



Family Promise[®]
of Las Vegas

Building community, strengthening lives.

2010 Program Services Report for Family Promise of Las Vegas Transitional Shelter Program (Housing Program is not included in these statistics)
(July 1, 2009 to June 30, 2010)

Census

Individuals served (guests)	176
Families served	54
Number of Parents	74
Number of children	102
Percent of total who are children	57%
Number of children age 5 and under	49
Percent of total children age 5 and under	48%
Average length of stay (days)	65

Housing Status at Exit

Percent of families securing permanent housing	38%
Percent of families securing transitional housing	22%
Percent of families moving out of state	27%
Percent of families to other agencies or unknown	13%
(please note the percentage of families moving back to states of origin is higher due to unemployment)	

Family Composition

Two-Parent Families	38%
Female Headed Single Parent Families	50%
Male Headed Single Parent Families	12%

Racial Background

African-American	38%
Asian	6%
Caucasian	36%
Latino	19%
Native American	1%

Individuals served, other than as guests, who received some form of assistance	1,040
Total individuals served	1,216

Note: Individuals served other than guests includes families that we serve with holiday gifts, food baskets, Easter baskets and the nearly 900 homeless individuals that we provide services to at our annual Call Home for the Holiday Event. Family Promise contributes the children's gifts, jackets, knit scarves and hats and is the lead planner for solicitation of community-wide donations to this event. Outside individuals are referred to us by Hope Link, ABC Academy of Learning, The Department of Health and Human Welfare and we leverage any surplus in-kind gifts to assist our partner agencies. For Easter, 2011 we requested an additional 55 Easter Baskets to help HOPE LINK families. We also continue to assist graduate families for approximately 2 years post-graduation as needed.

Submitted At Meeting

Date *11/18/10* Item *4*

**Community
Development
Recommending Board
Meeting of
January 19, 2012**

**BROCHURE
SUBMITTED AS
BACKUP FOR ITEM
4 – FILED WITHIN
MINUTE BINDER**



Read and Rise Program Overview

The Read and Rise Initiative developed through a partnership between the National Urban League, Scholastic, Inc. and State Farm Insurance provides parents, especially African American and Latino parents, with basic tools for helping children achieve reading success. The program also seeks to get parents involved in their children's education and build a bridge between home and school.

Program Description

Read and Rise has a formal curriculum, including bilingual (English/Spanish) materials for parents of children at six age levels, beginning at birth through age nine. The materials are designed to build parental capacity to implement strategies at home, which will support their child's literacy skill development. Parents are also provided with basic information on child development and critical growth benchmarks. Parents receive free reading materials, including magazines and books for their children, which they can keep.

The Program is composed of "Parent Circles". Each circle consists of 12-15 participants meeting once a week for two to three hours. Circles are facilitated by a trained instructor. Child care and food are provided for parents at each session.

Every Circle is divided into five parts;

1. Community building –everyone gets an opportunity to talk and share something of interest with the group. Parents are encouraged to talk about the activities they have completed with their children.
2. Instruction – information, concepts and literacy skill building activities are provided to the parents.
3. Facilitation – parents reflect and interact with each other about the information that has been presented.
4. Application – parents practice concepts and activities presented so they feel able to use those at home with their children.
5. Wrap Up – new information is clarified, parental feedback on the session is obtained, and the circle is closed.

School/Site Program Implementation

School and or Site

- Each school will select and recruit K-3rd grade parents to be targeted for the Read and Rise Program.
- Each school or site will make the initial parent contact list.
- Each school/site will provide space for the Parent Circle and childcare, utilities, and other technology resources needed.
- Each site will decide the day of the week and the scheduled time for each Parent Circle. Each Read and Rise session will consist of a one (1)/ 2-hour Parent Circle per week for 6-8 weeks.

