

City of Las Vegas

SENIOR CITIZENS ADVISORY BOARD
CITY HALL, 495 S. MAIN STREET
CITY CLERKS 2ND FLOOR CONFERENCE ROOM
CITY OF LAS VEGAS INTERNET ADDRESS: www.lasvegasnevada.gov

MINUTES SEPTEMBER 5, 2013 1:00 P.M.

ITEMS LISTED ON THE AGENDA MAY BE TAKEN OUT OF THE ORDER PRESENTED; TWO OR MORE AGENDA ITEMS FOR CONSIDERATION MAY BE COMBINED; AND ANY ITEM ON THE AGENDA MAY BE REMOVED OR RELATED DISCUSSION MAY BE DELAYED AT ANY TIME. BACKUP MATERIAL FOR THIS AGENDA MAY BE OBTAINED FROM BEVERLY K. BRIDGES, CITY CLERK, AT THE CITY CLERKS OFFICE AT 495 SOUTH MAIN STREET, 2ND FLOOR OR ON THE CITY'S WEBPAGE AT www.lasvegasnevada.gov.

DUPLICATE AUDIO CDs MAY BE AVAILABLE AT A COST OF \$5.00 EACH THROUGH THE CITY CLERKS OFFICE.

1. CALL TO ORDER

Minutes:

CHAIR HEISE called the meeting to order at 1:09 p.m.

PRESENT: CHAIR HEISE and MEMBERS EVANS, HENKIN, MOORE, ZORN, BROWN and GOLDSTEIN

EXCUSED: MEMBER DREWREY

Also Present: CITY MANAGER ELIZABETH FRETWELL, DEPUTY CITY CLERK LEAN COLEMAN and MARIA CASTILLO-COUCH, Parks, Recreation and Neighborhood Services

2. [ANNOUNCEMENT RE: COMPLIANCE WITH OPEN MEETING LAW](#)

Minutes:

ANNOUNCEMENT MADE - This meeting has been properly noticed and posted at the following locations: City Hall Plaza, 495 South Main Street, 1st Floor; Clark County Government Center, 500 South Grand Central Parkway; Grant Sawyer Building, 555 East Washington Avenue; City of Las Vegas Development Services Center, 333 North Rancho Drive

3. [PUBLIC COMMENT DURING THIS PORTION OF THE AGENDA MUST BE LIMITED TO MATTERS ON THE AGENDA FOR ACTION. IF YOU WISH TO BE HEARD, GIVE YOUR NAME FOR THE RECORD. THE AMOUNT OF DISCUSSION, AS WELL AS THE AMOUNT OF TIME ANY SINGLE SPEAKER IS ALLOWED, MAY BE LIMITED](#)

Minutes:

None.

4. [For possible action to approve the Final Minutes by reference of the Regular Meeting of July 11, 2013](#)

Motion made by JEAN ZORN to Approve

Passed For: 7; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 1

MARY ELLEN HEISE, ROBERT GOLDSTEIN, PATTI BROWN, BETTY EVANS, MICKEY LEE MOORE, MEL HENKIN, JEAN ZORN; Against-(None); Abstain-(None); Did Not Vote-(None); Excused-FRAN DREWREY

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Minutes:

CHAIR HEISE referred to Page 3 of the subject minutes and asked that the individuals name from the Nevada Department of Transportation be corrected to reflect Susan Josephs.

5. Discussion for possible action with Betsy Fretwell, City of Las Vegas, City Manager, regarding senior issues

Minutes:

CHAIR HEISE introduced CITY MANAGER ELIZABETH FRETWELL and gave a brief background on her accomplishments and efforts in helping the City stand as it does today.

CITY MANAGER FRETWELL believed the City has a very active citizen board and noted how important it is for this Board to share what they feel is significant to the community, especially the senior population. These Committees/Boards help the City connect in the right way to meet those needs or at least facilitate conversations and forward feedback that can be weaved in policy discussions. She hopes that this Board feels there is open communication and adequate response regarding Members concerns.

She updated the Board on where the City stands financially and the positive changes taking place on restoring staffing levels. The City is recovering and is healthier than four years ago. There is still work to be done, and the focus is to be smarter at doing the best the City can do with the services provided, while keeping them affordable yet sustainable.

