



Senior Citizens Advisory Board Minutes

1. Call to Order and Roll Call

Minutes:

CHAIR O'REAR-CAMERON called the meeting to order at 1:00 p.m.

PRESENT: CHAIR O'REAR-CAMERON and MEMBERS WEINSTEIN HALL (via teleconference), GALATI, MOZDEAN, BIENENSTEIN, PATTARETTU and DRUMM

EXCUSED: MEMBER PERAZZO

ALSO PRESENT: GREGORY GRAY, Community Program Technician, JEFF DOROCK, Assistant City Attorney, and CHEYENNE LARANCE, Deputy City Clerk

2. Announcement Regarding: Compliance with Open Meeting Law

Minutes:

ANNOUNCEMENT MADE: This meeting has been properly noticed and posted at the following locations in accordance with the State of Nevada Executive Department Declaration of Emergency Directive 006: The City of Las Vegas website – www.lasvegasnevada.gov and The Nevada Public Notice Website – notice.nv.gov.

3. Public Comment: Comment during this portion of the agenda must be limited to matters on the agenda for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion, as well as the amount of time any single speaker is allowed, may be limited.

Minutes:

None.

4. For possible action to approve the Final Minutes by reference of the Regular Meeting of May 6, 2021

Motion made by Jennifer Drumm to Approve

Passed For: 7; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 1

For-Yvette Weinstein Hall, Elizabeth Pattarettu, Kathleen Bienenstein, Vito Galati, Deanne O'Rear-Cameron, Caroline Mozdean, Jennifer Drumm; Excused-John Perazzo;

5. Presentation by Judith Fleischman, Community Outreach Supervisor, Cano Health, regarding medical information and services for seniors

Minutes:

Using a PowerPoint presentation, a copy of which was submitted and attached as backup, JUDITH FLEISCHMAN, Community Outreach Supervisor, said in 2010, DR. MARLOW HERNANDEZ CANO opened the first Cano Health Center in Pembroke Pines, Florida after seeing the need his community had for an all-inclusive provider. In 2016, Cano Health acquired Comfort Health and they expanded into Miami Dade and Broward in 2017. In 2019, there were 46 medical centers throughout Florida with more than 45,000 members. They were recognized as the number one fastest growing healthcare company and the number six overall fastest growing

company by Inc. 500. In 2020, the national expansion began with four clinics in San Antonio, Texas and three in Las Vegas, Nevada. The two existing locations are at Tropicana Avenue and Pecos Road, and Civic Center Drive and Lake Mead Boulevard. On June 26th, the third location will be opening at Arville Street and Charleston Boulevard, and she will be forwarding the grand opening invitation to all Board members.

Their mission is to improve patient health by delivering superior primary care medical services, while forging a life-long bond with their members. All services are provided in English and Spanish, and many staff members also speak Tagalog. Their vision is to become the national leader in primary care by improving health, wellness and quality of life of the communities they serve, and their core purpose is to increase the number of healthier and happier patients and increase healthcare quality all while decreasing healthcare costs. At this time, Cano Health accepts Medicare, Medicare Advantage, Medicare/Medicaid, Medicare Humana and Medicare Silver Summit. Their hours are 8:00 a.m. to 5:00 p.m., Monday through Friday, and individuals can make appointments by phone or their website. Some of the specialized care they offer includes: acupuncture, spinal decompression, natural injections, cold laser treatments and varicose vein treatments. The Cano Wellness Center will offer arts and crafts, bingo, health seminars, karaoke, Zumba, yoga and Silver Sneakers, and members can utilize the center while they wait for their appointments or afterwards. Cano Health likes to open their centers near a large supermarket such as Walmart, because they offer to transport patients to and from their appointments and assist them with their groceries if needed. MS. FLEISCHMAN gave her own testimony, and said it was important for her to work somewhere that prioritizes seniors' well-being. Cano Dental will also be available, and patients can receive endodontics, orthodontics, periodontics and prosthodontics services.

To demonstrate their commitment to provide the highest quality patient care, Cano Health implemented a 24/7 medical urgency line as part of their Cano at Home program. Through the Cano at Home program, they will provide home visits to existing patients who have medical urgencies. The team of health care practitioners is also dedicated to providing home visits for their existing patients with high-risk, complex cases that are enrolled in their care management program. Additionally, the Cano 360 RV (Recreational Vehicle) is now in Las Vegas. In this vehicle, two patients can be seen at a time and be provided with primary medical care, specimen collections and Cano Life wellness classes. MS. FLEISCHMAN explained members are automatically enrolled in the Cano Life program. Points can be earned every time they receive services or take classes, which then turn into credits and gift cards to keep the seniors happy.