The Las Vegas Urban League

- The UL staff will provide an invitation letter to parents in English and Spanish and will make follow-up calls at the school or site's request. The UL staff will attend school staff and or/parents' meeting to introduce the project, if requested.
- The UL will select Read and Rise Facilitators based on the needs of parents and students identified for the program.
- The UL will provide curriculum and other instructional materials which are appropriate for program participants, including materials in Spanish. School and staff are invited to review these materials.
- The UL will provide light snacks and childcare for each Parent Circle.
- The UL Facilitator will communicate on an ongoing basis with designated school or site staff regarding the progress of parents in the Read and Rise program.
- Staff will model appropriate literacy skill development for parents so that parents can "practice" these skills with Facilitator support.

Parents who have an attendance rate of 90% or better, complete 4 out of 5 pre/post-tests, completes pre/post surveys, and submits a Teacher Response (regarding the progress of his/her child in school) will receive a gift card stipend. Stipends and additional incentives will be presented to all qualified participants at a "graduation/culmination" celebration at the end of the 6 - 8 weeks session.

Program Assessment

- At the beginning of the program session, each parent will be asked to complete pre-assessment. This will provide information regarding their involvement in their child's education and an indication of their own literacy skills.
- Each parent will be asked to provide oral and written feedback after each Circle.
- At the end of the program session, parents will be asked to complete a post-assessment form to measure any changes in their involvement with their children's learning and improvement in their own literacy skills.
- Teachers will complete a Teacher Response Survey at the beginning of the each session. This survey provides feedback regarding changes in behavior and/or academic performance of students whose parents are in the Read and Rise program.
- Teacher Response Surveys will be reviewed to assess student improvement in reading and literacy skills.

Additional Available Services from the LV Urban League

- Life Skills Classes can be offered to parents to help them live independently and advocate for themselves. The curriculum includes a variety of topic areas such as: managing a household, maintaining good health and nutrition, conflict resolution, stress management, locating needed community services, participating in the health care system, budgeting, and exploring vocational and secondary educational opportunities. Participants can also receive assistance in enrolling in GED and ESL classes that are held in community locations.
- UL Nevada Public Computer Centers—*“Connect-Access-Empower”*
 - Free technology and internet access
 - Free computer training

Duration of Life Skills Training: 6-8 hours of instruction

- Financial Literacy Classes are offered by the Urban League to build a variety of money management and asset building skills. Participant will learn:
 - How to manage a bank/savings account
 - How to create a budget and manage their money
 - How to apply for and monitor their credit
 - How to read a credit report and increase their credit score
 - How to build financial assets
- Case management services provide individualized support and guidance to participants dealing with a variety of serious issues that are negatively impacting their lives. Case managers help participant’s access basic services such as housing, food, and clothing. They can also help participants acquire identification cards and birth certificates. Once stabilized, case managers and participants agree on a plan that will enable the participant to secure employment, attain a better job, and or gain a greater sense of well being and control of their lives. For services that cannot be provided by the Urban League, case managers help participant’s access community resources, through referral and referral follow-up. Case managers build partnerships between the Urban League and community agencies in order to facilitate the referral process. Case managers will continue to work with a participant for up to two years to ensure their continued progress and movement towards self-sufficiency.

Carol Santiago, Education Department Manager

Shirley Redmon, Data Entry Coordinator

Las Vegas Urban League 930 W. Owens LV, NV 89106

(702) 636-3949



Read and Rise Partnership Organization Agreement

The Urban League Agrees to:

- The UL staff will provide an invitation letter to parents in English and Spanish and will make follow-up calls. The UL staff will attend school staff and or/parents' meeting to introduce the project, if requested.
- The UL will select Read and Rise Facilitators based on the needs of parents and students identified for the program.
- The UL will provide curriculum and other instructional materials which are appropriate for program participants, including materials in Spanish. School and staff are invited to review these materials.
- The UL will provide light snacks. Childcare will be provided upon request.
- The UL Read and Rise Facilitator will communicate on an ongoing basis regarding the progress of parents in the Read and Rise program with designated school or site staff.
- One Parent Circle session will bring parents and children together, when possible, so that the Facilitator can model appropriate literacy skills so that parents can "practice" these skills with Facilitator support.
 - The UL will provide, at an end-of-session "Culmination", Gift Card Stipends and additional incentives to parents who successfully complete a Parent Circle Session.