Upon MEMBER ZORNS query regarding a previous leadership class, CITY MANAGER FRETWELL informed her that it would be premature to start this program again until City employees are back on a 40-hour work schedule. Many programs have been placed on hold or eliminated, but some programs will eventually return since some do not require a lot of planning.

MEMBER ZORN stressed the importance of having some streets restriped, such as the area on Sahara Avenue and Decatur Boulevard. Many pedestrian accidents occur because in some areas, the streets and/or sidewalks are not visible. CITY MANAGER FRETWELL appreciated this information and explained that Public Works is working on improving areas in town that have less safer intersections, and as staffing levels are restored, this issue will continue to be addressed. The City has received grant funding to assist with restriping bike lanes as well.

CITY MANAGER FRETWELL provided MEMBER MOORE with an update on the northwest area of town, particularly around Grand Teton Drive, which suffered heavy rainfall/flooding. The City has hired Las Vegas Paving on an emergency basis to clean up this area and will continue to monitor the situation as mitigation takes place over the next 12 months. MEMBER MOORE appreciated the update and for the ongoing efforts taking place on improvements. JERLYS HENDERSON, Community Program Supervisor, added that COUNCILMAN ROSS was conducting a town hall meeting this evening at 6:00 p.m. at the Centennial Hills Center to provide the public with information.

MEMBER EVANS recalled some of the services provided to seniors, such as health fairs, cooking classes and legal aid but believed that other services should be at the forefront for senior citizens now. Senior centers have provided many health fairs and there is an opportunity to focus more so on other services. CITY MANAGER FRETWELL added that there are a lot of issues that impact senior citizens, such as safety and transportation access. She suggested some of the Members be present at an upcoming forum in Sun City Summerlin, as many seniors attend these forums and concerns/issues are expressed that could provide valuable information to this Board. This Board is a conduit for the City Council, as it keeps them informed on issues as well as identifies a service that is not necessarily needed, whereby efforts can be redirected towards one that is needed. MEMBER EVANS is a firm believer that media outlets, as well as health organizations, extends a lot of information, but there are some social issues that have a real impact on seniors, particularly for those who are not active.

CITY MANAGER FRETWELL expressed appreciation for the invitation and thanked the Board for their efforts in the community and for their service in this capacity. Las Vegas is a dynamic and vibrant city and many are committed to this city and enjoy watching their families grow up. Any information or concerns brought to her attention, she would be happy

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to elevate to the City Council.

CHAIR HEISE pulled forward Item 10 to allow CITY MANAGER ELIZABETH FRETWELL the opportunity to present Certificates of Appreciation to MEMBERS EVANS and MOORE, on behalf of the City Council, and thank them for their efforts and service on this Board and to the community as a whole.

6. Report from Jerlys Henderson, Community Program Supervisor, on City of Las Vegas Senior Center programs and fees

Minutes:

JERLYS HENDERSON, Community Program Supervisor, appreciates the opportunities given to her in her current position, as she has interacted with the local recreational facilities in discovering the needs of senior citizens. Relating such feedback to this Board is beneficial and allows for a partnership.

MS. HENDERSON submitted some brochures while she relayed information about the centers. Individuals must be 50 years or older to participate in the classes/programs, and Centennial Hills is the only center where participants can utilize YMCAs facilities without a membership. Registration for classes can be done online; however, events differ between facilities because each staff creates the programs.

MEMBER EVANS appreciates the health awareness programs, which provides a wealth of information for seniors. MS. HENDERSON could not verify the number of non senior centers in the valley but noted that there are adaptive programs for kids with disabilities and a new program is now being offered for adults with disabilities.

Board members talked about membership fees and discounts offered to senior citizens. MS. HENDERSON pointed out that some seniors want the discount but do not necessarily want to go to a senior center. Some of the facilities have been struggling and, as a result, some of their programs have been eliminated. MS. HENDERSON attested to that fact but noted that some of the facilities are bringing back some of the programs as well as hiring. MEMBER ZORN asked if fees could be waived, to which MS. HENDERSON replied that such a request has yet to be made, but there is scholarship funds available to senior citizens. MEMBER GOLDSTEIN thought it may be possible to minimally increase the fees so that these facilities and programs for seniors can be maintained.

The Members thanked MS. HENDERSON for her presence and for her efforts in working with this Board.

