	137.43
5Cent	177	4,530	-0.79	6.83%	66,325	70.12
25Cent	787	34,891	-9.98	5.98%	583,462	121.46
1Dollar	776	43,576	3.00	5.76%	756,528	153.85
Multi-Denom	2,796	110,617	11.41	5.31%	2,083,183	108.39

Games detail

Game	# of Units	Win amount	% Change	Win %	Handle	WPUD	
Twenty-one	212	55,041	1.68	14.49%	379,855	711.31	
Craps	35	29,966	-1.65	12.89%	232,475	2,345.68	
Roulette	35	15,835	1.4	19.42%	81,540	1,239.53	
Ultim Texas Hold'em	3	1,585		28.26%	5,609	1,447.49	
3-CardPoker	18	11,311	-0.57	29.44%	38,421	1,721.61	
Let It Ride	10	5,176	2.75	25.64%	20,187	1,418.08	
Pai Gow Poker	13	4,590	8.06	22.09%	20,779	967.33	
Other Games	31	11,922	-58.92	20.11%	59,284	1,053.65	
Keno	7	3,040	-15.27	21.99%	13,824	1,189.82	
Race Book	6	1,057	-5.20	16.03%	6,594	482.65	
Sports Book	11	53,058	40.5	5.82%	911,649	13,214.94	
Game		Win amount	% Change	Win %	Handle	% Win	% Bet
Football		13,293	24.81	5.73%	231,990	25.05%	25.45%
Basketball		17,472	24.94	5.92%	295,135	32.93%	32.37%
Baseball		12,329	68.81	5.46%	225,806	23.24%	24.77%
Parlay Cards		1,453	36.22	35.05%	4,146	2.74%	0.45%
Other		8,511	78.81	5.55%	153,351	16.04%	16.82%
Poker tables	26	3,924	1.32	(rake only; no direct win)		413.49	

Boulder Strip

41 total locations for the calendar year

	# of Units	Win amount	% Change	Win %	Handle	WPUD
Slot Machines	17,680	759,094	5.74	5.81%	13,065,301	117.63
Games	315	97,908	2.84	14.16%	691,441	851.56
Total gambling win		857,002	5.40	6.23%	13,756,742	

Slots detail

Game	# of Units	Win amount	% Change	Win %	Drop	WPUD
1Cent	6,072	311,522	4.46	9.79%	3,182,043	140.56
5Cent	278	5,683	-4.48	3.77%	150,743	56.01
25Cent	619	19,942	-0.89	4.07%	489,975	88.26
1Dollar	499	26,667	10.32	4.87%	547,577	146.41
Multi-Denom	10,063	388,716	7.62	4.58%	8,487,249	105.83

Games detail

Game	# of Units	Win amount	% Change	Win %	Handle	WPUD	
Twenty-one	126	30,641	3.73	17.52%	174,892	666.25	
Craps	21	13,349	-4.67	16.62%	80,319	1,741.55	
Roulette	20	5,029	-3.66	20.76%	24,224	688.90	
Ultim Texas Hold'em	3	1,314		25.20%	5,214	1,200.00	
3-CardPoker	8	1,779	-8.8	31.49%	5,649	609.25	
Mini-Bacc	6	902	-49.75	8.06%	11,191	411.87	
Pai Gow Poker	22	5,288	15.34	22.09%	23,938	658.53	
Other Games	24	7,036	-2.79	19.30%	36,456	803.20	
Keno	10	3,425	5.91	28.50%	12,018	938.36	
Bingo	7	2,208	870.6	3.66%	60,328	864.19	
Race Book	8	6,347	0.69	15.55%	40,817	2,173.63	
Sports Book	22	15,485	-3.44	7.32%	211,544	1,928.39	
	Game	Win amount	% Change	Win %	Handle	% Win	% Bet
	Football	4,150	-15.98	5.25%	79,048	26.80%	37.37%
	Basketball	5,627	-7.51	9.09%	61,903	36.34%	29.26%
	Baseball	2,168	36.31	4.63%	46,825	14.00%	22.13%
	Parlay Cards	1,666	6.25	37.32%	4,464	10.76%	2.11%
	Other	1,872	2.33	9.80%	19,102	12.09%	9.03%
Poker tables	38	5,103	0.71	(rake only; no win)		367.92	

Washoe County

64 total locations for the calendar year

	# of Units	Win amount	% Change	Win %	Handle	WPUD
Slot Machines	16,572	707,415	4.66	5.46%	12,956,319	116.95
Games	519	158,360	3.17	16.13%	981,773	835.96
Total gambling win		865,775	4.39	6.21%	13,938,092	

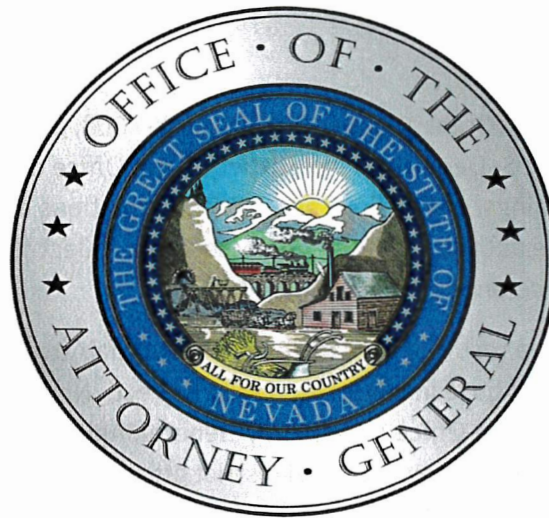
Slots detail

Game	# of Units	Win amount	% Change	Win %	Drop	WPUD
1Cent	6,366	300,587	-3.51	7.24%	4,151,754	129.36
5Cent	127	2,140	34.4	5.80%	36,897	46.17
25Cent	412	16,565	3.91	7.02%	235,969	110.15
1Dollar	857	40,529	2.22	4.58%	884,913	129.57
Multi-Denom	8,573	334,765	14.37	4.52%	7,406,305	106.98