_____ **E. S. agrees to participate in the Las Vegas Urban League Read and Rise Program and agrees to the following:**

- Each school will select and recruit K-3rd grade parents for the Read and Rise Program.
- Schools and sites will make the initial parent contact list.
- Each school/site will provide space for the parent circle and childcare, utilities, and other technology resources needed.
- Each site will decide the day of the week and the scheduled time for each Parent Circle.

Urban League Education Dept. Manager _____ Date _____

Signature: School Site Principal and /or Designee / Parent Center Coordinator / Student Success Coordinator Date _____

Print Name: School Site Principal and /or Designee / Parent Center Coordinator / Student Success Coordinator



Read and Rise Session Descriptions

Session 1 / 8 Weeks: MILESTONES Age Levels: Toddlers, Pre-School, K, 1st, 2nd, 3rd Grade

Parents will be introduced to the Learning Milestones / Pre/Post Test

Surveys, Evaluations, Classroom Teacher Response

Various Learning Activities Presented to Reinforce Learning at Home

Classroom Observations (where possible)

How to prepare for a parent/teacher conference

Introduction to Las Vegas Urban League programs / services: Family Development, WIC, Child Care Subsidy

Culmination Program at the Pearson Center: Certificates, Gift Cards, Books

Session 2 / 6 Weeks: Technology/On-line Learning Sites

Parents will explore various free on-line learning websites: ie.starfall.com

Introduction to Parent Link

Introduction to Las Vegas Urban League programs / services: BTOP, RexO; Weatherization

Culmination Program at the Pearson Center: Parent Projects, Certificates, Gift Cards, Books

Session 3 / 6 Weeks: Active Learning/Projects

Review Milestones (Pre/Post Test)

Hands-On Learning Activities

Introduction to Las Vegas Urban League programs / services: MLK Senior Center, Veteran's Program

Site Culminations and Celebrations





ROBERT L. TAYLOR ELEMENTARY SCHOOL

144 WESTMINSTER WAY
HENDERSON • NV 89015
(702) 799-8950
FAX (702) 799-8984

Janet Dobry Ph.D., Principal

January 10, 2012

Dear Members of the Henderson Community Development Block Grant Committee,

Many Robert Taylor parents have limited background in knowing how to help their child learn to read. Last year the Urban League brought the **Read and Rise Program** to parents at Robert Taylor Elementary School. This is a great program that teaches parents of children age nine and younger how to help their child learn to love to read, help their child develop reading skills, and help their children become better readers. The parents who attended this eight week course found it to be very beneficial. The teachers have noticed that the children whose parents were in the training seem to be becoming more successful readers. These children are getting more help and encouragement from home as a result of their parent attending the classes.

This school year the Urban League brought us another **Read and Rise** class, and we are about to host **Read and Rise Session 2 – Learning On-Line** class. Robert Taylor parents are excited about this opportunity to be able to use a computer and learn about web sites that will enhance learning for their children.

We appreciate having these trainings at Robert Taylor Elementary, and **we would encourage the Henderson CDBG Committee to provide funding for other schools in Henderson** to be able to offer these Urban League classes. All parents can benefit from these classes, but for parents who lack personal education, these classes are the key; giving them the training to help their child become a successful reader. They actually do help families to **Read and Rise!**

Sincerely,

Janet Dobry

**Community
Development
Recommending Board
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Comprehensive Geriatric Assessment Program

NEVADA SENIOR SERVICES



A Community Program Promoting Health and Providing Convenience for Mature Adults



Why Do Older Adults Need a Geriatric Assessment?

Many illnesses that commonly affect older adults are manageable with a change in lifestyle, medications, modifications in diet, exercise and other daily living behaviors. Through the Nevada Senior Services' team approach, Southern Nevada's finest board certified Geriatricians, individuals and their families work together to improve and maintain the highest quality of life for men and women in our community.

