



*Las Vegas*

Agenda Item No.: 21.

**AGENDA SUMMARY PAGE**  
**CITY COUNCIL MEETING OF: JUNE 4, 2008**

**DEPARTMENT: HUMAN RESOURCES**  
**DIRECTOR: CLAUDETTE ENUS**

**Consent**    **Discussion**

**SUBJECT:**

Approval to renew the contract with Wellness Coaches USA for the City of Las Vegas Wellness Program (\$330,000 - Self-Insurance Internal Service Fund)

**Fiscal Impact:**

**No Impact**    **Augmentation Required**  
 **Budget Funds Available**

**Amount:** \$330,000.00

**Funding Source:** Self-Insurance Internal Service Fund

**Dept./Division:** Human Resources/Insurance Services Division

**PURPOSE/BACKGROUND:**

Wellness Coaches USA was awarded a contract in 2006 to provide on-site one-on-one coaching and counseling to City employees to advance their health, wellness and quality of life. Through the efforts of City employees and Wellness Coaches USA, City medical insurance costs per employee, per month are lower to date in FY2008 than they were in FY2005. The national medical inflation rate for the same period has averaged increases of approximately 11%. This program is in direct response to the City of Las Vegas Strategic Plan.

**RECOMMENDATION:**

Approval to renew the contract with Wellness Coaches USA, utilizing the option of four wellness coaches.

**BACKUP DOCUMENTATION:**

1. Wellness Coaches USA - Contract renewal letter from Lockton, the City of Las Vegas benefits consultant, dated May 12, 2008
2. The Wellness Coaches USA letter to Lockton dated May 9, 2008

Motion made by GARY REESE to Approve Items 12-15 and 18-26

Passed For: 7; Against: 0; Abstain: 0; Did Not Vote: 0; Excused: 0

RICKI Y. BARLOW, LOIS TARKANIAN, LARRY BROWN, OSCAR B. GOODMAN,  
GARY REESE, STEVE WOLFSON, STEVEN D. ROSS; (Against-None); (Abstain-None);  
(Did Not Vote-None); (Excused-None)