Games detail

Game	# of Units	Win amount	% Change	Win %	Handle	WPUD
Twenty-one	226	51,595	-0.31	15.71%	328,421	625.47
Craps	28	18,420	-2.92	15.97%	115,341	1,802.35
Roulette	30	11,142	-6.65	21.66%	51,440	1,017.53
3-Card Poker	19	7,553	-2.55	28.11%	26,869	1,089.11
Ultim Texas Hold'em	4	2,177		22.63%	9,620	1,491.10
Mini-Bacc	12	6,202	76.71	13.64%	45,469	1,415.98
Let It Ride	4	1,291	-14.39	26.09%	4,948	884.25
Pai Gow	5	2,266	-2.03	18.46%	12,275	1,241.64
Pai Gow Poker	48	11,780	-14.82	18.20%	64,725	672.37
Other Games	27	8,864	0.8	18.03%	49,163	899.44
Keno	17	7,175	12.76	28.13%	25,507	1,156.33
Bingo	3	1,379	16.93	25.14%	5,485	1,259.36
Race Book	13	3,285	-3.37	16.34%	20,104	692.31
Sports Book	28	18,782	19.52	8.70%	215,885	1,837.77

Game	Win amount	% Change	Win %	Handle	% Win	% Bet
Football	6,503	32.09	7.77%	83,694	34.62%	38.77%
Basketball	5,371	86.89	8.56%	62,745	28.60%	29.06%
Baseball	2,674	-24.52	6.55%	40,824	14.24%	18.91%
Parlay Cards	2,944	16.64	27.30%	10,784	15.67%	5.00%
Other	1,289	-30.22	7.26%	17,755	6.86%	8.22%
Poker tables	55	6,448	-0.24	(rake only; no win)	321.20	



Elder Abuse, Neglect and Exploitation: Legal Resources and Remedies Guide

Submitted at Meeting by Staff
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This guide was produced as a result of the Office of the Nevada Attorney General's Enhanced Training and Services to End Abuse in Later Life (EALL) Project. Nevada's EALL Project is a collaborative effort between the Office of Attorney General, Aging and Disability Services Division, local law enforcement statewide, local district attorney's offices, local service providers, legal services, the Inter-Tribal Council of Nevada and the Nevada Coalition to End Domestic and Sexual Violence.

It is intended to be a resource guide, providing information about crimes to consider when investigating elder abuse, neglect and/or exploitation, and delivering information to officers out in the field on local resources and information regarding how to access civil legal remedies.

The content herein was provided by the following:

- ◆ Office of Nevada Attorney General
- ◆ American Bar Association, Commission on Law and Aging
- ◆ Black's Law Dictionary
- ◆ Clark County District Attorney's Office
- ◆ Las Vegas Metropolitan Police Department
- ◆ National Clearinghouse on Abuse in Later Life
- ◆ Nevada Aging and Disability Services Division
- ◆ Nevada Coalition to End Domestic and Sexual Violence

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Table of Contents

Background Information on Elder Abuse.....	page 4
List of Terms/Definitions.....	page 7
List of Acronyms Used in the Field of Aging.....	page 10
List of Crimes in Relation to Elder Abuse.....	page 11
Accessing Civil Legal Remedies.....	page 16
Community Resources.....	page 18
Domestic/Sexual Violence Services Providers.....	page 23
Emergency Shelter/Transitional Housing.....	page 24

Background Information on Elder Abuse

Nevada's definition of elder abuse mirrors the one used by the National Center on Elder Abuse: "any knowing, intended, or careless act that causes harm or serious risk of harm to an older person (age 60 or older) - physically, mentally, emotionally, or financially." Crimes against elderly victims are similar to other types of domestic violence and frequently go unreported. Many victims are not able to report abuse due to physical or mental limitations, isolation, emotional or financial dependency, mental illness, substance abuse, or general desire to protect loved ones with whom they reside. It is particularly important for first responders to be aware of the different types and definitions of elder abuse, so appropriate intervention is possible when encountering an older adult in the field. Please be aware that many elder abuse victims experience more than one type of abuse.

Physical Abuse

Physical abuse is the infliction of pain or injury on an older and/or vulnerable person. Physical abuse could also include serious or unexplained injury, inappropriate physical or chemical restraint, medication abuse (over or under medicating), deprivation of food, shelter, clothing or services which are necessary to maintain the physical or mental health of an older and/or vulnerable person. Permitting any of the acts described above also is considered abuse.

Signs physical abuse may be occurring:

- ☐ Shows unexplained or sudden changes in behavior
- ☐ Is afraid to speak in the presence of the offender
- ☐ Is isolated
- ☐ Shows signs of being restrained
- ☐ Under or overmedicating an older adult
- ☐ Allowing an older adult to remain in feces, urine
- ☐ Visible or unexplained bruises/injuries
- ☐ Bone fractures/breaks, sprains, dislocations, black eyes
- ☐ Broken eyeglasses/frames or other assistive devices

Sexual Abuse

Nonconsensual sexual contact is defined as an act that the older and/or vulnerable person is unable to understand or to which this person is unable to communicate his or her objection. Sexual abuse also includes intentional touching either directly or through the clothing. Anytime nonconsensual sexual contact is alleged, law enforcement must be contacted immediately. A report to Elder Protective Services must also be made.

Signs sexual abuse may be occurring:

- ☐ Infections, pain, bruises or bleeding in genital areas
- ☐ Shows unexplained or sudden changes in behavior
- ☐ Is afraid to speak in the presence of the offender

Psychological Abuse

Psychological or emotional abuse is threatening, controlling or socially isolating the older and/or vulnerable person, disregarding the needs of these individuals, or harming, damaging or destroying any property of the older and/or vulnerable person, including, without limitation, pets.

Signs psychological abuse may be occurring include:

- ☐ Strong odors of urine and or feces
- ☐ Lack of food
- ☐ Locks on the outside of interior doors (to lock older individual in a room)
- ☐ Locks on the refrigerator
- ☐ Damage to home caused by abusive behavior
- ☐ Isolation of the older person from friends or family members
- ☐ Shows unexplained or sudden changes in behavior
- ☐ Is afraid to speak in the presence of the offender

Isolation

Isolation is the act of preventing an older and/or vulnerable person from having contact with another person. Isolation can also include permitting any of the acts described to be committed against an older person. This does not include an act intended to protect the property, physical, and/or mental welfare of the older person or an act pursuant to the instructions of a physician.

Signs Isolation may be occurring include:

- ☐ Physically restraining and/or intentionally preventing the older/vulnerable person from receiving visitors, mail, telephone calls or access to social media.
- ☐ Knowingly providing a false statement contrary to the expressed wishes of the older/vulnerable person with the intent to prevent visitors and callers.

