

City of Las Vegas

SENIOR CITIZENS ADVISORY BOARD
CITY HALL, 495 S. MAIN STREET
CITY CLERKS 2ND FLOOR CONFERENCE ROOM
CITY OF LAS VEGAS INTERNET ADDRESS: www.lasvegasnevada.gov

MINUTES

July 11, 2013
1:00 P.M.

ITEMS LISTED ON THE AGENDA MAY BE TAKEN OUT OF THE ORDER PRESENTED; TWO OR MORE AGENDA ITEMS FOR CONSIDERATION MAY BE COMBINED; AND ANY ITEM ON THE AGENDA MAY BE REMOVED OR RELATED DISCUSSION MAY BE DELAYED AT ANY TIME. BACKUP MATERIAL FOR THIS AGENDA MAY BE OBTAINED FROM BEVERLY K. BRIDGES, CITY CLERK, AT THE CITY CLERKS OFFICE AT 495 SOUTH MAIN STREET, 2ND FLOOR OR ON THE CITY'S WEBPAGE AT www.lasvegasnevada.gov.

DUPLICATE AUDIO CDs MAY BE AVAILABLE AT A COST OF \$5.00 PER CD THROUGH THE CITY CLERKS OFFICE.

1. [CALL TO ORDER](#)

Minutes:

CHAIR EVANS called the meeting to order at 1:00 p.m.

PRESENT: CHAIR EVANS and MEMBERS HENKIN, HEISE, ZORN, BROWN and GOLDSTEIN

EXCUSED: MEMBERS MOORE and DREWREY

Also Present: MARIA CASTILLO-COUCH, Parks, Recreation and Neighborhood Services, and DEPUTY CITY CLERK GABRIELA PORTILLO-BRENNER

2. [ANNOUNCEMENT RE: COMPLIANCE WITH OPEN MEETING LAW](#)

Minutes:

ANNOUNCEMENT MADE - This meeting has been properly noticed and posted at the following locations: City Hall Plaza, 495 South Main Street, 1st Floor; Clark County Government Center, 500 South Grand Central Parkway; Grant Sawyer Building, 555 East Washington Avenue; City of Las Vegas Development Services Center, 333 North Rancho Drive

3. [PUBLIC COMMENT DURING THIS PORTION OF THE AGENDA MUST BE LIMITED TO MATTERS ON THE AGENDA FOR ACTION. IF YOU WISH TO BE HEARD, GIVE YOUR NAME FOR THE RECORD. THE AMOUNT OF DISCUSSION, AS WELL AS THE AMOUNT OF TIME ANY SINGLE SPEAKER IS ALLOWED, MAY BE LIMITED](#)

Minutes:

None.

4. [For possible action to approve the Final Minutes by reference of the Regular Meeting of March 7, 2013](#)

Motion made by ROBERT GOLDSTEIN to Approve

Passed For: 6; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 2

City of Las Vegas

MARY ELLEN HEISE, ROBERT GOLDSTEIN, PATTI BROWN, BETTY EVANS, MEL HENKIN, JEAN ZORN;
Against-(None); Abstain-(None); Did Not Vote-(None); Excused-(MICKEY LEE MOORE, FRAN DREWREY)

5. [Discussion for possible action with Mayor Carolyn C. Goodman regarding senior issues](#)

Minutes:

MAYOR GOODMAN submitted flyers regarding the Senior Energy Assistance Expo presented by NV Energy as backup documentation. She then spoke about the need to do more with seniors because they bring a lot of knowledge, experience and talent. From campaigning for her husband, she has seen that there is a need for volunteerism. She discussed with the members the need to form a database of names of senior volunteers to pull from to provide services, even if only on a part-time basis, as well as to craft a plan for volunteers. It would be nice to have a senior hotline where seniors can be called upon for assistance, even if by computer. Unfortunately, many seniors do not have computers or transportation, and given cuts in government funding, it would be difficult to provide. She thought that once a plan is crafted, the Regional Transportation Commission could be contacted to provide transportation services.

MARIA CASTILLO-COUCH, Parks, Recreation and Neighborhood Services, indicated that this board focuses on reaching out to people that are basically homebound.

CHAIR EVANS spoke about the services she volunteers at various senior centers, for example, instruction on modified exercise and CPR. She commented there is a lot going on at places outside of senior centers. She emphasized that the best thing in life is to provide service to others.

CHAIR EVANS thanked the Mayor for being present. She added that over the years the board members have been involved in providing various types of information to senior groups.

MEMBER ZORN stated she would like to offer a CPR course and educate male and female seniors about the different heart attack symptoms, because they are different for males and females.

MAYOR GOODMAN said that other matters of import to seniors are safety and quality of health. She wondered if the best way to recruit seniors would be to have meetings at different centers.

MEMBER HEISE asked if the individual Council members should be contacted to discuss how this board can become more effective, with which the Mayor agreed.

At the request of MEMBER HEISE, MAYOR GOODMAN spoke about the City of Las Vegas organizational hierarchy and the function of CITY MANAGER ELIZABETH FRETWELL.