CHAIR HEISE commented that this item will be a regular item on the agenda, and MS. HENDERSON will continue to be present and receive feedback from the Board.

7. Report for possible action from Board members regarding possible senior activities in each ward

Minutes:

MEMBER BROWN informed the Board of an upcoming meeting that will be held on September 24, 2013 at 2:00 p.m., in which CITY COUNCILWOMAN TARKANIAN and her assistant will attend. She will be in attendance as well, to ensure residents' concerns are expressed. MARIA CASTILLO-COUCH, Parks, Recreation and Neighborhood Services, suggested having a representative from the Stella Fleming community to be in attendance as well.

MEMBER EVANS met with COUNCILMAN BEERS, who suggested collaborating with other wards for the healthcare seminar. Ward 2 tends not to have many individuals in need of food and/or healthcare, so the energy should be focused on wards where citizens are in need of such services.

CHAIR HEISE added that JOHN BEAR, Special Assistant to COUNCILMAN BEERS, extended his support, and COUNCILMAN BEERS offered his newsletter as a tool for announcements from this Board. The Councilman asked for a follow-up report after each board meeting, to remain informed and offer any assistance when he can.

CHAIR HEISE noted that MEMBER DREWREY, who was excused for this meeting, will provide a report at the next Board meeting.

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MEMBER HENKIN commented that COUNCILMAN ANTHONY is working on an ongoing project with GOVERNOR BRIAN SANDOVAL concerning aging in Nevada. The Councilman has offered his assistance in working with MEMBER HENKIN on identifying and addressing senior citizens needs in Ward 4.

MEMBER ZORN met with COUNCILMAN BARLOW and discussed issues dealing with scams, initiatives for exercise programs and community service projects. An idea was raised to conduct donation events at senior centers for food and clothing. The Councilman also suggested inviting MARK NEWMAN, Las Vegas Fire Division, to be part of conducting CPR classes at the Doolittle Community Center, which has spaces available for up to 45 participants on Tuesdays. The Councilman offered his newsletter as a tool for communication and information and looks forward to being involved in these efforts as well as the CPR class. JERLYS HENDERSON, Community Program Supervisor, mentioned the upcoming Jude 22 food drive and thought it would be a good idea to work together and possibly conduct the food drive in each ward.

During the discussion regarding the Jude 22 food drive, DEPUTY CITY CLERK LEAN COLEMAN referred to the Nevada Open Meeting Law and reminded the Board of the concern with establishing a quorum when Board members are gathered together for events. To avoid having a quorum, two to three Members will work with MS. HENDERSON and ensure delivery of the canned goods for the Jude 22 food drive.

MEMBERS MOORE and GOLDSTEIN discussed with COUNCILMAN ROSS the Jude 22 food drive and the upcoming Cowboy Christmas event. In addition, the Councilman is involved in monthly CPR classes held at Centennial Hills Community Center. They were pleased to hear of the Councilmans desire to continue assisting this Board in any way he can.

CHAIR HEISE thanked all of the Board members for their efforts in working with City Council members.

8. Discussion for possible action on selection of Senior of the Quarter

Minutes:

MEMBER EVANS recommended BILLY OATHOUT as the Senior of the Quarter. MS. OATHOUT is a certified dog therapist for the Sharing Smiles and Joy organization. She showed photos while explaining that MS. OATHOUT and her dogs visit hospitals and provide smiles and playtime to patients. She is actively involved with senior citizens and has taught a staff person how to be comfortable with dogs.

CHAIR HEISE noted that MEMBER EVANS will be present at the October 16, 2013 City Council meeting, since she is in close contact with MS. OATHOUT. MEMBER EVANS confirmed for the Board that MS. OATHOUT will bring her dogs to this meeting, and she will be notified of this recognition prior to the meeting.

9. Discussion for possible action on scams targeting seniors

Minutes:

MEMBERS GOLDSTEIN and MOORE passed out a brochure with scam information and announced that there is an upcoming three-day local seminar but did not have the event information readily available. The local post office sent MEMBER GOLDSTEIN brochures, and he thought it would be a good idea to distribute these brochures within senior housing developments. MARIA CASTILLO-COUCH, Parks, Recreation and Neighborhood Services, suggested providing snacks to the seniors who attend this seminar as well as coordinating with the City Council, as they would want to be a part of these endeavors.