Abandonment

Abandonment is the desertion of an older and/or vulnerable person in an unsafe manner. Abandonment can also include withdrawal of necessary assistance owed to the older and/or vulnerable person by a caregiver or other person with an obligation to provide services to the older and/or vulnerable person. Please note: when an older person or vulnerable adult is in the hospital or another type of care facility, it is not considered abandonment if the family or caregiver is unable to provide the necessary care and will not agree to have the older person or vulnerable person discharged back home.

Signs abandonment may be occurring include:

- ☐ Lack of food
- ☐ Prescription medication overdue for refill
- ☐ Desertion of an older and/or vulnerable person at a hospital or other facility in an unsafe manner
- ☐ Withdrawal of necessary assistance to older and/or vulnerable person

Neglect

Neglect is the failure of a person or a manager of a facility who has assumed legal responsibility or a contractual obligation for caring for an older and/or vulnerable person, or who has voluntarily assumed responsibility to provide food, shelter, clothing or services which are necessary to maintain the physical or mental health of the older or vulnerable person. If a person who has voluntarily assumed responsibility to provide necessary supervision to the older or vulnerable person fails to provide adequate supervision, it is considered neglect.

Signs neglect may be occurring:

- ☐ Prescription bottles are empty and overdue for refill
- ☐ Improper clothing or heating/air conditioning to combat weather extremes
- ☐ Dehydration, malnutrition
- ☐ Untreated bed sores and poor hygiene
- ☐ Unattended and/or untreated health problems

Exploitation

Exploitation is any act taken by a person who has trust and confidence, and/or use of a Power of Attorney or guardianship to obtain control or convert money, assets or property, through deception, intimidation, or undue influence with the intention of permanently depriving the older and/or vulnerable person of their ownership, use, benefit or possession of their money, assets or property. Undue influence means the improper use of power or trust in a way that deprives a person of his or her free will and substitutes the objectives of another person. The term does not include the normal influence that one member of a family has over another.

Signs exploitation may be occurring include:

- ☐ Caregiver prevents older person from getting or keeping a job
- ☐ Important possessions, documents, or credit cards are missing
- ☐ Medications that were recently filled are already gone (drug diversion)
- ☐ Caregiver makes older person ask for money, giving them an allowance
- ☐ Sudden changes in bank account balances or banking practices
- ☐ Abrupt changes in a will or other financial documents
- ☐ Unpaid bills despite the availability of financial resources
- ☐ Elder person's signature being forged for financial transactions
- ☐ Checks written to 'Cash'
- ☐ Sudden appearance of previously uninvolved relatives

List of Terms and their Definitions

The following are terms commonly used in the field of aging.

Abandonment (NRS 200.5091-50995)

Desertion of an older person or a vulnerable person in an unsafe manner by a caretaker or other person with a legal duty of care; or withdrawal of necessary assistance owed to an older and/or vulnerable person by a caretaker or other person with an obligation to provide services to the older or vulnerable person.

Abuse (NRS 200.5091-50995)

Abuse means willful infliction of pain or injury on an older person or a vulnerable person; deprivation of food, shelter, clothing or services which are necessary to maintain the physical or mental health of an older and/or vulnerable person; infliction of psychological or emotional anguish, pain or distress on an older and/or vulnerable person through any act; nonconsensual sexual contact with an older and/or vulnerable person; or permitting any of these acts to be committed against an older and/or vulnerable person.

Exploitation (NRS 200.5091-50995)

Exploitation means any act taken by a person who has the trust and confidence of an older and/or vulnerable person or any use of the power of attorney or guardianship of an older and/or vulnerable person to obtain control, through deception, intimidation or undue influence, over the older person's or vulnerable person's money, assets or property with the intention of permanently depriving the older person or vulnerable person of the ownership, use, benefit or possession of his or her money, assets or property;. This may also include converting money, assets or property of the older and/or vulnerable person with the intention of permanently depriving the older and/or vulnerable person of the ownership, use, benefit or possession of his or her money, assets or property.

Guardian (NRS 159.0487)

A court order granting certain powers to a family member, other individual, governmental agency, or institution to control the affairs of another person. At times, a special guardian is appointed by the court for a single purpose such as signing documents or approving medical procedures.

Guardian Ad Litem (NRS 159.0487)

A person appointed by the court to protect the best interests and rights of an incompetent person within legal proceedings.

Isolation (NRS 200.5091-50995)

Isolation means preventing an older and/or vulnerable person from having contact with another person by intentionally preventing the older and/or vulnerable person from receiving

visitors, mail or telephone calls, physically restraining the older and/or vulnerable person to prevent them from meeting with a person who comes to visit the older and/or vulnerable person, or permitting any of the acts described to be committed against an older and/or vulnerable person. The term does not include an act intended to protect the property or physical or mental welfare of the older and/or vulnerable person or an act performed pursuant to the instructions of a physician of the older and/or vulnerable person.

Neglect (NRS 200.5092 [5])

Neglect means the failure of a person or a manager of a facility who has assumed legal responsibility or a contractual obligation for caring for an older and/or vulnerable person or who has voluntarily assumed responsibility for his or her care to provide food, shelter, clothing or services which are necessary to maintain the physical or mental health of the older and/or vulnerable person.

Self-Neglect

The National Adult Protective Services Association defines self-neglect as “an adult’s inability, due to physical or mental impairment or diminished capacity, to perform essential self-care.” Signs of self-neglect may include: inadequate heating/plumbing/electrical or disconnected services, pathways unclear due to large amounts of clutter, animal feces in the home, filthy environment or very poorly maintained, not seeking or refusing medical care, lack of fresh or unspoiled food, dressing inappropriately for existing weather conditions, refusing to allow visitors into the residence.

Older Person (NRS 228.2505)

‘Older Person’ means a person who is 60 years of age or older.

Protective Services (NRS 200.5092[7])

Protective services refers to services with the purpose of preventing and remedying the abuse, neglect, exploitation, isolation and abandonment of older persons. The services may include:

- (a) The investigation, evaluation, counseling, arrangement and referral for other services and assistance; and
- (b) Services provided to an older and/or vulnerable person who is unable to provide for his or her own needs.

Power of Attorney

An instrument which delegates to another person authority to make health care and/or financial decisions for another person. A special type of power of attorney, the ‘durable’ power of attorney, continues the agency relationship beyond the incapacity of the principal.

Principal

An individual who grants authority to an agent in a power of attorney.