MS. FLEISCHMAN read the addresses of the three Cano Health locations: 4443 West Charleston Boulevard, 2031 East Lake Mead Boulevard and 3265 East Tropicana Avenue. She said the idea is to be accessible to as many seniors as they can, and ten additional locations will be coming soon. The number for the Member Engagement Call Center is 800-202-6968, and her direct number is 702-595-4116. She thanked the Board for inviting her, and reiterated that she will be sending out the invitation for the grand opening of their newest location scheduled for June 26th at 8:30 a.m.

CHAIR O'REAR-CAMERON was excited to see that different services are all offered in one place, and it can be done while having fun so the seniors will age happier.

MEMBER MOZDEAN was fascinated by the forward-thinking approach, and she was surprised it has not been around longer. She recommended that Cano Health add podiatry services at their locations. MS. FLEISCHMAN said they offer podiatry services in Florida, and they will be looking at adding those services along with mental health services to all locations across the country. MEMBER MOZDEAN asked how this integrates with Medicare membership, and MS. FLEISCHMAN said the senior must switch their insurance and become a member of Cano Health, and they are in the process of taking other insurance plans. The best course of action is for the senior to speak with a Benefit Coordinator, and seniors may be transported to a clinic if they cannot call their office. She noted their services may not be the best fit depending on the senior's current treatment plan, but staff will be very honest with the individual. MEMBER MOZDEAN inquired about specialists, and MS. FLEISCHMAN said through Humana and Silver Summit, they have five staff members that are dedicated to specialty referrals.

MEMBER WEINSTEIN HALL asked if seniors can enroll in their wellness program without becoming a Cano Health member because she believed many seniors would be interested even if there was a small fee. MS. FLEISCHMAN believed those seniors would be welcome, but she will ask and report back with a definite answer. CHAIR O'REAR-CAMERON said that was a great question, and also felt many seniors will want to get involved as more Cano Health locations open.

6. Discussion for possible action regarding nominations for the Senior Recognition Award

Minutes:

CHAIR O'REAR-CAMERON said she nominated those who worked with EVELYN BONNER-DRAPES at the last meeting, and she provided a list of the specific individuals along with MS. BONNER-DRAPES' testimonial, a copy of which was submitted and attached as backup. This included the social worker, JO ANN WORTHINGTON, who went above and beyond with MS. BONNER-DRAPES' case. She also wanted to recognize the movers from Capital North American, who were led by TERESA WATTS and the caregiver from Las Vegas Personal Care, MARY STROUGHTER, who contracted COVID-19 while working the case. The owner of the company, LUCY MARTINEZ, then stepped in and provided exceptional service. The Chair was sad to report that MS. MARTINEZ just recently passed away, but she still wants to honor her and have someone accept the award on her behalf. Lastly, the Chair also wanted to nominate NINA TEN with Spotlight Senior Services, who stayed involved throughout the entire process and communicated with everyone involved. CHAIR O'REAR-CAMERON said she wants to encourage a village-like mentality in the community, and expressed the importance of helping one another.

ASSISTANT CITY ATTORNEY JEFF DOROCAC said the Board could have a discussion and then take a vote on whether they would like to recognize those individuals at the next meeting with the Senior Recognition Award.

MEMBER WEINSTEIN HALL felt these were great nominations and wished to move forward.

MEMBER MOZDEAN agreed, and loved the idea of encouraging this type of interaction.

Subsequent to the motion and vote, MR. DOROCAC said staff will attempt to get all of the recipients to attend the same meeting, which could take longer than anticipated.

MEMBER BIENENSTEIN inquired about which wards each of the nominees live in, and the Chair said she will find out and share that information.