◦ Physician referrals are not required ◦

COMPREHENSIVE GERIATRIC ASSESSMENT

- Fall Prevention
- Memory Loss
- Assess Mobility
- Current and Past Illnesses
- Depression & Emotional Health
- Impaired Vision or Hearing
- Nutritional Concerns
- Medication Review
- Living Environment Function
- Caregiver Network and Services
- Functionality Measure
- Rehabilitation Status
- Recent or Impending Life Changes
- Incontinence Issues
- Sleep Difficulties
- Final reports sent to your Primary Care Physician

WELL-VISIT HEALTH SCREENINGS

Annual and biannual recertification for medical programs

- Geriatric Wellness Physical Exam
- Completion of Medicaid Forms
- Health Services Referrals
- Medication Review
- Final Reports Sent to Your Primary Care Physician

***Both Programs are covered by Medicare & Medicaid with No Additional Cost to Consumers!**

This program is made possible by a generous grant from the Nevada Aging and Disability Services Division



CALL 702-648-3425 to schedule an appointment ◦ 901 N. Jones, Las Vegas, NV 89108

Comprehensive Geriatric Assessment Program

NEVADA SENIOR SERVICES

Clinic Pre-Admission Information

The Team

- Board-Certified Geriatric Physician
- Nurse and Nursing Students
- Licensed Clinical Social Worker
- Physician Assistant and PA Students
- Occupational Therapist and OT Students
- Lawyers specializing in senior issues including estate planning, medical directives and durable power of attorney for healthcare

Who attends the clinic?

- Older adults with complex medical and/or social needs
- Falls, gait and balance problems
- Bladder/bowel issues-incontinence, constipation, etc.
- Memory problems
- Complications with multiple medications

What to bring to clinic:

- All medications in original bottles
- Prescriptions
- Over the counter medications
- Vitamins and herbal supplements
- Primary Care Physician- name, address, phone, fax
- Medical records
- Nevada photo ID
- Medicare, Medicaid and Health Insurance Cards
- Lab work, x-ray reports, other test results and specialists summaries

What to wear to the clinic:

- Sturdy shoes
- Loose, comfortable clothes
- Bring or wear sleeveless shirt or undershirt

How long does it take?

- You can expect your visit to be approximately 3 hours. We suggest scheduling an appointment for the Social Worker assessment prior to your medical assessment.

How much will it cost?

- There is no charge to the client beyond Medicare with either Medicaid or a Medicare supplement

Do I need a Doctor's Referral?

- No, you may self-refer to our program
- Records will be forwarded to a primary care physician

What is the Senior Citizen Law Project?

As an added benefit to the Comprehensive Geriatric Assessment Program, our clients have an opportunity to meet with lawyers from the City of Las Vegas Senior Citizens Law Project to receive information about their services including:

- Wills
- Medical Directives
- Durable Power of Attorney

CALL 702-648-3425 to schedule an appointment • 901 N. Jones, Las Vegas, NV 89108

Comprehensive Geriatric Assessment Program

NEVADA SENIOR SERVICES



The Geriatric Assessment Team



Nevada Senior Services Medical Director

Upinder Singh, MD completed his Internal Medicine residency and Geriatrics fellowship at St Vincent's CMC, NY. He is triple boarded in Internal medicine, Geriatrics and Hospice and Palliative care medicine. Dr. Singh served as the Clinical Director of the Program of All-Inclusive Care for the Elderly (PACE) program in Syracuse, NY, Director of Geriatrics for UMA and director, Center for Senior Health, United Health Services in Binghamton, NY before moving to sunny Las Vegas in 2004. He joined as Chief of Geriatrics for Southwest Medical Associates and left as Medical Director for Health Plan of Nevada to join Touro University Nevada as professor in 2010. He directs the Memory Disorder Clinic in the Touro University Multispecialty Patient Clinic. Dr. Singh is a fellow of the American Geriatrics Society and American College of Physicians. His major interest is in dementia, osteoporosis and improving quality of care of older adults.