Vulnerable Person (NRS 200.5091-50995)

Vulnerable person means a person 18 years of age or older who suffers from a condition of physical or mental incapacitation because of a developmental disability, organic brain damage

or mental illness; or has one or more physical or mental limitations that restrict the ability of the person to perform the normal activities of daily living.

Fiduciary

A person who has the power and obligation to act for another under circumstances which require total trust, good faith and honesty.

Fiduciary Relationship

A relationship requiring the highest duty of care and arising between parties usually in one of four situations: (1) when one person places trust in the faithful integrity of another who, as a result, gains superiority or influence over the first, (2) when one person assumes control and responsibility over another, (3) when one person has a duty to act for or give advice to another on matters falling within the scope of the relationship, or (4) when there is a specific relationship that has traditionally been recognized as involving fiduciary duties, as with a lawyer and a client or a stockbroker and a customer. (*Black's Law Dictionary*)

Trustee

A trustee manages property that is held in a trust. A trust is an arrangement in which one person holds the property of another for the benefit of a third party, called the beneficiary. The beneficiary is usually the owner of the property or a person designated as the beneficiary by the owner of the property. A trustee may be either an individual or a corporation.

List of Acronyms Used in the Field of Aging

Acronym	Meaning
ADL	Activities of Daily Living
ADSD	Aging and Disability Services Division
ALP	Assisted Living Program
BIP	Batterer's Intervention Program
BHCQC	Bureau of Health Care Quality and Compliance
CNA	Certified Nursing Assistant
CIT	Crisis Intervention Team
DHHS	Department of Health and Human Services
DPBH	Division of Public and Behavioral Health
EPS	Elder Protective Services
HIPAA	Health Insurance Portability and Accountability Act
LOC	Level of Care
LPN	Licensed Practical Nurse
LSW	Licensed Social Worker
LTC	Long Term Care
MFCU	Medicaid Fraud Control Unit
MSW	Master of Social Work
OAA	Older Americans Act
RSVP	Retired Senior Volunteer Program
SANE	Sexual Assault Nurse Examiner
SART	Sexual Assault Response Team
SMI	Severely Mentally Ill
SSA	Social Security Administration
SSI	Supplemental Security Income
VA	Veterans Administration
VOC REHAB	Vocational Rehabilitation

Crimes to Consider When Investigating Elder Abuse, Neglect or Exploitation

Although it is not always the case, elder abuse is often committed by intimate partners, adult children/other family members, caregivers and others in positions of authority.

Officer Safety: Do not discount the danger level. Older adults may be violent, live with violent people, be unpredictable or have vicious animals. Weapons may be present. Residences may be unsafe or hazardous.

Policy of State NRS 200.5091

It is the policy of the State of Nevada to provide for the cooperation of law enforcement officials, courts of competent jurisdiction and all appropriate state agencies providing human services in identifying the abuse, neglect, exploitation, isolation and abandonment of older and/or vulnerable persons through the complete reporting of abuse, neglect, exploitation, isolation and abandonment of older and/or vulnerable persons.

(Added to NRS by 1981, 1334; A 1997, 1348; 2005, 1107; 2015, 804)

Report of abuse, neglect, exploitation, isolation or abandonment of older person; voluntary and mandatory reports, investigation, penalty. NRS 200.5093

A report must be made to Aging and Disability Services Division of the Department of Health and Human Services or law enforcement as soon as reasonably practicable but not later than 24 hours after the person knows or has reasonable cause to believe the older person (age 60 years and older) has been abused, neglected, exploited, isolated or abandoned. Mandated reporters include, but are not limited to any person who, in a professional or occupational capacity, knows or has reasonable cause for concern (financial institutions staff, medical personnel including paramedics, EMTs and ambulance drivers, therapists, athletic trainers, licensed dietitian, hospital personnel, coroner, personal care services, employee of the Department of Health and Human Services, any employee of a law enforcement agency, social workers, funeral home personnel, firefighters and community health workers). Law enforcement officers are required to inform victims of suspected domestic violence about the following: information about the arrest process for the abuser and orders for protection via an informational card.

For Law Enforcement reports on elder abuse:

To report, call Elder Protective Services (EPS) Monday-Friday, 8:00 am – 5:00 pm:

- In **Northern Nevada**, the direct law enforcement contact number is 775-687-0800 and ask to speak with the Social Worker of the Day.
- In **Southern Nevada**, the direct law enforcement contact number is 702-486-6930 and ask to speak with the Social Worker of the Day.
- EPS statewide toll free number is 888-729-0571.
- **After hours**, call the Crisis Call Center, 775-221-7620 or 800-992-5757. EPS will receive the report the next business day. It is recommended law enforcement follow up with EPS to verify receipt of the case.

Law enforcement agency: Required to act promptly in obtaining certain warrants. NRS 200.50955

A law enforcement agency shall promptly seek to obtain a warrant for the arrest of any person the agency has probable cause to believe is criminally responsible for the abuse, neglect, exploitation, isolation or abandonment of an older and/or vulnerable person.

(Added to NRS by 1997, 1348; A 2005, 1112; 2015, 811)

Harassment NRS 200.571

A person commits the crime of harassment if without lawful authority, the person knowingly threatens to cause bodily injury in the future to the person threatened or to any other person; or to cause physical damage to the property of another person; or to subject the person threatened or any other person to physical confinement or restraint; or to do any act which is intended to substantially harm the person threatened or any other person with respect to his/her physical or mental health or safety; **and** the person, by words or conduct, places the person receiving the threat in reasonable fear that the threat will be carried out.

Stalking NRS 200.575(1)

A person commits the crime of stalking if without lawful authority, the person willfully or maliciously engages in a course of conduct that would cause a reasonable person to feel terrorized, frightened, intimidated, harassed, or fearful for the immediate safety of a family or a household member, and actually causes the victim to feel terrorized, frightened, intimidated, or fearful for the immediate safety of a family member or household member. A 'family or household member' means a spouse, a former spouse, a parent or other person who is related by blood or marriage, or is or was actually residing with the person.

Aggravated stalking NRS 200.575(2)

A person commits the crime of aggravated stalking if the person commits the crime of stalking and threatens a person with the intent to cause him or her to be placed in reasonable fear of death or substantial bodily harm.