Motion made by Kathleen Bienenstein to Approve the following nominations as read for the record: Mary Stroughter, Lucy Martinez, Teresa Watts, Jo Ann Worthington and Nina Ten

Passed For: 7; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 1

For-Yvette Weinstein Hall, Elizabeth Pattarettu, Kathleen Bienenstein, Vito Galati, Deanne O'Rear-Cameron, Caroline Mozdean, Jennifer Drumm; Excused-John Perazzo;

7. Report by Gregory Gray, Community Program Technician, Office of Community Services, regarding senior issues received by the Office of Community Services – All Wards

Minutes:

GREGORY GRAY, Community Program Technician, reported that he received more calls from seniors with housing concerns coming out of the pandemic. A senior called looking to find alternate housing because the house she is in now is being sold. The caveat for her particular situation is that she is caring for her daughter and three grandchildren, and they have little income. Several couples from California have also called looking to relocate to Las Vegas in the next month or two. A son called on behalf of his 71-year-old homeless mother who is living in a tent on the streets. He was trying to get her into housing but he did not understand there is a process and protocol when it comes to resources and services for those individuals. Staff offered to send her back to her hometown but the family declined. They want her to find interim housing in Las Vegas and then transition to permanent housing, but MR. GRAY said they did not understand that homelessness and affordable housing are already existing issues in Las Vegas. A 75-year-old senior called looking to relocate as her current home is being sold. The landlord gave her a no-cause eviction, but she has not received official notice and therefore cannot seek legal aid. She spent all of her savings during the pandemic and desperately needs assistance. MR. GRAY said staff attempted to connect the senior with Ovation, but they are unavailable until August. The senior believes she will receive her notice in the next week or so, and hopes a friend can help her co-sign for an apartment in the meantime.

8. Report by Board members regarding senior issues and events within their Council wards and at large – All Wards

Minutes:

Ward 1 – MEMBER BIENENSTEIN reported COUNCILMAN KNUDSEN and his staff have been visiting senior communities and discussing issues that are brought to their attention. Once a month he meets with constituents for coffee, and MEMBER BIENENSTEIN is meeting with him on Saturday to discuss some of the issues brought to him by his staff. CHAIR O'REAR-CAMERON loved that COUNCILMAN KNUDSEN visits the communities and that he and MEMBER BIENENSTEIN work together so well.

Ward 2 – MEMBER WEINSTEIN HALL advised there will be a suicide prevention event held on June 22nd from 6:30 p.m. to 8:30 p.m. at the Veterans Memorial Leisure Center. A veterans career workshop is running now through July 13th at the Dula Community Center. MEMBER WEINSTEIN HALL said in listening to the KNPR radio station, she noticed many of the advertisements are geared towards seniors. She wanted to give praise to CSN (College of Southern Nevada) for opening a job training center in the Historic Westside. She said mental health is a big issue now, and there is a lot of violence in the world so seniors need to be careful. Lastly, she said she will be meeting with GREGORY GRAY, Community Program Technician, and MEMBER GALATI at the Veterans Memorial Leisure Center on June 7th, which she will report more on next month.

Ward 2 – MEMBER GALATI said the monthly Breakfast Buzz hosted by COUNCILWOMAN SEAMAN is targeted primarily for seniors. There are capacity restrictions, but there is still a good turnout most of the time. He plans on discussing pedestrian crossing issues with individuals in his ward. Many drivers do not respect pedestrian crossing laws, primarily on major roads like Sahara Avenue and Fort Apache Road. He added that if other Board members are experiencing this in their areas, they should bring it to their Councilmember's attention.

Ward 3 – MEMBER DRUMM said COUNCILWOMAN DIAZ is focused on getting the vaccine out in smaller areas of the ward. She said housing and homelessness are major issues in Ward 3, and many seniors are victims of gentrification. She would appreciate someone coming to speak about housing.

Ward 4 – CHAIR O'REAR-CAMERON has been attending as many meetings as possible so she can understand the current landscape as the city continues to open. Additionally, she has been getting a lot of elder abuse cases across her desk. She spoke of a woman who was in a Ward 4 rehabilitation facility and experiencing elder abuse, but the case for EPS (Elderly Protective Services) had been closed. Another senior advocate reached out to CHAIR O'REAR-CAMERON, who gave her information to someone with more authority at EPS as well as the Las Vegas Metropolitan Police Department Captain who works with elder abuse cases. Within 24 hours, the case was reopened and an arrest was made. She is assisting on another call for extortion and mental abuse, which has been happening more often lately. Lastly, the Chair said she is looking at locations to host coffee with seniors so they can start getting out and be heard, and perhaps COUNCILMAN ANTHONY will join her.