Director of Functional Assessment and Rehabilitation

Karen Picus, EdD, OTR/L, OTPP designs clinical assessment strategies and assists in coordination of a multi-disciplinary diagnostic and therapeutic team. She is facilitating a new home modification program together with Nevada Senior Services to provide affordable, thoughtful and efficient accessibility and mobility for physically challenged individuals. An innovative clinical leader, Dr. Picus brings 30 years of experience in medical and community-based adult rehabilitation. Dr. Picus was the founding Director of the School of Occupational Therapy at Touro University and has been Director of rehabilitation services for several major rehabilitation agencies. Dr. Picus graduated from the University of Wisconsin and continued at Cardinal Stritch University for a Master's in Health Care Management and a Doctorate in Education. Dr. Picus relocated to Nevada in 2003.

CALL 702-648-3425 to schedule an appointment • 901 N. Jones, Las Vegas, NV 89108

Faculty Biography



Julie Zacharias, D.O.

Dr. Julie Zacharias received her DO degree from the Texas College of Osteopathic Medicine in 2007. She completed an accredited family medicine residency program in 2010 at Pitt County Memorial Hospital, which is affiliated with East Carolina University, during which she was a chief resident of family medicine.

She completed an additional one year fellowship in Geriatrics and was selected as an American Medical Directors Association Future Foundations Participant.

Dr. Zacharias moved to Nevada in 2011 to join Touro University Nevada College of Osteopathic Medicine (TUNCOM) as an Assistant Professor in the Primary Care Department. She is a practicing physician who provides on-site care at assisted living facilities, skilled nursing facilities, and private homes.

Board certified by the American Board of Family Medicine and board eligible for Geriatrics, Dr. Zacharias is a member of the American Academy of Family Physicians and American Geriatric Society. Her geriatric interests include memory disorders, goals of care for the elderly, and falls prevention.

Comprehensive Geriatric Assessment Program

NEVADA SENIOR SERVICES



Elder Law Clinic at the Geriatric Assessment Clinic

The Elder Law Clinic is provided as a service at the Geriatric Assessment Center by the Senior Citizens Law Project. This legal clinic provides free legal assistance to low and moderate income seniors. In a partnership with area colleges and universities, the clinic also offers health care students (medical, nursing, physician assistants, occupational therapy, social work), a unique opportunity to learn about medical and health law issues of older persons. This unique collaboration between medical and legal services offers seniors and caregivers a comprehensive resource for addressing the most pressing issues of aging in place.

Cases handled by the Elder Law Clinic include:

- **Wills and Living Wills**
- **Powers of Attorney**
- **Medicare and Medicaid questions**
- **Guardianship**
- **Nursing Home Issues**
- **Fraud**
- **Consumer Problems and Litigation**

To be a client of the Elder Law Clinic, you must meet the following qualifications:

- **You must be at least 60 years old**
- **You must have low to moderate income**
- **You must reside in Clark County**

This program is made possible by a generous grant from:
Nevada Aging and Disability Services Division

CALL 702-648-3425 to schedule an appointment • 901 N. Jones, Las Vegas, NV 89108

Why Do Senior Adults Need a Comprehensive Geriatric Assessment?

Because as we age, our health concerns become more complicated. CGAP- Comprehensive Geriatric Assessment Program is here to help Senior Adults take charge of their health and lead happier, healthier lives.



Tuesday Clinic 901 N. Jones, Las Vegas, NV 89108 PH 702.648.3425

Thursday Clinic 1201 Nevada State Drive, Henderson, NV 89002 PH 702.368.2273
(starting January 26)

CGAP is funded through a grant from the State of Nevada Aging and Disability Services Division and coordinated by Nevada Senior Services, a nonprofit organization.

CGAP is the only Comprehensive Geriatric Assessment Program in Nevada

This service is covered by Medicare with Medicaid or a Medicare Supplemental Insurance with NO ADDITIONAL COST TO CONSUMERS

Our professionals can deliver specialty care services, coordinating treatment with your regular health care provider.