Related: NRS 200.575(3) Stalking with the internet

Domestic Violence NRS 33.018

Crimes constituting domestic violence include battery, assault, coercion, sexual assault, false imprisonment, unlawful/forcible entry, or harassment by: stalking, arson, trespassing, larceny, destruction of property, carrying a concealed weapon without permit, or injuring an animal. Covered relationships are spouse, former spouse, blood or marriage relation, current or former cohabitant, dating relationship, person with child in common, et al.

NRS 193.167 Additional penalty for crimes against older/vulnerable victims of assault, battery, sexual assault

Firearm Possession Crimes

NRS 202.257 Misdemeanor to possess if Blood Alcohol Concentration is 0.10 or higher or under influence of other drugs

NRS 202.275 Felony to possess short-barreled shotgun or rifle

NRS 202.360 Felony to possess if fugitive, domestic violence conviction (any state), felony conviction, user/addicted to drugs, mentally ill, or illegally present in the United States.

Sexual Assault NRS 200.366(1)

A person commits the crime of sexual assault if the person subjects another person to sexual penetration, or forces another person to make a sexual penetration on him or herself or another, or on a beast, against the will of the victim or under conditions in which the perpetrator knows or should know that the victim is mentally or physically incapable of resisting or understanding the nature of his or her conduct.

Elder/Vulnerable enhancement NRS 193.167 —consecutive 1-20 years for sexual assault, battery, kidnapping

Abuse, abandonment, neglect, isolation or exploitation (60 and older) NRS 200.5092

Definitions. As used in NRS 200.5091 to 200.50995, inclusive, unless the context otherwise requires:

1. **'Abandonment'** means:

- (a) Desertion of an older and/or vulnerable person in an unsafe manner by a caretaker or other person with a legal duty of care; or
- (b) Withdrawal of necessary assistance owed to an older and/or vulnerable person by a caretaker or other person with an obligation to provide services to the older person or vulnerable person.

2. **'Abuse'** means willful:

- (a) Infliction of pain or injury on an older and/or vulnerable person;
- (b) Deprivation of food, shelter, clothing or services which are necessary to maintain the physical or mental health of an older and/or vulnerable person;
- (c) Infliction of psychological or emotional anguish, pain or distress on an older and/or vulnerable person through any act, including, without limitation:
 - (1) Threatening, controlling or socially isolating the older person or vulnerable person;
 - (2) Disregarding the needs of the older person or vulnerable person; or
 - (3) Harming, damaging or destroying any property of the older person or vulnerable person, including, without limitation, pets;
- (d) Nonconsensual sexual contact with an older and/or vulnerable person, including, without limitation:
 - (1) An act that the older person or vulnerable person is unable to understand or to which the older person or vulnerable person is unable to communicate his or her objection; or
 - (2) Intentional touching, either directly or through the clothing, of the genitalia, anus, groin, breast, inner thigh or buttocks of the older person or vulnerable person; or
- (e) Permitting any of the acts described in paragraphs (a) to (d), inclusive, to be committed against an older and/or vulnerable person.

3. **'Exploitation'** means any act taken by a person who has the trust and confidence of an older and/or vulnerable person or any use of the power of attorney or guardianship of an older and/or vulnerable person to:

(a) Obtain control, through deception, intimidation or undue influence, over the older person's or vulnerable person's money, assets or property with the intention of permanently depriving the older person or vulnerable person of the ownership, use, benefit or possession of his or her money, assets or property; or

(b) Convert money, assets or property of the older person or vulnerable person with the intention of permanently depriving the older and/or vulnerable person of the ownership, use, benefit or possession of his or her money, assets or property.

As used in this subsection, "undue influence" means the improper use of power or trust in a way that deprives a person of his or her free will and substitutes the objectives of another person. The term does not include the normal influence that one member of a family has over another.

4. **'Isolation'** means preventing an older and/or vulnerable person from having contact with another person by:

(a) Intentionally preventing the older person or vulnerable person from receiving visitors, mail or telephone calls, including, without limitation, communicating to a person who comes to visit the older and/or vulnerable person or a person who telephones the older and/or vulnerable person that the older and/or vulnerable person is not present or does not want to meet with or talk to the visitor or caller knowing that the statement is false, contrary to the express wishes of the older and/or vulnerable person and intended to prevent the older and/or vulnerable person from having contact with the visitor;

(b) Physically restraining the older and/or vulnerable person to prevent the older and/or vulnerable person from meeting with a person who comes to visit the them; or

(c) Permitting any of the acts described in paragraphs (a) and (b) to be committed against an older and/or vulnerable person.

The term does not include an act intended to protect the property or physical or mental welfare of the older and/or vulnerable person or an act performed pursuant to the instructions of a physician of the older and/or vulnerable person.

5. **'Neglect'** means the failure of a person or a manager of a facility who has assumed legal responsibility or a contractual obligation for caring for an older and/or vulnerable person or who has voluntarily assumed responsibility for his or her care to provide food, shelter, clothing or services which are necessary to maintain the physical or mental health of the older and/or vulnerable person.

6. **'Older person'** means a person who is 60 years of age or older.

7. **'Protective services'** means services the purpose of which is to prevent and remedy the abuse, neglect, exploitation, isolation and abandonment of older persons. The services may include:

(a) The investigation, evaluation, counseling, arrangement and referral for other services and assistance; and

(b) Services provided to an older and/or vulnerable person who is unable to provide for his or her own needs.

8. **'Vulnerable person'** means a person 18 years of age or older who:

- (a) Suffers from a condition of physical or mental incapacitation because of a developmental disability, organic brain damage or mental illness; or
- (b) Has one or more physical or mental limitations that restrict the ability of the person to perform the normal activities of daily living.

Exploitation NRS 200.5092(3)

Exploitation means any act by a person with trust or confidence of an older and/or vulnerable person **OR** has Power of Attorney/guardianship of older and/or vulnerable person, who uses deception, intimidation, or undue influence to obtain control over money, assets, property with intent to permanently deprive, **OR** who converts money, assets, property with intent to permanently deprive that older and/or vulnerable person of ownership or use.

Self-Neglect

The National Adult Protective Services Association defines self-neglect as “an adult’s inability, due to physical or mental impairment or diminished capacity, to perform essential self-care.” Although it is not a crime in Nevada, you will undoubtedly run across instances of self-neglect in the field. In order to increase the safety of the older and/or vulnerable person, this guide provides several resources with which to link them. Also consider that, although some cases present as self-neglect, upon further review or evaluation, it may be revealed there is, in fact, a caregiver who is negligent in the older and/or vulnerable person’s care.