The Board discussed with MS. CASTILLO-COUCH some ideas for informational seminars, and MS. CASTILLO-COUCH recommended distributing the brochures at the upcoming events rather than passing them out to senior citizens at this time.

MEMBER GOLDSTEIN indicated he would work with MEMBER BROWN as well as the Community Program Supervisor, JERLYS HENDERSON.

CHAIR HEISE thanked MEMBERS GOLDSTEIN, MOORE and ZORN for their hard work.

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10. Presentation to Betty Evans and Mickey Moore for their service

Minutes:

CHAIR HEISE pulled this item forward to allow CITY MANAGER ELIZABETH FRETWELL the opportunity to recognize MEMBERS EVANS and MOORE, on behalf of the City Council.

See Item 5 for related discussion.

11. Discussion regarding topics for future agenda items by the Senior Citizens Advisory Board. Comments made during this portion of the agenda by individual Board Members shall refer solely to proposals for future agenda items and any discussion shall be limited to whether or not any such proposed item(s) is/are within the purview of the Board and/or whether such proposed item(s) shall be placed on a future agenda. No discussion regarding the substance of any such proposed topic shall occur and no action shall be taken regarding the proposal.

Minutes:

MARIA CASTILLO-COUCH suggested MEMBER HENKIN follow-up with ANTHONY RUGGIERO, Special Assistant to COUNCILMAN ANTHONY, regarding the upcoming forum mentioned by CITY MANAGER FRETWELL. She believed the information expressed at these forums is valuable and benefits every ward in the city of Las Vegas.

12. CITIZENS PARTICIPATION: PUBLIC COMMENT DURING THIS PORTION OF THE AGENDA MUST BE LIMITED TO MATTERS WITHIN THE JURISDICTION OF THE BOARD. NO SUBJECT MAY BE ACTED UPON BY THE BOARD UNLESS THAT SUBJECT IS ON THE AGENDA AND IS SCHEDULED FOR ACTION. IF YOU WISH TO BE HEARD, GIVE YOUR NAME FOR THE RECORD. THE AMOUNT OF DISCUSSION ON ANY SINGLE SUBJECT, AS WELL AS THE AMOUNT OF TIME ANY SINGLE SPEAKER IS ALLOWED, MAY BE LIMITED

Minutes:

CHAIR HEISE submitted an informational packet on Senior Wellness Solutions and added that DAVID KAREL, Sales Representative, has indicated that he will not be meeting with the Board any longer.

MARIA CASTILLO-COUCH, Parks, Recreation and Neighborhood Services, asked to remain informed about this organization, since staff is creating a plan for all of its presentations.

CHAIR HEISE noted that MR. KAREL is working with the Council individually, and MEMBER EVANS added that no commitments with MR. KAREL have been made. MS. CASTILLO-COUCH felt that given the Boards efforts, it would be appropriate to have a presentation informing the City Council on its achievements over the past year.

MEMBER GOLDSTEIN shared some information about this organization, in that it offers wellness visits free of charge for seniors, and MR. KAREL wanted to ensure that all Medicare patients understand their Medicare benefits and options. An upcoming event will be held on October 16, 2013 at the Red Rock Hotel and Casino.

MEMBER EVANS asked that an item be placed on the next agenda regarding an update on the Jude 22 food drive.

13. ADJOURNMENT

Minutes:

The meeting was adjourned at 3:06 p.m.

Respectfully submitted:

Lean Coleman, Deputy City Clerk

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Maria Castillo-Couch, Parks, Recreation and Neighborhood Services

Facilities are provided throughout City Hall for the convenience of disabled persons. Reasonable efforts will be made to assist and accommodate physically handicapped persons. If you need an accommodation to attend and participate in this meeting, please call the City Clerks office at 229-6311 and advise of your need at least 48 hours in advance of the meeting. The Citys TDD number is 386-9108.

THIS MEETING HAS BEEN PROPERLY NOTICED AND POSTED AT THE FOLLOWING LOCATIONS:

City Hall, 495 South Main Street, 1st Floor
Clark County Government Center, 500 South Grand Central Parkway
Grant Sawyer Building, 555 East Washington Avenue
City of Las Vegas Development Services Center, 333 North Rancho Drive