MAYOR GOODMAN suggested inviting the various Councilmembers to speak before the board.

MEMBER HENKIN stated that many seniors have a problem paying for many of the classes offered. MEMBER GOLDSTEIN pointed out that many of the classes are offered at no charge. MEMBER ZORN suggested gathering the cost of some of the classes and those that are free and providing that information.

CHAIR EVANS asked if someone would like to research costs. MS. CASTILLO-COUCH asked that an email be sent to her requesting the information and perhaps the department of Parks, Recreation and Neighborhood Services could compile that information.

6. [Report on the Regional Transportation Commission's process to transport clients to and from adult day care facilities](#)

Minutes:

City of Las Vegas

MEMBER HEISE stated that after meeting with representative, SUE JOSEPHS, Regional Transportation Commission (RTC), and found out that it is up to the family member or caregiver to make transportation arrangements with the RTC. Unfortunately, all of her concerns were not addressed. The RTC representative suggested documenting where to and from exactly the person is being transported.

CHAIR EVANS added that the caregiver or family member needs to decide whether or not the person being transported needs to be attended to, or have an escort. MEMBER HEISE interjected that, unfortunately, the caregiver or family member cannot ride on the RTC bus. CHAIR EVANS and MEMBER BROWN pointed out that caregivers can ride when seniors are transported to receive medical services. MEMBER ZORN stated that the RTC's transportation guidelines are very restrictive.

MEMBER GOLDSTEIN said that unfortunately the City no longer has a senior advocate, like MEL KALEGIAN, who was so helpful with senior issues.

7. [Discussion for possible action on identifying types of presentations to be provided to seniors in senior apartments/housing](#)

Minutes:

CHAIR EVANS stated there is a group of firefighters working with the Red Cross on providing 45-minute presentations on how to perform CPR. She will be working on providing presentations to the various centers.

MARIA CASTILLO-COUCH, Parks, Recreation and Neighborhood Services, stated that she used to have all the contacts for the various centers, but then lost them and is one of the reasons why some presentations were no longer being made, from healthy living to grant writing and conflict resolution. She indicated that with the involvement of all the board members, it would certainly assist her.

MEMBER GOLDSTEIN offered to assist with putting a list together of contact persons and on making some of the presentations.

MS. CASTILLO-COUCH asked that a list be provided to her of matters to be handled. She stated perhaps coordinating something at Stella Fleming Towers. MEMBER BROWN offered to obtain a list of all the resident councils from her manager.

8. [Discussion for possible action on foreign lottery scams directed at seniors through the U.S. Post Office](#)

Minutes:

MEMBER GOLDSTEIN showed a brochure, which was not submitted as backup, provided by the Post Office and prepared by the AARP, and he suggested providing these brochures to seniors at different centers to make them aware of this fraud. MARIA CASTILLO-COUCH suggested deciding which would be a better way to make a presentation.

9. [Discussion for possible action to elect officers for 2013-2014](#)

Motion made by PATTI BROWN to Approve Mary Ellen Heise as Chair and Betty Evans as Vice Chair

Passed For: 6; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 2

MARY ELLEN HEISE, ROBERT GOLDSTEIN, PATTI BROWN, BETTY EVANS, MEL HENKIN, JEAN ZORN; Against-(None); Abstain-(None); Did Not Vote-(None); Excused-(MICKEY LEE MOORE, FRAN DREWREY)

Minutes:

MEMBER BROWN nominated MEMBER HEISE as Chair and MEMBER EVANS as Vice Chair.

10. [CITIZENS PARTICIPATION: PUBLIC COMMENT DURING THIS PORTION OF THE AGENDA MUST BE LIMITED TO MATTERS WITHIN THE JURISDICTION OF THE BOARD. NO SUBJECT MAY BE ACTED](#)

City of Las Vegas

UPON BY THE BOARD UNLESS THAT SUBJECT IS ON THE AGENDA AND IS SCHEDULED FOR ACTION. IF YOU WISH TO BE HEARD, GIVE YOUR NAME FOR THE RECORD. THE AMOUNT OF DISCUSSION ON ANY SINGLE SUBJECT, AS WELL AS THE AMOUNT OF TIME ANY SINGLE SPEAKER IS ALLOWED, MAY BE LIMITED

Minutes:
None.

11. ADJOURNMENT

Minutes:
The meeting was adjourned at 2:09 p.m.

Respectfully submitted:

Gabriela Portillo-Brenner, Deputy City Clerk

Maria Castillo-Couch, Parks, Recreation and Neighborhood Services

Facilities are provided throughout City Hall for the convenience of disabled persons. If you need an accommodation to attend and participate in this meeting, please call the City Clerks office at 229-6311 and advise of your need at least 48 hours in advance of the meeting. The Citys TDD number is 386-9108.

THIS MEETING HAS BEEN PROPERLY NOTICED AND POSTED AT THE FOLLOWING LOCATIONS:

City Hall, 495 South Main Street, 1st Floor
Clark County Government Center, 500 South Grand Central Parkway
Grant Sawyer Building, 555 East Washington Avenue
City of Las Vegas Development Services Center, 333 North Rancho Drive