Other possible crimes:

- | | |
|---|--|
| ☐ False imprisonment | ☐ Identity theft |
| ☐ Embezzlement | ☐ Deceptive Trade |
| ☐ Extortion | ☐ Fraud (mortgage, tax, etc.) |
| ☐ Forgery | ☐ Theft |
| ☐ Assault/Battery | ☐ Drug Diversion |
| ☐ Manslaughter | ☐ Human Trafficking |

Civil Legal Remedies

Guardianship

A court may appoint someone to make personal and/or financial decisions for a person if the judge decides the person lacks capacity to make decisions. This appointee is called a guardian or conservator. A guardian has a legal duty to act in a trustworthy manner and make decisions that are consistent with decisions the incapacitated person made before losing decision-making capacity, or that are in the incapacitated person's best interest. A family member or close friend can fill this role. A public guardian (NRS 252.150-250) is appointed by a county commission to serve as guardian for a resident of Nevada with no relative or friend suitable and willing to serve as guardian, or whose guardian the court determines must be removed. A private professional guardian (NRS 159.024) is a person who receives compensation for services as a guardian to three or more people for whom the court has appointed a guardian who are not related to the guardian by blood or marriage. Private professional guardians must be licensed per NRS 628B. Any appointment of a guardian must be confirmed through judicial process and with oversight, whether a public guardian private professional guardian or a guardian generally. Guardianship is not an immediate emergency intervention. If you suspect elder abuse, neglect or exploitation, contact Aging and Disability Services Division/Elder Protective Services (775-687-4210).

Power of Attorney

A power of attorney is a legal document used by someone (the principal) to give someone else (the agent) authority to act for the principal. A principal must have decision-making capacity to sign a power of attorney. An agent's authority ends when the principal revokes that authority or when the principal dies. A **durable** power of attorney stays in effect even if the principal loses decision-making capacity. Sample Power of Attorney templates are readily available on the internet. It is difficult to check the validity of a power of attorney document without further investigation. If the document originated from a legal office, contact that office for confirmation the document is still valid. Financial institutions can also be checked for signature matches and other document details. If you suspect elder abuse, neglect or exploitation, contact Aging and Disability Services Division/Elder Protective Services (775-687-4210).

Benefit Money Managers

A federal or state agency can name an individual or entity to manage money it provides to a beneficiary if the agency decides the beneficiary lacks capacity to manage the money because of impairment. Agencies use different names for these money managers. For example, the Social Security Administration calls them 'representative payees', the Department of Veterans Affairs calls them 'VA fiduciaries'. These payees have authority to manage only the money that the agency provides to a beneficiary. For a specific benefit, refer to the issuing agency.

Protection Orders

A Protection Order is an order issued by a court allowing an applicant to use the power of the court to require an adverse party to do, or not do, certain things. Examples include, but are not

limited to requiring the adverse party to stay away from locations frequented by the applicant or members of the applicant's household, the adverse party must refrain from contacting, intimidating, threatening or otherwise interfering with the applicant or any other household members specifically named by the Court. Forms to begin this process are located at local domestic violence service providers' offices and at any courthouse. In Clark, Carson, Douglas and Washoe Counties, community-based advocates staff an office for Protection Orders; Safe Nest in Clark, Advocates to End Domestic Violence in Carson, Victim Service Advocate in Douglas County and Committee to Aid Abused Women in Washoe. Many law enforcement agencies statewide house a system-based advocate to assist with Protection Orders. In Nevada, you file a petition for a Temporary or Extended Protection Order. The petition must adequately allege that the adverse party has committed domestic violence upon you or there is a possibility of it. A judge reviews the petition and will grant or deny a temporary Protective Order, or if applicable, an Extended Protection Order and set a hearing.

Community Resources

Name of Organization	Purpose	Phone Number/hours
911	Emergency response	Dial 911 24 hours a day/7 days a week
National Domestic Violence Hotline	Referrals/crisis intervention	800-799-7233 800-787-3224 (TTY) 24 hours a day/7 days a week
National Sexual Assault Hotline	Referrals/crisis intervention	800-656-4673 24 hours a day/7 days a week
National Center on Elder Abuse	Information	855-500-3537 M-F 8:30 am-5:00 pm
Aging and Disability Services Division	Elder Protective Services, Long-Term Care Ombudsman	775-687-4210- Carson 775-687-0800- Reno 702-486-6930- Clark 888-729-0571- Rural Areas of NV M-F 8:00 am-5:00 pm After hours, call Crisis Call Center 775-221-7620
Bureau of Health Care Quality and Compliance (BHCQC)	Licensing and regulatory entity for facilities	775-684-1030 (North) 702-486-6515 (South) M-F 8:00 am- 5:00 pm
ElderHelpLV	Provides referrals to home health care services: Matches seniors with pre-screened elder care service providers of skilled nursing, personal care, senior transportation, senior housing, insurance, and more.	702-202-4190
Eldercare Locator	Resource referrals	775-684-1000 M-F 8:00 am-5:00 pm
Inter-Tribal Council of Nevada	Advocacy, Tribal resource referrals	775-355-0600 680 Greenbrae, Suite 265, Sparks M-F 8:00 am-5:00 pm
Medicaid Fraud Control Unit	Investigates criminal abuse and/or neglect of residents in nursing homes and medical facilities receiving Medicaid funding.	775-684-1100 Carson City 702-486-3420 Las Vegas M-F 8:00 am-5:00 pm
Nevada Aging and Disability Resource Center	Information, access to healthcare network, options counseling	877-861-1893 M-F 8:00 am -5:00 pm