Ward 5 – ASSISTANT CITY ATTORNEY JEFF DOROCACK read a report provided by MEMBER PERAZZO, a copy of which was submitted and attached as backup. He explained that he has been staying close to his work schedule at the California Hotel and Casino and the Fremont Hotel and Casino. He said working at the Fremont Hotel and Casino and riding the bus to work has given him the opportunity to visit the Fremont Street Experience before and after work. Construction at Casino Center Boulevard and Ogden Avenue is almost complete but it has been hazardous at times. He injured his arm because the base of a traffic light had not received its last mound of concrete and he fell into the pole. While passing the performers on Fremont Street, one caught his eye and he began inquiring about the senior participation in this activity. On May 30th at 11:30 a.m., he conducted an informal survey of Fremont Street Experience performers (also known as Buskers) from Main Street to Casino Center Boulevard, and he found two-thirds of performers were aged 50 and above. The other one-third declined to answer his survey or were busy performing. He asked the Planning Department for more generalized statistics from their performer database, but he has not heard back yet.

Ward 6 – MEMBER MOZDEAN reminded the public that Three Square will be resuming their community meal days starting on June 7th. She and MEMBER PATTARETTU are working on a series of 'Meet the Ward 6 Senior Citizens Advisory Board Members' events. They are tentatively scheduling the first event for June 28th, but they will have an official flyer ready soon after the Centennial Hills Active Adult Center gives their approval. She added that these events are also open to seniors from other wards. They would like to hold a larger event at Floyd Lamb Park, and there will be more information to follow.

Ward 6 – MEMBER PATTARETTU has visited the Centennial Hills Active Adult Center twice since their reopening. She spoke with a coordinator at the center, who voiced concern over the limitations YMCA is placing

on the seniors. Regular members are only allowed to use the space from 11:00 a.m. to 2:30 p.m., and members who pay \$25 per month have to share the space with other YMCA members. MEMBER PATTARETTU is looking to speak to a YMCA director so more seniors can exercise without the limited hours. Otherwise, she said the seniors seem to be doing better with everything reopening. CHAIR O'REAR-CAMERON asked if MR. GRAY could address this issue, who said he will discuss it with LINDA RYAN, Recreation Supervisor.

9. Discussion regarding topics for future agenda items of the Senior Citizens Advisory Board. Comments made during this portion of the agenda by individual members must refer solely to proposals for future Subcommittee agenda items and any discussion must be limited to whether or not such proposed items are within the purview of the Board and its Subcommittees and whether such proposed items shall be placed on a future agenda. No discussion regarding the substance of any such proposed topic shall occur and no action shall be taken.

Minutes:

CHAIR O'REAR-CAMERON reminded everyone that Subcommittee meetings will not be held until further notice; therefore, any suggestions would be for the next Senior Citizens Advisory Board meeting.

MEMBER DRUMM asked for a presentation surrounding housing. CHAIR O'REAR-CAMERON said she already has a few contacts that she will connect with, and she hopes a presentation on housing will generate more attendance and interaction.

CHAIR O'REAR-CAMERON added that she would like to see a presentation on homelessness with recommendations on how Board members can help.

MEMBER WEINSTEIN HALL asked for a presentation surrounding mental health especially as many people are coming out of isolation. The Chair agreed, and she will see what resources are available to give a presentation.

10. **Citizens Participation:** Public comment during this portion of the agenda must be limited to matters within the jurisdiction of the Board. No subject may be acted upon by the Board unless that subject is on the agenda and is scheduled for action. If you wish to be heard, come forward and give your name for the record. The amount of discussion on any single subject, as well as the amount of time any single speaker is allowed, may be limited.

Minutes:

None.

11. **Adjournment**

Minutes:

CHAIR O'REAR-CAMERON announced the next Senior Citizen Advisory Board meeting would be held on July 1, 2021, and there would be no Subcommittee meetings until further notice.

The meeting was adjourned at 1:55 p.m.

Respectfully submitted:

Cheyenne LaRance, Deputy City Clerk

Gregory Gray, Community Program Technician

THIS MEETING WAS PROPERLY NOTICED AND POSTED AT THE FOLLOWING LOCATIONS
IN ACCORDANCE WITH THE STATE OF NEVADA EXECUTIVE DEPARTMENT
DECLARATION OF EMERGENCY DIRECTIVE 006

The City of Las Vegas website – www.lasvegasnevada.gov
and
The Nevada Public Notice Website – notice.nv.gov