Our services include:

- Complete Medical Exam by a Geriatric Physician and Evaluation by an Occupational Therapist
- Personal and caregiver counseling with a licensed social worker
- In-depth emotional health and cognitive evaluations, including dementia (memory loss)
- Medication Consultation
- Health & Wellness Education and Caregiver Guidance
- Treatment of health challenges that become more common with aging, such as falls and mobility issues, depression, stroke and tremors, incontinence, sleep difficulties, impaired vision and hearing
- Assistance with future needs including a free consultation with an Elder Law Attorney from the City of Las Vegas Senior Citizen Law Project: Wills, Power of Attorney, Medicare/Medicaid questions, Guardianship, etc.

Healthy Aging: Up2Me

Learn How to Live with a Chronic Condition



If you are an adult 55 or older with a condition such as diabetes, arthritis, high blood pressure, heart disease, chronic pain or anxiety, this Healthy Aging: Up2Me workshop can help you take charge of your life.

You will get the support you need, find practical ways to deal with pain and fatigue, discover better nutrition and exercise choices, understand new treatment choices and learn better ways to talk to your doctor and family about your health.

- Join this FREE 2 1/2 hour workshop held each week for six weeks.
- Learn from trained volunteer leaders who have health conditions themselves.
- Set your own goals and make a step-by-step plan to improve your health – and your life.

Adult Day Care Center of Las Vegas

901 N. Jones Blvd.

Las Vegas, NV 89108

Wednesdays: February 1 - March 7, 2012

10:00 a.m. - 12:30 p.m.

Call 702-616-4900 to register.



St. Rose Dominican Hospitals

A member of CHW

strosehospitals.org



Nevada Senior Services

Adult Day Care Centers
of Las Vegas
and Henderson

www.nevadaseniorservices.org

**Community
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NEVADA PARTNERS

NEVADA PARTNERS, INC.

lift someone up... today

The slide features a white background with a blue and black decorative wave at the bottom. The logo is a colorful, stylized figure with four arms in blue, green, yellow, and purple.

Nevada Partners Mission



NEVADA PARTNERS
lift someone up... today

Established in 1992, Nevada Partners mission is to build a healthy, sustainable community where all residents achieve their full potential through effective education, meaningful employment, safe and affordable housing, and vibrant civic and cultural engagement.

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About Nevada Partners

- Nevada Partners has successfully provided academic support services since 2004.
- Historically, these services have included various models of academic remediation, including summer intensive programs, year-round supplemental education assistance, and intermittent workshops in defined areas of need like proficiency exam boot camps.
- Also we provide adult and dislocated worker services, employment training and support services, housing counseling & down payment assistance, reentry services, pre-apprenticeship training, free tax preparation services, and financial literacy training.

Nevada Partners Clientele

- Our youth program serves youth ages 14-21 that face significant barriers such as homelessness, pregnant/parenting teens, adjudicated youth, dropouts, limited English proficient, and youth aging out of foster care – in addition to coming from low to moderate income households.
- The adult clients we serve include unemployed/underemployed adults, dislocated workers, veterans, ex-offenders, people with disabilities, and individuals with significant employment barriers from our community's most economically challenged zip codes.
- Moreover, 90% of our yearly client population can be characterized as at risk.
- Our housing program offers assistance to households at or below 80% of the area median income.

SUMMER EDUCATION PROGRAM

- Nevada Partners is requesting \$20,004 in CDBG funding to complement existing youth programming for 100 youth living in Las Vegas.
- We will provide tutoring, GED preparation, proficiency exam preparation, academic guidance and counseling as a summer bridge program where youth who have failed courses, proficiency exams, and/or GED exams will be provided intensive academic support.
- Assistance Includes: tutoring in math, writing, reading and science; test taking preparation; individualized academic planning; performance based incentives, and resource materials such as study guides.

NEVADA PARTNERS PROJECT BENEFITS

With this grant funding, Nevada Partners will be able to:

- Increase literacy skills in youth participants
- Increase numeracy skills in youth participants
- Increase overall academic performance
- Improve proficiency exam performance
- Increase the earning potential for youth participants





NEVADA PARTNERS

QUESTIONS?

For more information call (702) 924-2100,
Or visit us on our website www.nevadapartners.org

710 West Lake Mead Blvd.
North Las Vegas, NV 89030

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