Nevada 2-1-1	Information/Social Services Resource Referrals	Dial 211 24 hours a day/7 days a week
Nevada Coalition for Suicide Prevention	Resource referrals, crisis hotline	800-273-8255 Suicide Prevention Hotline 24 hours a day/7 days a week
Nevada Senior Services	Offers 12-month telephone-based information and support service for caregivers—provides ongoing help to find practical solutions related to health, care, and well-being concerns. Customized plan is developed for each client.	702-648-3425 or 702-368-2273 Hours vary depending on service requested. Call for details.
Our Center	Advocacy for LGBTQ community	775-624-3720 1745 S. Wells Ave., Reno Hours vary depending on service. Call for details.
The Center	Advocacy for LGBTQ community	702-733-9800 x 102 401 S. Maryland Pkwy, Las Vegas M-F 10:00 am- 10:00 pm Saturdays 10:00 am -3:00 pm
UNR Sanford Center for Aging	Research, education and outreach	775-784-4774 1664 N. Virginia St., Rm 150, Reno M-F 8:00 am -5:00 pm
Hospitals/Medical Care		
Carson Tahoe Regional Medical Center	Medical care	775-445-8000 1600 Medical Pkwy, Carson City 24 hours a day/7 days a week
Centennial Hills Hospital	Medical care	702-835-9861 6900 N. Durango Drive, Las Vegas, 24 hours a day/7 days a week
Desert Springs Hospital	Medical care	702-369-7911 2075 E. Flamingo Road, Las Vegas 24 hours a day/7 days a week
Nevada Health Centers	24 hours a day/7 days a week Medical care	702-307-5415 3900 Cambridge Family Health Center, STE 101, Las Vegas, NV 89119 702-735-9334 Eastern Medical/Dental, 2212 S. Eastern Avenue, Las Vegas, NV 89104

		702-323-1961 Martin Luther King, 1799 Mount Mariah Dr., Las Vegas, NV 89106 800-787-2569 Henderson, 98 E. Lake Mead, STE 103, Henderson, NV 89015 702-214-5948 North Las Vegas, 2225 Civic Center Dr. #224, N. Las Vegas, NV 89030
Northern Nevada Medical Center	Medical care	775-331-7000 2375 E. Prater Way, Sparks 24 hours a day/7 days a week
Renown Hospital	Medical care	775-982-4100 1155 Mill Street, Reno 24 hours a day/7 days a week
Saint Mary's Hospital	Medical care	775-770-3000 235 W. 6th Street, Reno 24 hours a day/7 days a week
Senior Bridges Program	Psychiatric program for seniors age 55+	866-531-0695 2385 E. Prater Way, Sparks Call for appointment
Spring Valley Hospital	Medical care	702-853-3276 5400 S. Rainbow Blvd., Las Vegas 24 hours a day/7 days a week
Summerlin Hospital	Medical care	702-233-7540 657 Town Center Drive, Las Vegas 24 hours a day/7 days a week
University Medical Center	24 hours a day/7 days a week Quick Care Locations	702-383-2565 Enterprise, 1700 Wheeler Park, LV 702-383-6240 61 Nellis Blvd., Las Vegas 702-383-3850 Peccole Ranch, 9320 W. Sahara Avenue, Las Vegas 702-383-3800 Rancho, 4231 N. Rancho Dr., Las Vegas 702-383-3645 Spring Valley, 4180 S. Rainbow #810, Las Vegas

		702-383-3750 Summerlin, 2031 N. Buffalo Drive, Las Vegas 702-383-6210 Sunset, 525 Marks Street, Henderson
Valley Hospital	Medical care	702-388-4665 620 Shadow Lane, Las Vegas 24 hours a day/7 days a week
Veterans Administration Medical Center	Medical care	775-786-7200 (North) 975 Kirman Ave., Reno 702-791-9000 (South) 1501 Arville St., Las Vegas 24 hours a day/7 days a week
WestCare, Inc.	Acute Detox and Mental Health Stabilization Facility	702-383-4044 5659 West Duncan Dr., Las Vegas 24 hours a day/7 days a week
Transportation		
Access to Healthcare Free Rides	Transit	844-469-4932 4001 S. Virginia Street, Reno
Amador Stage Lines	Public transit	775-324-4444 635 Ferrari McLeod Blvd, Reno
Artie J. Cannon Helping Hands of Henderson	Provides transportation to medical appointments, grocery shopping, and a variety of errands for seniors 60+ who reside in Henderson. Transportation provided by volunteers. Telephone reassurance calls are also provided bi-monthly to check on client well-being.	702-616-6554
Greyhound Bus	Public transit	775-322-2970 155 Stevenson, Reno
Helping Hands of Vegas Valley	Transportation for seniors 60+ for medical appointments, grocery shopping, and running errands—transportation provided by volunteers who also provide support and companionship.	702-633-7264 2320 Paseo Del Prado, Suite B204, Las Vegas
James Seastrand Helping Hands of North Las Vegas	Transportation for seniors 60+ for medical appointments, grocery shopping, and prescription pickup-Friendly visitation and telephone reassurance.	702-649-7853 3640 N. 5 th Street #130, North Las Vegas

JAC Assist (Jump Around Carson)	Door-to-door service for seniors with a doctor's note	775-841-7433 Carson City
Lend a Hand Boulder City	Provides escorted transportation for Boulder City residents to medical appointments, grocery shopping, banking, etc.	702-294-2363 400 Utah Street, Boulder City
MTM	With Medicaid certification	844-879-7341 (North)
Rides for Veterans	Veterans only	775-829-5660 Reno
Regional Transportation Center Bus 4 th Street Station	Transit	775-348-7433 4 th and Center Streets, Reno
Regional Transportation Center Access	Door-to-door ADA (Americans with Disabilities Act) transportation	775-348-5438
Regional Transportation Services of Southern NV	Transit	600 S. Grand Central Parkway, Las Vegas Flexible Demand Response (FDR) 702-828-7433 Para-Transit 702-228-4800 Silver Star 702-228-7433 Transit 702-228-7433
Legal Services		
Clark County Family Law/Self-Help Center	Provides informed access, education, information and support services to self-represented persons having legal matters before the family court—free 10 -minute attorney consultations—classes to help prepare court hearings—computers available to prepare documents.	702-455-1500 601 North Pecos, Las Vegas M-F 8:00 am- 4:00 pm
Legal Aid Center of Southern Nevada, Inc.	Legal Services	702-386-1080 or 800-522-1070 725 E. Charleston Blvd, Las Vegas M-F 8:00- 4:00
Nevada Disability Advocacy and Law Center	Federally mandated protection and advocacy agency which provides legal and non-legal advocacy services to individuals with disabilities—Investigates issues of abuse or neglect in care and treatment-providing facilities.	702-257-8150 or 888-349-3843 (South) 775-333-7878 or 800-992-5715 (North) 775-777-1590 or 800-992-5715 (Elko) M-F 1:00 pm – 5:00 pm

Nevada Legal Services	Public and subsidized housing matters— tax matters—government programs— healthcare—tenant's rights	702-386-0404 530 S. 6 th Street, Las Vegas M-F 8:30 am -5:00 pm 775-753-5880 380 Court St., Suite D, Elko M-F 8:00 am- 4:00 pm 775-284-3491 204 Marsh Ave., Suite 101, Reno M-F 8:30 am- 5:00 pm 2621 Northgate Lane, Carson City Tues and Thurs 8:30-5:00
Southern Nevada Senior Law Program	Legal Services for Clark County residents	702-229-6596 411 E. Bonneville Ave, Las Vegas M-F 8:0am -5:00 pm
Volunteer Attorneys for Rural Nevadans	Legal Services for those living in all counties in NV except Washoe and Clark	775-883-8278 904 N. Nevada Street, Carson City M-F 8:00 am-5:00 pm
Washoe Legal Services	Legal Services for Washoe County residents.	775-329-2727 299 S. Arlington Ave, Reno M-F 9:00 am- 5:00 pm

Domestic Violence/Sexual Assault Service Providers

County	Agency	Phone
Carson	Advocates to End Domestic Violence	775-883-7654
Clark	Asian American Advocacy Clinic	702-825-1422
Clark	Bamboo Bridges	702-527-2533
Clark	Bridge Counseling Associates	702-474-6450
Clark	Embracing Project	702-994-0585
Clark	Family and Child Treatment of Southern NV	702-455-3642
Clark	Gay and Lesbian Community Center of Southern Nevada or 'The Center'	702-733-9800
Clark	Gender Justice Nevada	702-810-4159
Clark	Hermanidad Mexicana Transnacional	702-598-0052
Clark	Nevada Coalition to End Domestic and Sexual Violence	775-828-1115
Clark	Rape Crisis Center	702-385-2153
Clark	S.A.F.E. House	702-451-4203

Clark	Safe Nest	702-866-0133
Clark	Shade Tree	702-385-0072
Clark	Women's Development Center	702-796-7770
Clark	WestCare Arizona	928-763-8809
White Pine	Victim Witness Services	775-289-3410
Washoe	Awaken	775-393-9183
Washoe	Committee to Aid Abused Women	775-847-9311
Washoe	Crisis Call Center	775-784-8085
Washoe	Nevada Urban Indians	775-788-7600
Washoe	Pyramid Lake Paiute Tribe	775-575-9444
Washoe	Safe Embrace	775-473-6425
Washoe	Step2, Inc.	775-787-9411
Washoe	Tru Vista Foundation	775-337-5760
Washoe	Tu Casa Latina	775-432-9929
Washoe	University of Nevada Reno- La Clinica	775-682-8684
Washoe	Inter-Tribal Council of Nevada	775-355-0600 x 4
Washoe	Women and Children's Center of the Si- erra	775-825-7006
Washoe	Tahoe Safe Alliance	775-298-0161
Storey	Community Chest	775-847-0414
Mineral	Consolidated Agencies of Human Ser- vices	775-945-2471
Churchill	Domestic Violence Intervention	775-423-1313
Douglas	Family Support Council of Douglas Coun- ty	775-782-8692
Lyon	Lyon County A.L.I.V.E.	775-463-4009
Nye	Nevada Outreach Training Organization dba No To Abuse	775-751-1118
Humboldt	Winnemucca Domestic Violence Services	775-625-1313

Emergency Shelter and Transitional Housing

County	Organization	Phone
Clark	24 Hour Wet Shelter/Behavioral Crisis	702-383-4044 930 North 4 th Street, Las Vegas 24 hours a day/7 days a week
Clark	Basic Needs	702-345-5116 355 W. Mesquite Blvd, Mesquite M-TH 8:00 am-3:00 pm Fridays 8:00 am-12:00 noon

Clark	Catholic Charities (shelter services for men)	702-385-2662 1511 Las Vegas Blvd N. Las Vegas M-F 7:30 am-4:00 pm
Clark	Community Shelter	702-387-2282 1501 Las Vegas Blvd North, LV 24 hours a day/7 days a week
Clark	Crisis Hotline/Domestic Violence Shelter	702-646-4981 2915 W. Charleston Blvd, Las Vegas 24 hours a day/7 days a week
Clark	Crisis Shelter	702-385-0072 7 West Owens Ave., North Las Vegas 24 hours a day/7 days a week
Clark	Emergency Services Shelter	702-564-3227 921 American Pacific Drive, Henderson 24 hours a day/7 days a week
Clark	Emergency Shelter	702-382-1766 480 W. Bonanza Rd, Las Vegas
Clark	Las Vegas Rescue Mission	702-382-1766 480 W. Bonanza Road, Las Vegas M-F 8:00 am- 5:00 pm (office) Saturday 8:00 am- 6:30 pm Sunday 10:00 am-6:30 pm
Clark	Safe Haven for Women Veteran Women's Warrior Program	702-385-2020 5659 Duncan Dr. Las Vegas M-F 9:00 am -5:00 pm
Douglas	Abbey's Crossing Confidential Shelter	775-782-8692 1255 Waterloo Ln, Gardnerville 24 hours a day/7 days a week
Carson	F.I.S.H. (Friends in Service Helping)	775-882-3474 138 E. Long Street, Carson City M-F 9:00 am -5:00 pm
Lyon	Domestic Violence Shelter	775-463-5843 400 North Main St., Yerington 24 hours a day/7 days a week
Elko	Samaritan House Emergency Shelter	775-738-3038 821 Water St., Elko 24 hours a day/7 days a week
Mineral	Consolidated Agencies of Human Services	775-945-2471 925 5 th Street, Hawthorne 24 hours a day/7 days a week
Washoe	Volunteers of America Community Shelter	775-322-9574 (families) 775-329-4141 (men) 775-329-4145 (women) Record Street, Reno Open 24/7 except closed 8:00 am-10:00 am each day

Washoe	Gospel Mission- Reno	775-329-0485 335 Record St., Reno 6:30 am- 8:00 pm (office) 6:30 am- 2:00 pm (shelter check-in)
Washoe	Emergency/Residential Program	775-298-0010 948 Incline Way, Incline Village 24 hours a day/7 days a week
Washoe	TADS (Temporary Assistance for Displaced Seniors)	Contact Washoe County Senior Services 775-328-2766 M-F 8:00 am- 5:00 pm
Nye	No to Abuse Domestic Violence Shelter	775-751-1118 621 S. Blagg St., Pahrump 24 hours a day/7 days a week
Nye	No to Abuse Domestic Violence Shelter	775-482-3016 1120 Globemallow Ln, Tonopah 24 hours a day/7 days a week

Item
by Gregory